



Medical and Inclement Weather Plan

Event Managers are required to communicate the following plan to team contacts prior to the event and have a copy available on site at the medical area.

If a player is injured during this event requiring being sent to ER or Urgent Care, please submit an injury claim through [USA Ultimate Incident Report form](#) to start the process for a medical insurance claim.

Nearest Hospital

Name: Mount Sinai South Nassau Emergency Room
Address: One Healthy Way, Oceanside, NY 11572
Phone Number: (516) 632-3000
Map Link: [📍 Mount Sinai South Nassau Emergency Room](#)

Medical Services provided at tournament

Athletic Trainer, ice, shade, water, watermelon

Where will the medical staff be at the event

On the boardwalk, under the pavilion

How can teams contact the medical staff (phone, radio)

call to them or walk up to HQ

How will event staff communicate weather, emergency & schedule changes to teams

email + megaphone



Any other relevant information specific to your tournament, if applicable (Facility specific weather policies)

Weather Policy:

We are ON rain or shine. If there is lightning, the Jones Beach Staff will clear the beach and will advise us if we will be able to resume play. Right now though there aren't thunderstorms forecasted until the afternoon.

Emergency Info:

In case of extreme emergency, dial 911 immediately.

For EMT dispatch from Jones Beach Operations, dial: **516-679-7207**

We follow USAU and Parks Dept guidance on inclement weather. Play stops for lightning. Follow the instructions of all event and Parks Dept staff in this regard.

USA Ultimate Weather Policy (Facility may have their own policy)

You can find more details and information here: [Health, safety, and liability Requirements](#)

For Lightning:

If you hear thunder OR your computer or app shows that lightning has struck within ten miles, suspend activity. If you do not have access to a computer or app that shows the proximity of lightning strikes, suspend play if lightning is seen even if you cannot hear thunder.

For Extreme Heat and Cold:

Refer to [Medical Staff Requirements](#). When the Heat Index reaches 105 F ([see NOAA/National Weather Service Heat Index Chart](#)), play must be suspended. In colder temperatures and/or wetter conditions, it is important to be cognizant of conditions conducive to hypothermia.