

Reflection

This assignment is a 3-5 page (double-spaced) essay, in which you reflect on ***your own*** changes at one developmental stage (e.g., early childhood, middle childhood, adolescence). You may reflect on your development in one of the developmental domains, such as cognitive, social/emotional, or physical development. But pick one specific topic (e.g., friendship, parent-child attachment, self-development, gender development, etc). Your reflection should be related to the class topics, either the ones we have discussed or the ones we will discuss if you would like to read the textbook in advance.

In your paper, special emphasis should be given to the discussion of the role that environmental factors played in your development, which may include familial factors (e.g., parenting behavior, family type, social and economic factors), communities and neighborhood, school setting, and ethnic and cultural background. Furthermore, you need to address how your development impacted your environment. For example, how the environment changed to accommodate your change, needs, or characteristics.

Below are the components for your reflection paper:

- State the focus of your reflection (**1 points**)
- Describe your developmental changes in detail on the focus of reflection (**4 points**)
- Discuss two ways that your environment influenced your development (3 points each for; **6 points**)
- Give proper references in APA format for the work you cite in your paper, including the textbook (**2 point**)
- Proof read your paper before submitting. The writing quality (e.g., clear, coherent, typo free) is worth **2 points**.

Save your paper in the following format: “LastNameFirstName-Reflection” (do not use quotations). For example, if your name was Jane Smith, you would title your paper as “SmithJane-Reflection”.

(15 points – 1% toward final grade)