



Course #1: The Sweet Spot Leader: Becoming the Leader the World Needs.

Course director: Sreenivas Koka

Course faculty: Sreenivas Koka

Course coaches: Deborah Galuk and Suken Jain

Course objectives:

This course opens up the Sweet Spot Leader program to new participants and sets the stage for many of the teachings that will follow. In doing so, participants will be exposed to key concepts such as:

- What is a Sweet Spot Leader and why is it important?
- The importance of gaining wisdom and understanding that leadership is about feelings
- How to prioritize your time and energy to accomplish what really matters
- How to frame your decision-making using so you can see the big picture and the details at the same time
- Creating a team that is eager to follow you everyday – everyday leadership
- Coping with the weight and responsibility of leadership
- How to find true fulfillment in life
- How to live a life of few regrets

At the end of this course, you will be one step closer to becoming a more confident, more competent and more connected leader.

Expected time commitment: Total 6.0-6.5 hours

- 90 minutes to watch recorded presentations
- 180 minutes to review course sections and complete interactive assignments
- 90-120 minutes to attend two 45-minute interactive group webinars