

Overeaters Anonymous – Cleveland Central Intergroup (CCI)
CCI Business Meeting Minutes
via Zoom
Sunday, November 20, 2022

The meeting opened with the Serenity Prayer at 2:30 p.m.

I. Opening

- The OA Purpose Statement was read.
- The OA Pledge was read.
- The Step/Tradition/Concept for the month of November were read
- Introduction of all members. Each member in attendance introduced themselves. There were 30 persons in attendance, including six guests, with a quorum of 17 eligible voters.

II. Reading of the Standing Rules – The Standing Rules were read.

III. New Business

- i. **Presentation of Board Candidates** - As indicated with the materials which were provided to the representatives prior to the meeting, there were four candidates presented for open Board positions:

Pam P – Chair, second 2-year term

Gail K – Treasurer, second 2-year term

Yvonne C – Delegate, first 2-year term

Marilyn D – Delegate, one year of an unfulfilled term

It was noted that applications/resumes were provided as per CCI by-laws.

Each candidate had an opportunity to speak to the reps and respond to questions. Those who were not eligible to vote were excused from the virtual meeting and a confidential voting was held. All four candidates were elected.

- ii. **Intergroup Inventory Questions** – The Board has reviewed the intergroup survey and it will be e-blasted to the entire membership in December. This will be helpful to set goals for 2023.

IV. Old Business

- i. **Status of Business Cards and Distribution** – Pam has received the two versions of business cards. Karen reported that she recently had an appointment with her primary care physician and was able to provide her with several cards which the doctor can hand out to future patients in need. Karen noted it would have been helpful to also provide the brochure “To the Medical Community” as well. The Board will discuss how to distribute this material to the membership.

V. Committee Reports

- i. **Events Committee** – Karen reported that IDEA Day was amazing and approximately 55 people were in attendance. All events are currently updated at the website www.oacleveland.org. The Committee is working on the New Year’s Day Marathon which will be held from 9:00 a.m. to 3:00 p.m., with leads at the top of each hour. Bainbridge will host its annual Gratitude meeting on Thanksgiving Day morning at 9:00 a.m.
- ii. **Super Committee** – David reported that the Newcomers Meeting has been off to a good start. He noted that a recent meeting was “bombed” but the host was able to handle it quickly. The meeting is looking for additional members to offer service. The Committee also is planning to

host a game day for its winter social event, Sunday, March 26 from 2-5 at a venue yet to be determined.

- iii. **Ways and Means** – As the new co-chair of this committee, Marilyn has received most of the literature from Ann. Six literature orders were received from the IDEA Day sales. Ann reminded the reps to check with the CCI inventory before ordering from World Service.
- iv. **Media Committee** – The holiday Facebook ad will begin running tomorrow and a new ad will be available after the first of the new year. The Committee is working to link the new Instagram account with the Facebook account.

VI. Board Reports

- i. **Chair's Report – Pam P.** – Pam's written report was included in the packet. In the interest of time, she had nothing further to report.
- ii. **Vice Chair's Report** – Nothing further to report
- iii. **Secretary's Report – Jo A.** – The Minutes of September 18, 2022 were approved. Minutes of October 16, 2022 were approved as amended. Jo reported there are currently 286 addresses on the e-blast.
- iv. **Treasurer's Report – Gail K.**
The October Financials were provided with the packet:
 - Current checking account balance – \$26,822
 - Prudent reserve - \$4,250.00
 - October income - \$176.80
 - October expense - \$316.90
- v. **Rep/Delegate Report – Marilyn D.** – Marilyn reported that attending her first in-person Region 5 Assembly was a wonderful, stimulating experience. She will chair the Sponsorship Committee, which was responsible in her decision to serve the unfulfilled term for one year.
Rep/Delegate Report – Maryann M – Maryann agreed that the Region 5 Assembly was a great experience. She will chair the *ad hoc* Convention Committee as no intergroup has stepped in to host the event for 202

VII. Announcements/Closing

Prayers to the family of Laura S who recently passed away.
There being no further business, the meeting adjourned at 4:00 p.m.

The next CCI Meeting is Sunday, December 18, 2022 at 2:30 p.m.

Respectfully submitted
Jo Aslan

Approved as Amended 12/18/2022