高雄市立左營高中114學年度 彈性學習時間全學期授課 課程規劃表

開課科別: 中文名稱 課程名稱 英文名稱 English Conversation: "Know Thyself" □高三下 授課年段 □高二下□高三上 學分數 內容屬性 │ □充實(增廣) □補強 □微課程 師資來源│□校內單科 □校內跨科協同 □跨校協同 □外聘(大學) □外聘(其他) □不限班群 □A班群 □B班群 □C班群 □D班群 (可複選) 修課班群 **Learning Objectives** • To enhance students' confidence and fluency in spoken English through meaningful conversations. To explore essential life topics and philosophical questions as a path to self-knowledge ("know thyself"). To develop critical thinking, cultural awareness, and collaborative skills through discussion-based learning. To improve communication strategies for expressing personal ideas 學習目標 clearly, empathetically, and persuasively. To foster global citizenship by engaging with current global issues and proposing creative solutions. This course uses English conversation as a tool for exploring deep, personal, and global questions. Each week focuses on a specific theme related to life, learning, society, or identity. Through guided discussions, role plays, reflective writing, debates, and team activities, students will build both their language fluency and their ability to think clearly and speak authentically. The course culminates in a final presentation where students reflect on their learning and personal growth.

| 教學大綱 | 週次 | 單元/主題 | 內容綱要 |
|------|----|-------------------------|--|
| | | | Why do we learn? What motivates us? |
| | 1 | On Learning 1 | Explore mindsets, school systems, and |
| | | | self-directed learning. |
| | | | Why do we learn? What motivates us? |
| | 2 | On Learning 2 | Explore mindsets, school systems, and |
| | | | self-directed learning. |
| | 3 | On Living a Good Life 1 | What does a good life look like? Discuss |
| | | | values, happiness, success, and purpose. |
| | 4 | On Living a Good Life 2 | What does a good life look like? Discuss |
| | | | values, happiness, success, and purpose. |
| | 5 | On Communication 1 | How do we truly connect with others? |
| | | | Practice listening, body language, tone, and |

| | | | empathy. |
|----|-----|--------------------------|--|
| | 6 | On Communication 2 | How do we truly connect with others? Practice listening, body language, tone, and empathy. |
| | 7 | On Culture & Teamwork 1 | What makes a strong team? How do cultures shape how we work and collaborate? |
| | 8 | On Culture & Teamwork 2 | What makes a strong team? How do cultures shape how we work and collaborate? |
| | 9 | On Global Issues 1 | Explore major global challenges (climate, inequality, etc.) and propose creative solutions. |
| | 10 | On Global Issues 2 | Explore major global challenges (climate, inequality, etc.) and propose creative solutions. |
| | 11 | On Sports and Exercise | What can sports teach us about life? |
| | 12 | On Sports and Exercise 1 | What can sports teach us about life? |
| | 13 | On Technology 1 | How is technology changing the way we live and think? Talk about AI, social media, and ethics. |
| | 14 | On Technology 2 | How is technology changing the way we live and think? Talk about Al, social media, and ethics. |
| | 15 | On Asking Questions 1 | What makes a powerful question? Practice curiosity, inquiry, and Socratic dialogue. |
| | 16 | On Asking Questions 2 | What makes a powerful question? Practice curiosity, inquiry, and Socratic dialogue. |
| | 17 | Final Reflection Day 1 | Students present a short reflection or project: "What I've learned about myself and others." |
| | 18 | Final Reflection Day 2 | Students present a short reflection or project: "What I've learned about myself and others." |
| 備註 | 如有其 | .他注意事項,請老師於此備 | 計註說明。 |