



Chapter Ten

Use Your Brain N' Make A Game

Number of people: By yourself, or with family members.

You need: You tell me!

Goal: A big part of Physical Education is being able to use your brain; this activity is about using your awesome ideas to create a game.

Age: 5+

What to do: Make up a game that I can do in my kitchen with little to no equipment. Make sure you explain:

- Number of people needed to play the game.
- Any equipment I'll need.
- The goal of the activity.
- What age the game is appropriate for.
- What modifications I can make to the game to change it up.
- What can I do after the game is over to continue learning and exploring?

Use any skills that you have learned this year like: jumping, throwing, catching, hopping, running, dancing, rolling, tagging, balancing, moving, laughing, hitting objects (pickleball, badminton), to make the game. It can be really simple, or more complicated with rules. Be safe and have fun!

What next?

- A moment to reflect!
- Write/draw/make a video of how the game works and send it to me so I can play! My goal is to make videos of student games and share them with the rest of GJ (with your permission)! Send to lforand@sd61learn.ca . YOU'RE AWESOME =)