## Value for your subscribers

Dear Sophie,

I hope this email finds you well.

I'd like to share an idea that could potentially benefit your email list subscribers and enhance your outreach.

We agree that success is often envisioned, but the journey remains unclear.

The same goes for fitness; everyone desires results but needs to be more focused on the effort it requires.

I aim to contribute to your mission by providing value to your audience.

Your email list subscribers will experience the benefits of fitness and discover its potential to positively impact their lives.

Consider this approach: as new members join the 24 Shred Challenge, they'll not only enjoy the advantages of fitness but also witness how it can lead to transformative changes.

To further improve your email campaigns, it might be worthwhile to consider cleaning your subscriber list and removing inactive contacts.

This step can enhance email deliverability and ensure your messages reach those genuinely interested.

To give you a clearer picture, I've included an example below of what a new subscriber might see, offering a glimpse of the valuable content and opportunities that await them.

I would appreciate your thoughts on this approach and how it aligns with your goals. 💪



Best regards,

Carlos

## NO Hard Work, No Progress

It's simple: if you want results, the sooner you start, the sooner you'll see a change.

We all look at others winning on social media, but have you ever stopped to think: What did these winners have to go through for those results?

Maybe not. Instead, you start imagining how your life would be if you were in that spot.

STOP imagining and start performing, only YOU can pave your own path.

At no cost, you can start taking care of your physical and mental health, why are you wasting time?

Now let's see if a 24-day challenge makes you quit? If it does, you are really not interested in bettering yourself.

Day one:

■ BOOTY PUMP & TONED LEGS WORKOUT | 24 days SHRED CHALLENGE

Um, yes.. Booty pump is part of of the hard work you have to put in 🦾

STOP thinking about it and act now!