

How Christianity Changed Human Nature

Supplementary Volume 2: Theology's "Sight of Sin" as an Advanced Form of Today's "Discovering One's Unconscious"

by

Kari Konkola

The books in this series provide additional details and supporting evidence to the thesis set forth in volumes 1 and 2 of *How Christianity Changed Human Nature*

**Supplementary Volume 1: The Most Dangerous Sins and their
Destructive Effects in Today's America**

**Supplementary Volume 2: Theology's "Sight of Sin" as an Advanced
Form of Today's "Discovering One's Unconscious"**

**Supplementary Volume 3: An Insider's View of the Touch of Grace
and the Birth of the New Man**

Copyright, Kari Konkola 2026

Table of Contents

INTRODUCTION: THE PURPOSE OF THIS BOOK SERIES	4
<i>Background summary of the old Christian psychology</i>	5
<i>Conversion's central role in old Christian psychology</i>	13
CH. I, FORCING PEOPLE TO NOTICE THEIR UNCONSCIOUS SINS BY PREACHING THE LAW	17
<i>The importance of the law vs. the gospel division</i>	20
<i>Breaching sins' psychological defenses</i>	22
<i>How to "Preach Law"</i>	24
CH. II, EFFECTS OF SEARCHING PREACHING	31
<i>Seeing One's Sins</i>	31
<i>Hatred of Preaching</i>	33
<i>Fear and depression</i>	41
<i>Effect of searching preaching on individuals</i>	44
<i>Effect of searching preaching on society: Division and hatred</i>	47
CH. III, THE MYSTERY OF MISSING SERMONS	51
<i>Why the Gap in Evidence?</i>	58
CH. IV, ENTERING THE CONVERSION PROCESS	65
<i>True Christian piety is impossible without self-analysis</i>	69
CH. V, HOW TO DO INTROSPECTIVE SELF-ANALYSIS	71
<i>When to introspect</i>	71
<i>Investigate by Religious Law</i>	73
<i>Meditation</i>	74
<i>Self-application</i>	79
<i>Be Detailed</i>	82
<i>Be Brutal</i>	83
<i>What to look for when introspecting</i>	86
<i>The monastization of Western Civilization</i>	88

CH. VI, OBSERVING INSTINCTIVE EMOTIONAL REACTIONS	89
CH. VII, OBSERVING THOUGHTS	94
<i>The Subject of Thoughts</i>	94
<i>Discovering Bosom Sin</i>	96
<i>Biased Perception</i>	98
<i>Ready-made Ideas</i>	100
<i>Thoughts of a mind Touched by Grace</i>	102
CH. VIII, OBSERVING FANTASIES	105
<i>The sinfulness of thoughts</i>	112
<i>Christian vs. Freudian psychoanalysis</i>	116
<i>An application</i>	117
CH. IX, THE EFFECT OF TRUE SELF-KNOWLEDGE	120
CH. X, HOW WIDELY DID THE PSYCHOLOGICAL CHRISTIANITY SPREAD	125
<i>How common was meditation?</i>	125
<i>Role models</i>	127
<i>Early modern mass media</i>	129
<i>Pious bookworms</i>	131
CH. XI, WHY DID THE STRICT, ASCETIC VARIANT OF CHRISTIANITY SPREAD?	134
<i>Importance of well-educated, conscientious clergy</i>	135
<i>Private conferences and role models</i>	138
<i>Importance of relying on love, not on fear</i>	141
POSTSCRIPT: EVOLUTIONARY PSYCHOLOGISTS REDISCOVERING THE WHEEL	147
APPENDIX 1: JOHN WINTHROP'S CHRISTIANITY	150
APPENDIX 2: THE MEANING OF "EMOTIONAL"	158
<i>There seem to be three main types of emotionality:</i>	163