

5th Grade School Counseling Curriculum



The following learning targets represent the major concepts addressed in the Guidance Curriculum. Updated 2022 - 2023

Semester 1:

Unit 1: Understanding Self as an Individual and as a Member of Diverse Local and Global Communities

- Demonstrate the personal characteristics to maintain a positive self-concept.
- Develop strategies to balance family, school, and community roles.
- Demonstrate personal characteristics of contributing members of the school community.

Unit 2: Applying personal safety skills and coping strategies

- Evaluate peer influence on problem-solving and decision making skills.
- Apply personal safety strategies as they relate to violence and harassment.
- Evaluate various coping skills for managing life changes or events.

Unit 3: Applying the skills of transitioning between educational levels

- Develop an understanding of educational tasks and skills necessary to make a smooth transition to the middle school structure.

Unit 4: Interacting with others in ways that respect individual and group differences

- Exhibit mutual respect and compromise in relationships.
- Demonstrate respect for individuals within diverse groups.
- Review and implement strategies to resolve problems and conflicts successfully.

Semester 2:

Unit 5: Developing and monitoring individual career academic plan (ICAP) Goal, setting, education plan

- Recognize the importance of an educational plan.

Unit 6: Applying career exploration and planning skills in the achievement of life career goals

- Compare interests and strengths with those of workers in the global community.
- Describe occupational changes that have occurred over the time within the six (6) career paths.
- Describe the contributions of a variety of jobs in the community.

Unit 7: Knowing where and how to obtain information about the world of work and post-secondary training/education

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- Compare and contrast the roles and responsibilities of workers within the six (6) career paths.
- Compare and contrast the training of educational requirements for a variety of careers.

Unit 8: Applying skills for career readiness and success

- Apply personal, ethical, and work habit skills needed for success in any school or work environment.
- Identify the skills needed to develop a portfolio.

Unit 9: Applying personal safety skills and coping strategies

- Evaluate peer influence on problem-solving and decision making skills.
- Apply personal safety strategies as they relate to violence and harassment.
- Evaluate various coping skills for managing life changes or events.