

**We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:**

- The inherent worth and dignity of every person;
- Justice, equity, and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of conscience and the use of the democratic process within our congregations and in society at large.
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.
- Journeying toward spiritual wholeness by working to build a diverse multicultural Beloved Community by our actions that accountably dismantle racism and other oppressions in ourselves and our institutions.

**Weekly Calendar**

**Sunday, July 30**

Mindfulness Practice / 9:00 a.m. – 10:00 a.m. / Zoom  
Nursery / 10:00 a.m. – 11:30 a.m. / Nursery  
Online Fellowship Hour / 11:30 a.m. – 12:30 p.m. / Zoom

**Tuesday, August 1**

Lammas/Lughnasadh Potluck / 6:00 p.m. – 8:00 p.m. / South Lawn

**Wednesday, August 2**

CrUUners Rehearsal / 6:00 p.m. – 7:00 p.m. / Fellowship

**Thursday, August 3**

Thursday Walking Group / 10:15 a.m. / Meadowbrook Park  
Many Paths / AA Secular Meeting / 6:00 p.m. – 7:30 p.m.

**Friday, August 4**

Older Men's Discussion Group / 10:00 a.m. – 11:00 a.m. / Contact Dave Sharpe at [dmsarpe13@gmail.com](mailto:dmsarpe13@gmail.com) to confirm meeting location

**Saturday, August 5**

Parent's Support Group / 9:30 a.m. - 10:30 a.m. / Zoom  
Weekly Outdoor Meditation / 2:00 p.m. – 3:00 p.m. / U of I Arboretum

Download our new 'UUCUC' App! Use the QR codes below for your specific device to download!

Google Play



iOS App Store



**UU Church of Urbana-Champaign**

Build community. Seek inspiration. Promote justice. Find peace.



***Embracing the Difficult***

**Linda Owens**

**Sam Beshers, Worship Associate**

**Michael Duling, Accompanist**

**Selena Gonzalez, AV Technician**

**Sunday, July 30, 2023**

**We are a Welcoming Congregation for the LGBTQIA+ Community**

**Unitarian Universalist Church of Urbana-Champaign**

309 West Green Street

Urbana, Illinois 61801

[info@uucuc.org](mailto:info@uucuc.org) / (217) 384-8862

**Church Office Hours:** Monday – Thursday 9:00 a.m. – 2:00 p.m.

[uucuc.org](http://uucuc.org)

The community risk level in Champaign County is **LOW**. That means mask use is based on personal preference and risk assessment. Eating or drinking are permitted in the building, including in-person Fellowship Hour. Read the [UUCUC COVID Safety Guidelines](https://tinyurl.com/yd2v9697) (tinyurl.com/yd2v9697) for more details.

**ANNOUNCEMENTS**

## **ORDER OF SERVICE**

\*Please stand if standing is comfortable for you

### **Ring the Bell**

**Prelude** “??” by Michael Duling

### **Welcome & Greeting Your Neighbors**

### **Land Acknowledgement & Chalice Lighting**

**Opening Hymn\*** #1068 Rising Green

**Time For All Ages** “We’re Going on a Bear Hunt” by Michael Rosen & Helen Oxenbury  
(Kids and volunteers will be invited to go downstairs to our storybook & place space after the Time For All Ages)

### **Community Matters & Offering**

**Song** Bears by Steven Fromholz sung by Linda Owens and Jim Hannum

### **Joys & Sorrows**

**Blessing Song** “May the Longtime Sun” by Mike Heron

**Shared Joys & Sorrows** (send your joys and sorrows to [joysandsorrows@uucuc.org](mailto:joysandsorrows@uucuc.org))

**Musical Meditation** “??” by Michael Duling

**Reflection** “Embracing the Difficult”

**Hymn\*** #318 We Would Be One

### **Chalice Extinguishing**

We extinguish this flame, but not the light of truth, the warmth of community, or the fire of commitment.

These we carry in our hearts until we are together again.

- Rev. Elizabeth Selle Jones

**Postlude** “??” Michael Duling

**Can You Volunteer 15 Minutes of Your Time?** We are looking for a handful of people to volunteer 15 minutes of their time on Friday, August 11th! We are planning on filming another TikTok featuring our Sanctuary as a wedding venue. We are going to create a mock ceremony! This means that we need a small crowd to sit in the pews! No talking will be required by volunteers, just sitting/standing! Autumn is hoping to make this look as real as possible! Please contact Autumn (Communications Coordinator) if you can volunteer your time! She can be contacted at [web-assistant@uucuc.org](mailto:web-assistant@uucuc.org).

**Church Wide Diaper Drive: August 1-24:** In conjunction with United Way Emerging Community Leaders. Please consider making a donation! If each person donates just one package of diapers/wipes, think how many families we could help! Donors can participate by leaving diapers in the UUCUC drop-off boxes located under the coat hangers on the north side of the church foyer.

**Thanks to Hospitality Team F!** Thanks to Hospitality Team F members and co leaders, Eileen Borgia and Barbara Hudgins, for providing decorations and snacks and serving as welcomers and ushers for our worship services during the month of July. In August we welcome Hospitality Team B. If you have questions about joining a Hospitality Team (or to find out which Team you are already on), contact Peggy Patten, [mspeggypatten@gmail.com](mailto:mspeggypatten@gmail.com).

### **ARE YOU VISITING TODAY?**

Welcome! Please stay after the service for coffee and snacks.  
Visit the Welcome Table in the lobby for name tags and to fill out a visitor's card to join our mailing list. Visit the Connections Hub Table for more information about this congregation and Unitarian Universalism, and to chat with welcoming members.

We're so pleased that you've visited us, and we hope you visit again soon.