

10 Things to know about your RT Internship

Here you are...in the middle of a pandemic, full to the brim of resilience, navigating your education. We all know that looming in the future is your 560-hour NCTRC Internship. Regardless of where you are on your educational journey, this session is certain to provide you with tips, tricks, and insights on securing and successfully completing your internship setting you up for your professional career. Students - please join us in the conversation about internships, the critical transition from student to professional!

Learning Outcomes

Upon Completion of this session, participants will:

- Identify the NCTRC requirements for the internship experience.
- Be able to state the importance of the internship experience.
- Discuss one barrier they might experience in the current COVID climate.
- List three things that they can apply in the search and selection of their internship.

Biography

Jamie R. Bennett, MS., MTRS, CTRS is an Instructor (Lecturer) and Clinical Education Coordinator for the Recreational Therapy program in the Department of Occupational and Recreational Therapies at the University of Utah. The foundation of her clinical experience is rooted in mental health, but she has experience in working with individuals in substance abuse, adaptive recreation, hospice care, long-term care facilities, schools, and various community-based settings. Her research and passion for the profession encompass the ideas of the utilization of Recreational Therapy for wellness and preventative health – with a focus on mental and emotional wellness. Jamie is a Past President of URTA and is currently serving on the NCTRC Board of Directors. Jamie enjoys spending time outside, gardening, woodworking, pottery, spending time connecting with family and friends, and playing with her dog, Hiccup.