Wheaton Warrenville South High School

Counseling Center Newsletter



October, 2022

Website Home Updates Upcoming Events Community Resources Connect

Spotlight on: School Psychologists

Our Counseling Center is home to 3 School Psychologists, 3 Social Workers, 7 Counselors, 2 Secretaries and 1 Registrar. While we work together as a team to help our students, each role brings something unique to our school. Our School Psychologists are **Mr. John Smetana, Mrs. Becky Gasaway and Mrs. Juli Gutsch.**



All children and youth can face problems from time to time related to learning; social relationships; making difficult decisions; or managing emotions such as feeling depressed, anxious, worried, or isolated



School psychologists help students, families, educators, and members of the community understand and resolve both long-term, chronic problems and short-term issues that students may face. They are a highly skilled and ready resource in the effort to ensure that all children and youth thrive in school, at home, and in life.



School psychologists provide direct support and interventions to students; consult with teachers, families, and other school-employed mental health professionals (i.e., school counselors, school social workers) to improve support strategies; work with school administrators to improve school-wide practices and policies; and collaborate with community providers to coordinate needed services.

AP Students

AP Exam Registration

Registration for AP Exams is October 10 through October 28 at 2:30 p.m. Please find additional information here: AP Exam Registration and Payment Information



Seniors- Class of 2023

FAFSA Information

<u>Graduation Requirement</u>: All seniors must complete the Free Application for Federal Student Aid (FAFSA). The FAFSA opens **OCTOBER 1st, 2022. Please complete the 2023-2024 Application.**



Learn more about the documents you need to fill out the FAFSA

Students can opt out of this requirement by completing the linked waiver and emailing (Kelly.Ehrhardt@cusd200.org) or dropping off in-person to the Counseling Center Department Chair, Kelly Ehrhardt.

Links to non-participation forms

FAFSA Completion Workshop

Need help filling out the FAFSA or have specific FAFSA questions?: We will be hosting FAFSA Completion Night <u>October 19th</u> - 5-7pm in the school library

College of DuPage Enrollment Workshops

Seniors who plan on attending College of DuPage next year can work through the enrollment process throughout the semester to stay on track. Come to the Counseling Center at the beginning of lunch periods for these sessions:

October 5: COD Application (bring social security number and GPA)

October 12: Creating Student FAFSA ID (students must know their social security number)

November 16: Inside COD Portal and COD Email

December 14: Sending SAT Scores



Seniors and Juniors

College Fairs

College Fairs are a great way for students and guardians to learn about college options and to build relationships with college representatives.

Chicago National College Fair: October 1, 2022

Illinois Regional College Fair at COD: October 11, 2022

New**The College Scholarship Fair hosted by 100 Black Men of Chicago, Inc. is the largest College Scholarship Fair targeting African American and Latino students in the Midwest. The event is taking place **Saturday**, **October 15**, **2022** at the UIC Forum from 9am-2pm.



New** The Options Fair will be held at Downers Grove South, **Monday, October 17th from 6-8pm.** The fair targets any student receiving 504 accommodations and/or IEP services.

There will be a lot of great resources (60 vendors: colleges, college experience, certificate, and adult agencies) and speakers.

New** <u>Choices Fair</u> will be held at Evanston High School on **Tuesday, October 18.** Choices is a post secondary planning night for students with learning differences who are college bound. 6-8:30 pm

Freshmen, Juniors and Seniors

SOS Program Information:

SOS (Signs of Suicide) is a universal program that teaches all students what to do if they are concerned about themselves or a friend. This presentation involves a Counseling Center lead informational presentation including age-appropriate videos teaching our students to "ACT" *Acknowledge Care Tell* when someone we know needs support.

Sept 29: TCD students Oct 13, 14: Freshmen

Sep 12-16: Sophomore suicide training in Health class

Jan 12, 13: Juniors Mar 16,17: Seniors

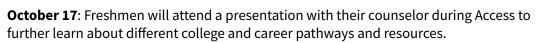
Students will split by alpha and will sit through the SOS presentation during periods 1, 2, or 3. Following the presentation, Counseling Center staff will meet with any students identified as at-risk.



Freshmen

Career Pathways Exploration

Freshmen students will start career exploration using Naviance through their World Civ/AP Human Geo classes the week of October 3-7. Students will be able to identify career clusters they are a good fit with and be able to explore these clusters in detail.



October 19: Freshman conferences will begin. Students are encouraged to sign up in the Counseling Center for a Freshman Conference with their counselor starting October 19. Conferences will conclude in December. Freshman Conferences are a time to create 4-year plans that support the student's college and career pathway interests.



Prospective TCD Students:

Explore Day Field Trip Form

Attention all Sophomores and Juniors, come on out to Explore Day on November 3rd. Spend half a day at Technology Center of DuPage and discover your passion in Career and Technical Trades. Experience the benefits of a career in Auto Technology, Construction, Cosmetology, Nursing or 14 other programs to choose from. See your school counselor to sign up today!

Deadline for Registration is Friday, October 14th.



College Representative Visits at South

Students can sign up to meet with college representatives through their Naviance account. **Registration is required to secure an appointment and pass.**

| 10/3/22 - 8:15 AM - Hofstra University | 10/3/22 - 9:05 AM - U of Wisc - La Crosse | 10/4/22 - 8:15 AM - Indiana University-Indianapo lis | 10/4/22 - 9:05 AM - Indiana University-Bloomingt on |
|---|---|---|--|
| 10/4/22 - 12:40 PM - Northwestern University | 10/5/22 - 8:50 AM - Samford University | 10/5/22 - 9:35 AM - Dominican University | 10/5/22 - 12:50 PM - Providence College |
| 10/6/22 - 8:15 AM - University of Iowa | 10/6/22 - 9:05 AM - Saint John's University | 10/6/22 - 12:40 PM - Knox College | 10/7/22 - 8:15 AM - University of Utah |
| 10/7/22 - 9:05 AM - University of Pittsburgh | 10/7/22 - 12:40 PM - Marquette University | 10/11/22 - 8:15 AM - Purdue University Northwest | 10/11/22 - 9:35 AM - University of Minnesota |
| 10/11/22 - 12:40 PM - Suffolk University | 10/12/22- 8:50 AM - Oklahoma State University | 10/12/22 - 9:35 AM - Nova Southeastern | 10/12/22 - 12:50 PM - Vanderbilt University |
| 10/13/22 - 8:15 AM - St. Olaf College | 10/13/22 - 9:05 AM - Syracuse University | 10/13/22 - 12:40 PM - University of Chicago | 10/14/22 - 8:15 AM - U of Wisconsin -Whitewater |
| 10/14/22 - 9:05 AM - University of Maryland | 10/14/22 - 12:40 PM - Trinity Christian College | 10/17/22 - 8:15 AM - Spring Arbor University | 10/17/22 - 9:05 AM - Baylor University |
| 10/17/22 - 12:40 PM - Roosevelt University | 10/18/22 - 8:15 AM - Millikin University | 10/18/22 - 9:05 AM - Biola University | 10/18/22 - 12:40 PM - Oberlin College |
| 10/19/22 - 8:50 AM - U of Wisconsin-Oshkosh | 10/19/22 - 9:35 AM - California Baptist | 10/19/22 - 12:50 PM - University of Cincinnati | 10/20/22 - 8:15 AM - DePauw University |
| 10/20/22 - 9:05 AM - Arizona State University | 10/20/22 - 12:40 PM - Elmhurst University | 10/21/22 - 9:05 AM - North Carolina State U | 10/21/22 - 12:40 PM - Western Michigan |

| 10/24/22 - 8:15 AM - Providence College | 10/24/22 - 9:05 AM - Bradley University | 10/24/22 - 12:40 PM - Bucknell University | 10/25/22 - 9:05 AM - Saint Norbert College |
|---|--|--|--|
| 10/25/22 - 12:40 PM - | 10/26/22 - 8:50 AM - | 10/26/22 - 9:35 AM - | 10/26/22 - 12:50 PM - |
| Concordia University | Monmouth College | Ohio State | Northern Michigan |
| 10/27/22 - 8:15 AM - | 10/27/22 - 9:05 AM - | 10/27/22 - 12:40 PM - | 10/31/22 - 8:15 AM - |
| Ball State | Illinois Wesleyan | Loyola University | Western Illinois |
| 10/31/22 - 12:40 PM - National Louis University | | | |

All Students

Resource Help

Resource help is now available to all students needing academic support. Students are encouraged to go to the following locations during their Access time to get help:

| Department: | Period 4 | Period 5 | Period 6 |
|-------------------|-----------|-----------|-----------|
| ENGLISH | G177 | G176 | G281 |
| MATH | l253 | l254 | S147 |
| PE/ HEALTH/ Dr.Ed | Team Room | Team Room | Team Room |
| SCIENCE | S232 | S232 | S232 |
| SOCIAL STUDIES | S140 | S140 | S140 |
| WORLD LANG | H113 | H115 | H117 |

Upcoming Events



October 1: FAFSA Opens - First day to apply for financial aid

October 1: Chicago National College Fair

October 10: AP Exam Registration opens

October 11: College Fair at COD

October 12: PSAT/NMSQT (For Juniors who registered for this test)

October 13-14: SOS presentations for Freshmen

October 14: Deadline to register for the TCD Explore Day Field Trip

October 15: 100 Black Men of Chicago, Inc.'s College Scholarship Fair

October 17: Options College Fair

October 17: Freshmen Presentations through Access

October 19: FAFSA Completion Night (In-person at South's library, 5-7pm)

October 19: Start of Freshmen Conferences

October 28: AP Exam Registration closes at 2:30pm

November 1: Common Early Action Deadline for Colleges

November 3: TCD Explore Day Field Trip for registered students ONLY

Ongoing: College Rep Visits

Community Resources

There might be times that your student or family needs resources not provided by the school. Our community has many resources available to access:

Mental Health Issues:

Wheaton Youth Outreach 630-682-1910
Warrenville Youth and Family Services 630-393-7057
DuPage County Health Department- Behavioral Health 630-682-7400
360 Youth Services 630-717-9408

*New: <u>Referral GPS</u>: An anonymous, easy to use, secure website to find local Mental Health and Substance Abuse treatment resources.

*New: **988** is now the number to dial for the Suicide and Crisis Lifeline

Suicide Prevention:

<u>Crisis Line through Dupage County</u> 630-627-1700 National Suicide Prevention Lifeline 800-273-8255

Substance Abuse:

Gateway Foundation 630-966-7400 Rosecrance 815-387-5615 Linden Oaks 630-305-5027 Central DuPage Hospital 630-933-1600

Healthcare:

<u>DuPage Community Clinic</u> 630-682-7400 <u>VNA (medical clinics)</u> 630-892-4355

Financial Needs:

<u>DuPage County Human Services</u> 630-407-6500 <u>DuPage Pads</u> 630-862-3846 <u>People's Resource Center</u> 630-682-5402

Visit our <u>Community Resources Page</u> for more resources and providers. As always, please contact a member of the Counseling Center if you have questions or concerns.

Counseling Center Staff Contact Information

| Counselors | Alpha Split | Email |
|-----------------------------------|-------------|-----------------------------|
| *Mrs. Ehrhardt *Department Chair | A | kelly.ehrhardt@cusd200.org |
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