



Contemplative Prayer Form

(Sixth Sunday of Trinitytide - Year C)

The Liturgy Letter

Note: This is for individual or small group use. It is intended to be a form of contemplative “Lectio Divina” based on the scripture readings for the week and the themes of the liturgical season. Repetition, silence, and intercession are utilized to allow space for focus over a short or long period of time. It may be helpful to use your fingers to count the number of scripture phrases you utter during the times of repetition. The Scripture prayer section is structured for easy use with [Anglican Prayer Beads](#) for those who might find a tactile expression to be helpful (⛦ = Cross 🌀 = Invitatory bead ⬡ = Cruciform bead ● = Weeks bead).

Scripture Reading:

As the time approached for him to be taken up to heaven, Jesus resolutely set out for Jerusalem. And he sent messengers on ahead, who went into a Samaritan village to get things ready for him; but the people there did not welcome him, because he was heading for Jerusalem. When the disciples James and John saw this, they asked, “Lord, do you want us to call fire down from heaven to destroy them?” But Jesus turned and rebuked them. Then he and his disciples went to another village.

As they were walking along the road, a man said to him, “I will follow you wherever you go.” Jesus replied, “Foxes have dens and birds have nests, but the Son of Man has no place to lay his head.”

He said to another man, “Follow me.”

But he replied, “Lord, first let me go and bury my father.”

Jesus said to him, “Let the dead bury their own dead, but you go and proclaim the kingdom of God.”

Still another said, “I will follow you, Lord; but first let me go back and say goodbye to my family.”

Jesus replied, “No one who puts a hand to the plow and looks back is fit for service in the kingdom of God.” -Luke 9:51-62 (NIV)

Scripture Prayer:

✝ Worship the Lord in the beauty of holiness. Come, let us adore him.

✿ Lord, renew our own hearts and join us together in unity of spirit with the apostles' teaching, that we may be a holy temple acceptable to you. Amen.

◇ Keep me safe, my God, for in you I take refuge.
-Ps. 16:1

- **Repeat Seven Times:**

"You are my Lord; apart from you I have no good thing."
-Psalm 16:2

◇ Those who run after other gods will suffer more and more. I will not pour out libations of blood to such gods or take up their names on my lips.
-Psalm 16:4

- **Repeat Seven Times:**

"...you alone are my portion and my cup; you make my lot secure."
-Psalm 16:5

◇ I will praise the Lord, who counsels me; even at night my heart instructs me. I keep my eyes always on the Lord. With him at my right hand, I will not be shaken.
-Psalm 16:7-8

- **Repeat Seven Times:**

"...my heart is glad and my tongue rejoices."
-Psalm 16:9a

◇ "...my body also will rest secure, because you will not abandon me to the realm of the dead, nor will you let your faithful one see decay."
-Psalm 16:9b-10a

- **Repeat Seven Times:**

You are the God who performs miracles...
-Psalm 77:14a

◇ You make known to me the path of life; you will fill me with joy in your presence, with eternal pleasures at your right hand.
-Psalm 16:11

✿ *The Lord's Prayer*

✙ The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit be with us all evermore. Amen.

Silence

Intercessions

***Pause in between these sentences for silence or specific intercessions**

Father, you have gathered us into the communion of your Church. Give us life and unity through your Spirit. Guide your Church in this place and around the world...

Son of the living God, your faithfulness enables us to remain faithful to you: Keep us steady in faith and set our hearts to desire your Kingdom...

Come, Holy Spirit, heal our wounded souls and misshaped desires. Free us from anxiety and lead us to trust you...

Lord, you are familiar with our weakness and poverty, support those who are going through trials. Help us to be willing to suffer for those in need.

For families and friends, for all who have asked for our prayers and who pray for us...

For our country and our region, for political and spiritual leaders, and that Christians may be witnesses to your life and unity...

Lord, show us how to take joy in the gifts your have given us. Show us how to use these gifts to create things which lead to life and participate in your love.

Praise Father, Son, and Holy Spirit. Amen.