

**MISSION VALLEY ATHLETIC LEAGUE  
ADVISORY BOARD  
MINUTES**

Regular Scheduled Advisory Board Meeting -Friday, September 9, 2022\_  
**Mission San Jose H.S. Staff Room 8:00 am**

**The meeting was called to order at 8:09 am**

|                   |                                           |                                         |
|-------------------|-------------------------------------------|-----------------------------------------|
| <b>ROLL CALL:</b> | Mr. Thomas Oviatt, American               | X                                       |
|                   | Mrs. Michelle Stone, Irvington            | X                                       |
|                   | Mr. Eli Bagaoisan, James Logan            | X                                       |
|                   | Mr. Paul McDermott, Kennedy               | X                                       |
|                   | Mr. Kevin Lydon, Kennedy                  | X                                       |
|                   | Mrs. Stephanie Randazzo, Mission San Jose | <b><u>PETE VAZ for Mrs Randazzo</u></b> |
|                   | Mrs. Rachel Kahoalii, Newark Memorial     | X                                       |
|                   | Mrs. Erica Escalante, Moreau              | X                                       |
|                   | Mrs. Regina Quezada, Washington           | *DNA                                    |
|                   | Mr. Thomas Thomsen, Commissioner          | X                                       |

**\*DNA = Did Not Attend**

**ABSENT** Regina Quezada - Washington H.S.

**APPROVE MINUTES:** Approve minutes of the regular scheduled Board of Managers Meeting on August 9, 2022

**Motion - Mr. Paul McDermott, JFKHS**  
**Second - Mrs. Rachel Kahoalii - Newark Memorial**  
**Vote 7-0**  
**Motion Passes**

**PUBLIC COMMENT:** Pursuant to Education code 33353.2 (c) any person wishing to speak on the agenda, or comment on the policies and practices of the MVAL, will be heard at this time. The time for such comments is no more than three (3) minutes per person on an item and no more than fifteen (15) minutes total on a designated by the chair.

**There were no public comment.**

**CORRESPONDENCE:** I. SAC meeting info from 8/29/21

Mr. Thomsen gave his report on the NCS SAC meeting held on August 29, 2022. It was noted by a few ads that schools are still having a difficult time using the CIF/NCS Home website. Mr. Thomsen noted that no MVAL school was affected by the Spring competitive divisions that passed by a unanimous vote . Mr. Thomsen reported on the other items that passed or failed at the SAC meeting. Mr. Thomsen stated he sent ADs the minutes from this meeting after they were sent to him in early September.

**\*\*ACTION ITEM**                      **XV**      **MVFOA Rate Increase Proposal**                      **P. Campana**

**Paul Campana from the MVFOA attended the meeting to ask for an increase in rates during the rest of the 2022 season for football officials. He noted that the MVAL pays less per game than other leagues and that this could mean fewer officials wanting to do MVAL games.**

**Motion by Mr. Paul McDermott - JFKHS to accept the proposal from the MVFOA  
Second by Mr. Eli Bagaoisan -James Logan H.S.**

**Vote - 7-0**

**Proposal passes**

**Mr Thomsen will get the updated contract from Mr. Campana. Mr. Thomsen will send it to the Advisory Board and the Board of Managers once it is finalized and signed.**

**ANNOUNCEMENTS:**                      I                      Reminder of the MVAL yearly invoice fees for 2022-/2023. First instalment due (\$2,500).

**Mr. Thomsen reminded ADs to please submit the first installment of their MVAL dues before the date listed on the invoice.**

II                      MAC Polo Invoice

**Mr. Thomsen reminded ADs to please submit their Mac Polo fees.**

III                      Spring 2022 Invoices

**Mr. Thomsen reminded ADs to please submit their Spring fees from 2022.**

IV                      Mission Hills Golf Fees

**Mr. Thomsen handed out the golf fees for Mission Hills.**

V                      Winter Pre-Season Meeting  
October 24 @ Mission San Jose H.S.  
B-Wing cafeteria.

**Mr. Thomsen reminded ADs to please forward the October 24, 2022, Winter pre-season meeting to their coaches. This is a mandatory meeting for all head coaches.**

VI                      Fall Sports Important Dates

**Mr. Thomsen handed out the Fall Season important dates document. All post-season meetings & all league meetings were listed in the document. Mr. Thomsen asked ADs to please forward this document to their Fall coaches**

VII NCS Sportsmanship Toolkit

**Mr. Thomsen reminded ADs that the NCS office would like ADs and coaches to continue to use the NCS sportsmanship packet that was sent out at the beginning of the year. The material should be used at parent meetings team meetings and coaches meetings.**

VIII Coaches Info Spreadsheet

**Mr. Thomsen would like to thank ADs for completing the MVAL coaches directory he sent out. The spreadsheet is for ADs to use. Any changes in coaching staff can be updated on the spreadsheet in real-time.**

IX NCS Wrestling Duals - MVAL Host

**Mr. Thomsen reminded ADs that the MVAL is responsible for hosting the 2023 NCS Dual Wrestling Tournament on Saturday, February 4, 2023. The event needs a gym big enough to fit 5 mats. Mr. Thomsen is waiting to hear from Washington H.S. If Washington is not able to host the tournament then Newark will host but another school will have to absorb the MVAL wrestling championships the following week. Mr. Thomsen would like to let NCS know where the tournament will be held by Friday, September 16, 2022.**

**OLD BUSINESS:**

I. MVAL and Staff Pass Guidelines

**Mr. Thomsen reminded ADs that since the league voted not to have MVAL staff passes any longer, school employees should use their staff ID badges to attend games that their school is participating in. It was agreed that staff ID badges are good for the staff member and two other guests. Rachel Kahoalii noted that Newark Memorial may have problems with this procedure as a large number of coaches do not have school-issued IDs. The advisory board will revisit this procedure in the Spring.**

**NEW BUSINESS:  
& Action Items**

**ACTION ITEM**

I. Proposed Budget  
for 2022-2023

**Mr. Thomsen passed out and reviewed the revised budget for 2022-2023. Some adjustments had to be made to the budget that previous commissioner Tom Breen proposed at the May 2022 meeting. These items included the following:**

- Commissioner Salary
- Subs - SAC, Alignment, Eligibility, BOM
- Cell Phone/Internet
- Office supplies - ink, paper, etc.
- Tech Support
- Clerical

**Motion by Mr. Eli Bagaoisan - James Logan H.S.  
Seconded by Mr. Paull McDermott - JFKHS  
Vote - 7-0  
Motion to accept the 2022-2023 budget passes**

**INFO ONLY                      II.            NCS Eligibility Report**

**Mr. Eli Bagaoisan gave his NCS eligibility report. The minutes from the meeting were emailed to AD's.**

**INFO ONLY                      III           Alignment Committee Minutes  
IV           Executive Committee Report**

**Mr. McDermott gave his report from the Alignment Committee and the Executive Committee meetings he attended. Mr. McDermott noted that someone from your school should attend (via Zoom) at least one of the NCS alignment meetings or your school will not have a vote.**

**INFO ONLY                      V            Use of ineligible XC Runner**

**Stephanie Randazzo from Mission San Jose was not present at the meeting to give this report. Mr. Thomsen conveyed to the board the letter MSJHS sent to NCS stating they used an ineligible runner in a meet. The runner did not score any points and did not have an effect on the outcome of the meet. MSJHS outlined in the letter the steps they are taking to ensure this does not happen again. The board accepted the proposed recommendations by MSJHS.**

**Motion - Mr. Paul McDermott  
Second - Mrs. Michelle Stone  
Vote 7-0  
Proposed recommendations by MSJHS accepted**

**INFO ONLY                      VI           XC Schedule update**

**Mr. Thomsen noted that the new XC schedule is posted on the MVAL Website.**

**INFO ONLY                      VII          MVAL Gate List**

**Mr. Thomsen reminded ADs to please use the MVAL gate list for games. Mr. Bagaosian asked for two more guest lines to be added.**

**INFO ONLY                      VIII       Sportsmanship Documents- NCS**

**Mr. Thomsen reminded ADs to send the NCS sportsmanship form signed by the principal to him. ADs should keep each sport form the team signs on file at their school.**

**INFO ONLY                      IX.       Girls Golf Schedule Update**

**Mr. Thomsen gave an update on the girl's golf season. He reported on the courses they will be using for the 2022 season. Any changes in games need to be run through the golf course before those changes are finalized.**

**INFO ONLY**                      X.        Water Polo - JV Programs

**Mr. Thomsen asked what schools do not have JV water polo. The following were reported**

**Newark - No boy's JV**  
**Newark - No girl's JV**  
**Irvington - No girls JV**  
**American - No girls JV**

**INFO ONLY**                      XI        COVID Protocols & Updates

**Mr. Thomsen asked if any districts have COVID restrictions we should know about. None were reported. Districts recommend but do not mandate masks being worn while indoors at their sites.**

**ACTION ITEM**                      XII        Constitution guidelines/updates for all league

**Mr. Thomsen moved this item to the Board of Managers meeting on Oct 14, 2022**

**\*INFO ONLY**                      XIII        AQI Guidelines for Fall season  
District Guidelines  
**\*NCS Guidelines**

**Mr. Thomsen shared the link for air quality with the group and reminded them that the NCS AQI guidelines should be used by districts for any competitions to stay consistent with playoff guidelines.**

**INFO ONLY**                      XIV        Protocols for heat index guidelines  
during the Fall Season.

**Mr. Thomsen opened the floor for discussion on the current issues surrounding canceled games last week due to excessive heat. Many ADs spoke to make sure coaches understood the chain of command when making decisions to cancel events due to weather, air quality, etc. It is the responsibility of the various districts and principals to disseminate information to the AD's. Decisions are made in the best interest and health of the student-athletes.**

**INFO ONLY**                      XVI        MVAL Updated Contact Info  
DOD 2022-2023`  
MVAL Officials - 2022-2023  
MVAL Admissions

**Mr. Thomsen handed out copies of these documents to the AD's. Asked that they check for mistakes/accuracy and let him know if there are any changes needed.**

**ACTION ITEM**                      XVII        2022 Spring Sports  
Recommendations.

**Mr. McDermott asked if we had any Spring Sport Recommendations we needed to talk about. None were noted.**

**INFO ONLY**

A reminder that the limit for Senior the night we agreed upon at the May 6 BOM meeting was that Senior nights will not last longer than 15 minutes. It was suggested that the festivities should start after the scheduled game.

**Mr. Thomsen reminded the ADs of the agreement to limit Senior nights from the BOM meeting in May 2022. Mr. Thomsen asked ADs to remind coaches of this agreement.**

**INFO ONLY**

Brian Hashimoto has been working tirelessly on creating a new MVAL website. I will send out the link in the next day or so. Please help us finalize it by going through each section and looking for corrections/errors. Eight sets of eyes will hopefully catch any mistakes.

**Mr. Thomsen commended Mr. Hashimoto for his work on the new MVAL website. Mr. Thomsen informed the board that Mr. Hashimoto has also been working to convert documents and is helping to update the plethora of forms he received from Mr. Breen. This is helping the current commissioner tremendously as he transitions into his new job. Mr. Thomsen noted that he would like to compensate Mr. Hashimoto for his help, and knowledge as well as the enormous amount of time he has spent on these projects.**

\*An air quality index of less than 151 must be registered for all high school outdoor athletic events hosted by NCS member schools during preseason, league, and section championship events. NCS member schools may not host outdoor contests when the AQI is equal to or greater than 151.  
NOTE: Host school determines AQI using an app or website info. (NCS Board of Managers 4/3/18)

Air Now website <https://www.airnow.gov/>

**The meeting adjourned at 9:45 am**

**Respectfully Submitted by  
Thomas Thomsen,  
MVAL Commissioner  
9/13/22**