

## **Favorite Resources for 2E Families and Educators**

*The list below are suggested books, podcasts, articles, and websites that members of the SNAC 2E workgroup recommended as helpful to them in understanding and supporting twice-exceptional students. For suggested additions, please contact the workgroup lead at [snac2eworkgroup@gmail.com](mailto:snac2eworkgroup@gmail.com).*

### **Books**

- Neurotribes: The Legacy of Autism and the Future of Neurodiversity, by Steve Silberman
- Differently Wired: Raising an Exceptional Child in a Conventional World, by Deborah Reder
  - Comment from workgroup member: *"This mom has done an incredible service to the twice-exceptional community by sharing her family's journey to navigate her son's education. She also hosts the wonderful Tilt podcast that is a great resource."*
- Self-Reg: How to Help Your Child (and You) Break the Stress Cycle and Successfully Engage with Life, by Stuart Shanker
- PDA in the Therapy Room: A Clinician's Guide to Working with Children with Pathological Demand Avoidance, by Raelene Dundon
  - Comment from a workgroup member: *"This might be helpful for other parents if traditional autism accommodations and supports don't seem to help their child. The Venn diagram overlap between autism/ ADHD/ giftedness for PDA kids is high."*

### **Open Access Articles**

- "Strategies for Supporting Students Who Are Twice-Exceptional" in The Journal of Special Education Apprenticeship, 7 (2): <https://files.eric.ed.gov/fulltext/EJ1185416.pdf>
- "Parenting for strengths: Embracing the challenges of raising children identified as twice exceptional", in the journal Gifted Education International 37 (2): <https://doi.org/10.1177/026142942093443>
- "The Paradox of Twice-Exceptionality Packet of Information for Professionals – 2nd Edition (PIP-2)" - <https://belinblank.education.uiowa.edu/research/docs/pip2.pdf>
  - Comment from workgroup member: *"This is a long document but has some case studies and practical recommendations that may be helpful for both parents/guardians and educators."*

### **Podcasts and More**

- Tilt Parenting — a podcast about learning disabilities, parenting differently wired children, and more: <https://tiltparenting.com/podcast-about-children-with-learning-disabilities/>
  - Comment from a workgroup member: *"While trying to understand how to support our son's needs, I binge-listened to this podcast. The interviews and personal stories gave me so many good ideas and so much hope."*

- Bright & Quirky - a website that has an archive of presentations given by experts in many topics relevant to 2e students. There is free content available in the blogs or live summits, but a warning that past "summits" require payment for access:  
<https://brightandquirky.com/>
- Understood - for learning and thinking differences: <https://www.understood.org/>
  - Comment from a workgroup member: *"I'm hoping people are aware of this resource as it continues to be so helpful to me in explaining terms in bite-size pieces, and offering clarity where differences in medical/education/legal jargon create confusion (e.g., "Dyslexia" vs. "Specific Learning Disorder in Reading" vs. "Learning Disability"). It also includes unofficial "slang" terms (e.g., "stealth dyslexia") that have given me a framework for understanding my kids and helped me communicate about them when speaking across disciplines."*
- Learn with Dr. Emily: <https://www.learnwithdremily.com/>
  - Comment from a workgroup member: *"[She is a] local child psychologist, and mother to two 2e kids. She has a really thoughtful, child centered approach. She is a voice of growth in a supportive and positive direction for our ND children (and adults)."*
  - Highlighted podcast #17: The Power of Community for Parents of Differently Wired Children, with Debbie Reber  
[https://pod.link/1639929216?utm\\_source=newsletter&utm\\_medium=email&utm\\_campaign=the\\_power\\_of\\_community\\_for\\_parents&utm\\_term=2023-04-09](https://pod.link/1639929216?utm_source=newsletter&utm_medium=email&utm_campaign=the_power_of_community_for_parents&utm_term=2023-04-09)