Why a Plant-Based, Vegan Diet is Good
for You, the Planet, and Animals
Compiled by Roger Copple

Will Tuttle Speaking at Sunflower Cafe in Nashville--1 hr 27 min, 31 sec--March 24, 2023

Will Tuttle Speaking at Farm of Free Animal Sanctuary--55 min, 8 sec--March 20, 2023

Dr Will Tuttle's Speaking Itinerary for 2022-2023

Health Science . org: Interview of Dr Will Tuttle, author of the World Peace Diet--Podcast is 45 min, 14 sec--March 9, 2023

Vimeo . com: Why Live the Hippocrates Wellness Organic, Raw and Living Food Plant-Based Lifestyle--by Dr Will Tuttle--25 min, 31 sec–February 7, 2023 You can choose closed-captioning (cc) and also change the speed of this video, if you prefer.

Earthlings Documentary [about Veganism]--1 hr, 35 min, 46 sec--Year 2019

World Peace Diet .com : "Food as Medicine," a lecture and interview of Dr Will Tuttle--streamed live on January 1, 2021--1 hr, 55 min

Will Tuttle's Talk on Spiritual Immunity--Video and Summary--33 min--July 31, 2020

Ethical Reasons: Gary Yourofsky's Best Speech Ever (Spoken at Georgia Tech in summer of 2010)

Ecological Reasons: Down to Earth . org: Top 10 Reasons Why It's Green to Go Veggie This article mentions Global Warming, but I am now discovering convincing articles that do not support man-made, climate change.

Health Reasons: Nutrition Facts . org: Introductory Videos by Vegan Dr Michael Gregory, MD

Ethical, ecological, and health reasons for being a vegan.

Vegan Society . com: The Honey Industry's Exploitation of Bees

Can Vegans Eat . com: Insects and Lab-grown Meats Personally I am not interested in eating insects or lab-grown meats.

OpEdNews . com: Veganism: Why Doctors Don't Recommend It--by Roger Copple--March 12, 2017

OpEdNews . com: A Summary of the Documentary Film "What the Health"--by Roger Copple--April 5, 2017

Jain Vegans . org: If Gandhi were alive today, would he drink milk?--December 21, 2012

Karuna Society . org: (for Animals and Nature): The Plastic Cow Project