

General meeting highlights May 31st, 2024 12:00 pm to 1:00 pm

On Zoom

# **Community Updates**

#### **HBFI**

- Summary of movie event provided
- Event was a great success
- Plan for more promotion next year
- Consider a family-friendly event where children can attend

## Joseph Brant

- Current wait times are the next day, up to 3 days.
- There is a posting for a casual RN IBCLC (up until Tuesday).
- Still plan to roll out a staff education plan.

#### **Halton Health Care**

- OTMH wait times were up to 2 weeks, but had some extra LCs in and were able to get it down to about a
  week.
- **Milton** is working on orienting a new LC while there is a change in staffing as Belinda is returning to OTMH. There is a hope that there will be no interruption in service in Milton.
- Referring to Millcreek Children's Clinic and Breastfeeding Centre that opened about a year ago and they
  will usually be able to see people fairly quickly (OHIP covered- no referral needed)- run by a pediatrician
  that works out of OTMH.
- All 3 sites have hired new educators, and there is a hope to work on some BFI initiatives (e.g., reviewing
  policies, etc.).
- OTMH Hypoglycemia protocol is being updated and will include glucose gel.
- HHC is looking to have skin-to-skin murals and pictures in the appropriate units.
  - The goal is to support Step 4 of the BFI 10 Steps- normalize it and consider it!
  - Plan to have pictures of babies from the NICU being held skin-to-skin for the special care nursery.
  - See the new CPS position statement on the importance of skin-to-skin

# **Public Health**

- Halton Breastfeeding Connection just ran update sessions for existing volunteers and had some really rich discussions
- Continue to work with hospital liaisons to develop breastfeeding education materials for hospital staff working
- Still gearing up for the next infant feeding study (pending approval of consent form).

### **Community Undates:**

• Lots of distribution of hand expression kits to Halton hospitals.

### **Discussion:**

- Recommend anyone who can, attend the BFI Ontario Expo BFI Virtual Expo 2024!! <u>Baby Friendly Initiative Ontario</u> (bfiontario.ca)- Wednesday, June 5th, 2024 at 6:30pm
- The Academy of Breastfeeding Medicine has <u>posted 10 free videos</u> for health care providers. If you have the opportunity to review them please share your thoughts with the HBFI executive.
- Discussion around inpatient bedside support in Halton hospitals:
  - O JBH has inpatient support 7 days a week-based on request/referral from a nurse.
  - OTMH has inpatient support 7 days a week- based on request/referral as requested by nurses or families- based on the ability of LC to see all of the requests.
  - Unfortunately, they do not have time to see every family- but since the removal of the requirement on the LC's to run the bili clinics there is an enhanced ability to see families, and to enhance the knowledge of the postpartum nurses.
  - Milton District Hospital is just getting started up with outpatient appointments but have been providing inpatient support with the same model as OTMH.
- Discussion about More Milk Sooner- hospitals report seeing more parents bringing in expressed colostrum and hospital staff are happy to use it!

### Meetings

Next General Meeting is planned tentatively for June 28th, 2024 12:00-1:00pm..

Please visit our website to view the recording of this meeting at HBFI: https://www.babyfriendlyhalton.ca/post/may-2024-gm-recording-and-highlights

Attendance

Catherine Collinson, Vicky Greer, Lori Barber, Miriam Martin, Jen Pass, Liz Daher (HBFC volunteer and postpartum Doula), Kareena Thakur, Amanda, Iryna Vlasova, Jessica Colquhoun, Sydea Azra.

Follow up actions: N/A

Next Meeting: June 28, 2024 from 12:00 - 1:00 pm