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```
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 </w:LatentStyles>
</xml><![endif]-->
<style>
<!--
 /* Font Definitions */
 @font-face
        {font-family:宋体;
        panose-1:2 1 6 0 3 1 1 1 1 1;
        mso-font-alt:SimSun;
        mso-font-charset:134;
        mso-generic-font-family:auto;
        mso-font-pitch:variable;
        mso-font-signature:3 680460288 22 0 262145 0;}
@font-face
        {font-family:"Cambria Math";
        panose-1:2 4 5 3 5 4 6 3 2 4;
        mso-font-charset:0;
        mso-generic-font-family:roman;
        mso-font-pitch:variable;
        mso-font-signature:-536869121 1107305727 33554432 0 415 0;}
@font-face
        {font-family:"\@宋体";
        panose-1:2 1 6 0 3 1 1 1 1 1;
        mso-font-charset:134;
        mso-generic-font-family:auto;
        mso-font-pitch:variable;
        mso-font-signature:3 680460288 22 0 262145 0;}
 /* Style Definitions */
 p.MsoNormal, li.MsoNormal, div.MsoNormal
        {mso-style-unhide:no;
        mso-style-qformat:yes;
        mso-style-parent:"";
        margin:0cm;
        margin-bottom:.0001pt;
        mso-pagination:widow-orphan;
        font-size:12.0pt;
        font-family:宋体;
        mso-bidi-font-family:宋体;
        mso-believe-normal-left:yes;}
p.MsoHeader, li.MsoHeader, div.MsoHeader
        {mso-style-priority:99;
        mso-style-link:"页眉 字符";
```

```
        margin:0cm;
        margin-bottom:.0001pt;
        text-align:center;
        mso-pagination:widow-orphan;
        tab-stops:center 207.65pt right 415.3pt;
        layout-grid-mode:char;
        border:none;
        mso-border-bottom-alt:solid windowtext .75pt;
        padding:0cm;
        mso-padding-alt:0cm 0cm 1.0pt 0cm;
        font-size:9.0pt;
        font-family:宋体;
        mso-bidi-font-family:宋体;}
p.MsoFooter, li.MsoFooter, div.MsoFooter
        {mso-style-priority:99;
        mso-style-link:"页脚 字符";
        margin:0cm;
        margin-bottom:.0001pt;
        mso-pagination:widow-orphan;
        tab-stops:center 207.65pt right 415.3pt;
        layout-grid-mode:char;
        font-size:9.0pt;
        font-family:宋体;
        mso-bidi-font-family:宋体;}
a:link, span.MsoHyperlink
        {mso-style-noshow:yes;
        mso-style-priority:99;
        color:blue;
        text-decoration:underline;
        text-underline:single;}
a:visited, span.MsoHyperlinkFollowed
        {mso-style-noshow:yes;
        mso-style-priority:99;
        color:purple;
        text-decoration:underline;
        text-underline:single;}
p.msonormal0, li.msonormal0, div.msonormal0
        {mso-style-name:msonormal;
        mso-style-unhide:no;
        mso-margin-top-alt:auto;
        margin-right:0cm;
        mso-margin-bottom-alt:auto;
        margin-left:0cm;
```

```
        mso-pagination:widow-orphan;
        font-size:12.0pt;
        font-family:宋体;
        mso-bidi-font-family:宋体;}
span.a
        {mso-style-name:"页眉 字符";
        mso-style-priority:99;
        mso-style-unhide:no;
        mso-style-locked:yes;
        mso-style-link:页眉;
        mso-ansi-font-size:9.0pt;
        mso-bidi-font-size:9.0pt;
        font-family:宋体;
        mso-ascii-font-family:宋体;
        mso-fareast-font-family:宋体;
        mso-hansi-font-family:宋体;
        mso-bidi-font-family:宋体;}
span.a0
        {mso-style-name:"页脚 字符";
        mso-style-priority:99;
        mso-style-unhide:no;
        mso-style-locked:yes;
        mso-style-link:页脚;
        mso-ansi-font-size:9.0pt;
        mso-bidi-font-size:9.0pt;
        font-family:宋体;
        mso-ascii-font-family:宋体;
        mso-fareast-font-family:宋体;
        mso-hansi-font-family:宋体;
        mso-bidi-font-family:宋体;}
span.GramE
        {mso-style-name:"";
        mso-gram-e:yes;}
.MsoChpDefault
        {mso-style-type:export-only;
        mso-default-props:yes;
        font-size:10.0pt;
        mso-ansi-font-size:10.0pt;
        mso-bidi-font-size:10.0pt;
        mso-ascii-font-family:"Times New Roman";
        mso-hansi-font-family:"Times New Roman";
        mso-font-kerning:0pt;}
 /* Page Definitions */
```

```
 @page
        {mso-footnote-separator:url("前行广释•第一百零五课•隐藏窍诀.files/header.htm") fs;
        mso-footnote-continuation-separator:url("前行广释•第一百零五课•隐藏窍诀.
files/header.htm") fcs;
        mso-endnote-separator:url("前行广释•第一百零五课•隐藏窍诀.files/header.htm") es;
        mso-endnote-continuation-separator:url("前行广释•第一百零五课•隐藏窍诀.
files/header.htm") ecs;}
@page WordSection1
        {size:841.9pt 595.3pt;
        mso-page-orientation:landscape;
        margin:90.0pt 72.0pt 90.0pt 72.0pt;
        mso-header-margin:42.55pt;
        mso-footer-margin:49.6pt;
        mso-paper-source:0;}
div.WordSection1
        {page:WordSection1;}
 /* List Definitions */
 @list l0
        {mso-list-id:1849903208;
        mso-list-template-ids:-31027322;}
@list l0:level1
        {mso-level-number-format:bullet;
        mso-level-text:;
        mso-level-tab-stop:36.0pt;
        mso-level-number-position:left;
        text-indent:-18.0pt;
        mso-ansi-font-size:10.0pt;
        font-family:Symbol;}
@list l0:level2
        {mso-level-number-format:bullet;
        mso-level-text:;
        mso-level-tab-stop:72.0pt;
        mso-level-number-position:left;
        text-indent:-18.0pt;
        mso-ansi-font-size:10.0pt;
        font-family:Symbol;}
@list l0:level3
        {mso-level-number-format:bullet;
        mso-level-text:;
        mso-level-tab-stop:108.0pt;
        mso-level-number-position:left;
        text-indent:-18.0pt;
        mso-ansi-font-size:10.0pt;
```

```
        font-family:Symbol;}
@list l0:level4
        {mso-level-number-format:bullet;
        mso-level-text:;
        mso-level-tab-stop:144.0pt;
        mso-level-number-position:left;
        text-indent:-18.0pt;
        mso-ansi-font-size:10.0pt;
        font-family:Symbol;}
@list l0:level5
        {mso-level-number-format:bullet;
        mso-level-text:;
        mso-level-tab-stop:180.0pt;
        mso-level-number-position:left;
        text-indent:-18.0pt;
        mso-ansi-font-size:10.0pt;
        font-family:Symbol;}
@list l0:level6
        {mso-level-number-format:bullet;
        mso-level-text:;
        mso-level-tab-stop:216.0pt;
        mso-level-number-position:left;
        text-indent:-18.0pt;
        mso-ansi-font-size:10.0pt;
        font-family:Symbol;}
@list l0:level7
        {mso-level-number-format:bullet;
        mso-level-text:;
        mso-level-tab-stop:252.0pt;
        mso-level-number-position:left;
        text-indent:-18.0pt;
        mso-ansi-font-size:10.0pt;
        font-family:Symbol;}
@list l0:level8
        {mso-level-number-format:bullet;
        mso-level-text:;
        mso-level-tab-stop:288.0pt;
        mso-level-number-position:left;
        text-indent:-18.0pt;
        mso-ansi-font-size:10.0pt;
        font-family:Symbol;}
@list l0:level9
        {mso-level-number-format:bullet;
```

```
		mso-level-text:;
		mso-level-tab-stop:324.0pt;
		mso-level-number-position:left;
		text-indent:-18.0pt;
		mso-ansi-font-size:10.0pt;
		font-family:Symbol;}
ol
		{margin-bottom:0cm;}
ul
		{margin-bottom:0cm;}
-->
</style>
<!--[if gte mso 10]>
<style>
 /* Style Definitions */
 table.MsoNormalTable
		{mso-style-name:普通表格;
		mso-tstyle-rowband-size:0;
		mso-tstyle-colband-size:0;
		mso-style-noshow:yes;
		mso-style-priority:99;
		mso-style-parent:"";
		mso-padding-alt:0cm 5.4pt 0cm 5.4pt;
		mso-para-margin:0cm;
		mso-para-margin-bottom:.0001pt;
		mso-pagination:widow-orphan;
		font-size:10.0pt;
		font-family:"Times New Roman",serif;}
</style>
<![endif]--><![if mso 9]>
<style>
p.MsoNormal
		{margin-left:15.0pt;}
</style>
<![endif]>
<meta charset=utf-8>
<meta name=renderer content=webkit>
<meta name=author content=mubu.com>
<!--[if gte mso 9]><xml>
 <o:shapedefaults v:ext="edit" spidmax="2050"/>
</xml><![endif]--><!--[if gte mso 9]><xml>
 <o:shapelayout v:ext="edit">
  <o:idmap v:ext="edit" data="2"/>
```

```
 </o:shapelayout></xml><![endif]-->
</head>

<body lang=ZH-CN link=blue vlink=purple style='tab-interval:21.0pt;margin-left:
15.0pt;margin-top:37.5pt;margin-right:15.0pt;margin-bottom:37.5pt'>

<div class=WordSection1>

<p class=MsoNormal><span class=GramE><span style='font-size:18.0pt;mso-ascii-font-family:
Arial;mso-hansi-font-family:Arial;mso-bidi-font-family:Arial;color:#333333'>前行广释
</span></span><span
lang=EN-US style='font-size:18.0pt;font-family:"Arial",sans-serif;color:#333333'>•</span><span
style='font-size:18.0pt;mso-ascii-font-family:Arial;mso-hansi-font-family:Arial;
mso-bidi-font-family:Arial;color:#333333'>第一百零五课</span><span lang=EN-US
style='font-size:18.0pt;font-family:"Arial",sans-serif;color:#333333'>•</span><span
style='font-size:18.0pt;mso-ascii-font-family:Arial;mso-hansi-font-family:Arial;
mso-bidi-font-family:Arial;color:#333333'>隐藏窍诀</span><span lang=EN-US
style='font-size:18.0pt;font-family:"Arial",sans-serif;color:#333333'><o:p></o:p></span></p>

<ul type=disc style='list-style-position:outside'>
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    style='min-height: 22px;display:inline-block'><span class=bold><b><u><span
    style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
    mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>笔记整理
</span></u></b></span><span
    class=bold><b><u><span lang=EN-US style='font-size:10.5pt;font-family:
    "Arial",sans-serif'>:</span></u></b></span><span class=bold><b><u><span
    style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
    mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>定解</span></u></b></span><span
    class=bold><b><u><span lang=EN-US style='font-size:10.5pt;font-family:
    "Arial",sans-serif'>B18  </span></u></b></span><span class=bold><b><u><span
    style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
    mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>笔记审核：定解
</span></u></b></span><span
    class=bold><b><u><span lang=EN-US style='font-size:10.5pt;font-family:
    "Arial",sans-serif'>B01 </span></span></u></b></span><span lang=EN-US
    style='font-family:"Arial",sans-serif'><o:p></o:p></span></li>
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    class=content><span style='font-size:18.0pt;font-family:宋体;mso-ascii-font-family:
    Arial;mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>一、尼泊尔朝圣的必去之处
```

<span
lang=EN-US style='font-family:"Arial",sans-serif'><o:p></o:p>
<ul type=disc>
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auto;line-height:21.0pt;mso-list:l0 level2 lfo1;tab-stops:list 72.0pt'><span
heading=2 style='min-height: 28px;display:inline-block'><span
class=content><span style='font-size:16.0pt;font-family:宋体;mso-ascii-font-family:
Arial;mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>（一）、<span
class=GramE>讲记原文<span lang=EN-US
style='font-family:"Arial",sans-serif'><o:p></o:p>
<ul type=disc>
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auto;line-height:16.5pt;mso-list:l0 level3 lfo1;tab-stops:list 108.0pt'><span
style='min-height: 22px;display:inline-block'><span
style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>佛陀舍身饲虎之地在尼泊尔，现在叫
<span
class=content><span lang=EN-US
style='font-size:10.5pt;font-family:"Arial",sans-serif'>“<span
class=content><span style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:
Arial;mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>老虎洞<span
class=content><span lang=EN-US
style='font-size:10.5pt;font-family:"Arial",sans-serif'>”<span
class=content><span style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:
Arial;mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>。以前我随上师如意宝到过那里
，在佛塔旁边，老人家<span
class=GramE>的觉性智慧中，流露出一些偈颂和教言，我亲自记录了下来。内容不
多，但加持力非常大，我本想翻译出来，但一直没有机会。如今二十年都过去了，有时候人生过得
特别快。<span
lang=EN-US style='font-family:"Arial",sans-serif'><o:p></o:p>
<li class=MsoNormal style='color:#333333;mso-margin-top-alt:auto;mso-margin-bottom-alt:
auto;line-height:16.5pt;mso-list:l0 level3 lfo1;tab-stops:list 108.0pt'><span
style='min-height: 22px;display:inline-block'><span
style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>大勇王子舍身的地方，就在佛塔的附
近，洞里有一些壁画。你们以后若去尼泊尔朝拜，也应该去那里看看。记得从加德满都的夏绒卡秀
大塔到那里，只要三个多小时的车程。以前还是土路，弯弯曲曲不好走，但听说现在已有了水泥
路。从<span
class=content><span lang=EN-US
style='font-size:10.5pt;font-family:"Arial",sans-serif'>“<span
class=content><span style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:
Arial;mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>老虎洞<span
class=content><span lang=EN-US

style='font-size:10.5pt;font-family:"Arial",sans-serif'>”<span
class=content><span style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:
Arial;mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>直接可以到<span
class=GramE>洋列秀的阿斯山洞，也就是莲花生大士闭关、法王如意<span
class=GramE>宝取金刚橛伏藏的地方；回来的路上，还可以看到一座山，那是当年王子皇宫的所在地。<span
lang=EN-US style='font-family:"Arial",sans-serif'><o:p></o:p>

<li class=MsoNormal style='color:#333333;mso-margin-top-alt:auto;mso-margin-bottom-alt:
auto;line-height:21.0pt;mso-list:l0 level2 lfo1;tab-stops:list 72.0pt'><span
heading=2 style='min-height: 28px;display:inline-block'><span
class=content><span style='font-size:16.0pt;font-family:宋体;mso-ascii-font-family:
Arial;mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>（二）、都要去哪里
<span
lang=EN-US style='font-family:"Arial",sans-serif'><o:p></o:p>
<ul type=disc>
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heading=3 style='min-height: 24px;display:inline-block'><span
class=content><span lang=EN-US
style='font-size:13.5pt;font-family:"Arial",sans-serif'>1<span
class=content><span style='font-size:13.5pt;font-family:宋体;mso-ascii-font-family:
Arial;mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>、蓝<span
class=GramE>毗尼公园<span lang=EN-US
style='font-family:"Arial",sans-serif'><o:p></o:p>
<ul type=disc>
<li class=MsoNormal style='color:#333333;mso-margin-top-alt:auto;
mso-margin-bottom-alt:auto;line-height:16.5pt;mso-list:l0 level4 lfo1;
tab-stops:list 144.0pt'><span
class=content><span style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:
Arial;mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>（<span
class=content><span lang=EN-US style='font-size:10.5pt;font-family:
"Arial",sans-serif'>1<span
style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>）、位置
<span
lang=EN-US style='font-family:"Arial",sans-serif'><o:p></o:p>
<ul type=disc>
<li class=MsoNormal style='color:#333333;mso-margin-top-alt:auto;
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tab-stops:list 180.0pt'><span
class=content><span style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:
Arial;mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>蓝<span

class=GramE>毗尼位于尼泊尔南部特莱平原的鲁潘德希县，从首都加德满都到蓝毗尼的公路约<span
class=content><span lang=EN-US style='font-size:10.5pt;font-family:
"Arial",sans-serif'>300<span
style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>公里。如今所说的蓝<span
class=GramE>毗尼是指联合国教科文组织及蓝毗尼开发委员会设计规划后的蓝毗尼公园。主要分花园圣地、寺院区、绿化区三部分。<span
lang=EN-US style='font-family:"Arial",sans-serif'><o:p></o:p>

<li class=MsoNormal style='color:#333333;mso-margin-top-alt:auto;
mso-margin-bottom-alt:auto;line-height:16.5pt;mso-list:l0 level4 lfo1;
tab-stops:list 144.0pt'><span
class=content><span style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:
Arial;mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>（<span
class=content><span lang=EN-US style='font-size:10.5pt;font-family:
"Arial",sans-serif'>2<span
style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>）、殊胜处
<span
lang=EN-US style='font-family:"Arial",sans-serif'><o:p></o:p>
<ul type=disc>
<li class=MsoNormal style='color:#333333;mso-margin-top-alt:auto;
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tab-stops:list 180.0pt'><span
class=content><span lang=EN-US style='font-size:10.5pt;font-family:
"Arial",sans-serif'>A<span
style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>、释迦牟尼诞生在蓝<span
class=GramE>毗尼。<span lang=EN-US
style='font-family:"Arial",sans-serif'><o:p></o:p>
<li class=MsoNormal style='color:#333333;mso-margin-top-alt:auto;
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tab-stops:list 180.0pt'><span
class=content><span lang=EN-US style='font-size:10.5pt;font-family:
"Arial",sans-serif'>B<span
style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>、公元<span
class=content><span lang=EN-US style='font-size:10.5pt;font-family:
"Arial",sans-serif'>403<span
style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>年，中国晋代高僧<span
class=GramE>法显就取道新疆，渡流沙，越葱岭，经印度来到蓝毗尼。

<span
lang=EN-US style='font-family:"Arial",sans-serif'><o:p></o:p>
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mso-margin-bottom-alt:auto;line-height:16.5pt;mso-list:l0 level5 lfo1;
tab-stops:list 180.0pt'><span
class=content><span lang=EN-US style='font-size:10.5pt;font-family:
"Arial",sans-serif'>C<span
style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>、唐代名僧玄奘在公元
<span
class=content><span lang=EN-US style='font-size:10.5pt;font-family:
"Arial",sans-serif'>633<span
style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>年也曾到此瞻礼取经。
<span
lang=EN-US style='font-family:"Arial",sans-serif'><o:p></o:p>
<li class=MsoNormal style='color:#333333;mso-margin-top-alt:auto;
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tab-stops:list 180.0pt'><span
class=content><span lang=EN-US style='font-size:10.5pt;font-family:
"Arial",sans-serif'>D<span
style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>、古印度孔雀王朝时期的阿育王也是
朝拜者之一，并在此建立了一个他的纪念碑。<span
lang=EN-US style='font-family:"Arial",sans-serif'><o:p></o:p>

<li class=MsoNormal style='color:#333333;mso-margin-top-alt:auto;
mso-margin-bottom-alt:auto;line-height:16.5pt;mso-list:l0 level4 lfo1;
tab-stops:list 144.0pt'><span
class=content><span style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:
Arial;mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>（<span
class=content><span lang=EN-US style='font-size:10.5pt;font-family:
"Arial",sans-serif'>3<span
style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>）、公园里都有哪些圣迹
<span
lang=EN-US style='font-family:"Arial",sans-serif'><o:p></o:p>
<ul type=disc>
<li class=MsoNormal style='color:#333333;mso-margin-top-alt:auto;
mso-margin-bottom-alt:auto;line-height:16.5pt;mso-list:l0 level5 lfo1;
tab-stops:list 180.0pt'><span
class=content><span lang=EN-US style='font-size:10.5pt;font-family:
"Arial",sans-serif'>A<span

```
        style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
        mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>、摩耶夫人祠
</span></span></span><span
        lang=EN-US style='font-family:"Arial",sans-serif'><o:p></o:p></span></li>
    <ul type=disc>
     <li class=MsoNormal style='color:#333333;mso-margin-top-alt:auto;
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        tab-stops:list 216.0pt'><span style='min-height: 22px;display:inline-block'><span
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        mso-ascii-font-family:Arial;mso-hansi-font-family:Arial;mso-bidi-font-family:
        Arial'>蓝<span class=GramE>毗尼园</span>的正中央是摩耶夫人祠，也称
</span></span><span
        class=content><span lang=EN-US style='font-size:10.5pt;font-family:
        "Arial",sans-serif'>“</span></span><span class=content><span
        style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
        mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>摩耶夫人神庙
</span></span><span
        class=content><span lang=EN-US style='font-size:10.5pt;font-family:
        "Arial",sans-serif'>”</span></span><span class=content><span
        style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
        mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>，用来纪念和供奉释迦牟尼的母
亲。</span></span></span><span
        lang=EN-US style='font-family:"Arial",sans-serif'><o:p></o:p></span></li>
    </ul>
    <li class=MsoNormal style='color:#333333;mso-margin-top-alt:auto;
       mso-margin-bottom-alt:auto;line-height:16.5pt;mso-list:l0 level5 lfo1;
       tab-stops:list 180.0pt'><span style='min-height: 22px;display:inline-block'><span
       class=content><span lang=EN-US style='font-size:10.5pt;font-family:
       "Arial",sans-serif'>B</span></span><span class=content><span
       style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
       mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>、阿育王塔
</span></span></span><span
       lang=EN-US style='font-family:"Arial",sans-serif'><o:p></o:p></span></li>
    <ul type=disc>
     <li class=MsoNormal style='color:#333333;mso-margin-top-alt:auto;
        mso-margin-bottom-alt:auto;line-height:16.5pt;mso-list:l0 level6 lfo1;
        tab-stops:list 216.0pt'><span style='min-height: 22px;display:inline-block'><span
        class=content><span style='font-size:10.5pt;font-family:宋体;
        mso-ascii-font-family:Arial;mso-hansi-font-family:Arial;mso-bidi-font-family:
        Arial'>阿育王是虔诚的佛教信徒，在佛祖诞生的确切地点上立了一块石碑作为标记，并以
示纪念。</span></span></span><span
        lang=EN-US style='font-family:"Arial",sans-serif'><o:p></o:p></span></li>
    </ul>
```

<li class=MsoNormal style='color:#333333;mso-margin-top-alt:auto;
mso-margin-bottom-alt:auto;line-height:16.5pt;mso-list:l0 level5 lfo1;
tab-stops:list 180.0pt'><span
class=content><span lang=EN-US style='font-size:10.5pt;font-family:
"Arial",sans-serif'>C<span
style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>、中华寺
<span
lang=EN-US style='font-family:"Arial",sans-serif'><o:p></o:p>
<ul type=disc>
<li class=MsoNormal style='color:#333333;mso-margin-top-alt:auto;
mso-margin-bottom-alt:auto;line-height:16.5pt;mso-list:l0 level6 lfo1;
tab-stops:list 216.0pt'><span
class=content><span style='font-size:10.5pt;font-family:宋体;
mso-ascii-font-family:Arial;mso-hansi-font-family:Arial;mso-bidi-font-family:
Arial'>踏进熟悉的山门和大雄宝殿，好像已经回到了家乡。<span
lang=EN-US
style='font-family:"Arial",sans-serif'><o:p></o:p>

<li class=MsoNormal style='color:#333333;mso-margin-top-alt:auto;mso-margin-bottom-alt:
auto;line-height:18.0pt;mso-list:l0 level3 lfo1;tab-stops:list 108.0pt'><span
heading=3 style='min-height: 24px;display:inline-block'><span
class=content><span lang=EN-US
style='font-size:13.5pt;font-family:"Arial",sans-serif'>2<span
class=content><span style='font-size:13.5pt;font-family:宋体;mso-ascii-font-family:
Arial;mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>、<span
class=GramE>满愿塔（夏绒卡秀佛塔<span
lang=EN-US
style='font-size:13.5pt;font-family:"Arial",sans-serif'> <span
class=content><span style='font-size:13.5pt;font-family:宋体;mso-ascii-font-family:
Arial;mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>）<span
lang=EN-US style='font-family:"Arial",sans-serif'><o:p></o:p>
<ul type=disc>
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mso-margin-bottom-alt:auto;line-height:16.5pt;mso-list:l0 level4 lfo1;
tab-stops:list 144.0pt'><span
class=content><span style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:
Arial;mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>（<span
class=content><span lang=EN-US style='font-size:10.5pt;font-family:
"Arial",sans-serif'>1<span
style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;

mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>)、位置
<span
lang=EN-US style='font-family:"Arial",sans-serif'><o:p></o:p>
<ul type=disc>
<li class=MsoNormal style='color:#333333;mso-margin-top-alt:auto;
mso-margin-bottom-alt:auto;line-height:16.5pt;mso-list:l0 level5 lfo1;
tab-stops:list 180.0pt'><span
class=GramE><span style='font-size:10.5pt;
font-family:宋体;mso-ascii-font-family:Arial;mso-hansi-font-family:Arial;
mso-bidi-font-family:Arial'>满愿大<span
class=content><span style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:
Arial;mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>佛塔位于加德满都东北约七公
里处，已有<span
class=content><span lang=EN-US style='font-size:10.5pt;font-family:
"Arial",sans-serif'>1500<span
style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>年的历史，<span
class=GramE>满愿大佛塔有许多不同的名字，加德满都山谷的<span
class=GramE>原住民尼瓦尔人称为克斯蒂大佛塔<span
class=content><span lang=EN-US style='font-size:10.5pt;font-family:
"Arial",sans-serif'>(Khasti)<span
style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>，其他常见的有由英文
<span
class=content><span lang=EN-US style='font-size:10.5pt;font-family:
"Arial",sans-serif'>Boudhanath<span
style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>翻译的博塔纳、波达那、宝塔、
<span
class=GramE>宝达等等。<span lang=EN-US
style='font-family:"Arial",sans-serif'><o:p></o:p>

<li class=MsoNormal style='color:#333333;mso-margin-top-alt:auto;
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tab-stops:list 144.0pt'><span
class=content><span style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:
Arial;mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>（<span
class=content><span lang=EN-US style='font-size:10.5pt;font-family:
"Arial",sans-serif'>2<span
style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>）、殊胜之处
<span
lang=EN-US style='font-family:"Arial",sans-serif'><o:p></o:p>

<ul type=disc>
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tab-stops:list 180.0pt'><span
class=content><span lang=EN-US style='font-size:10.5pt;font-family:
"Arial",sans-serif'>A<span
style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>、夏绒卡秀佛塔是莲花生大士、
<span
class=GramE>静命堪布、法王赤松德赞往世在尼泊尔转为养鸡妇女的三个儿子时修建的。并且他们共同发愿将来在藏地一起弘扬佛法。<span
lang=EN-US style='font-family:"Arial",sans-serif'><o:p></o:p>
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tab-stops:list 180.0pt'><span
class=content><span lang=EN-US style='font-size:10.5pt;font-family:
"Arial",sans-serif'>B<span
style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>、莲花生大士说：
<span
class=content><span lang=EN-US style='font-size:10.5pt;font-family:
"Arial",sans-serif'>“<span
style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>这大塔为如意宝珠，令一切祈求及愿望得以实现<span
class=content><span lang=EN-US style='font-size:10.5pt;font-family:
"Arial",sans-serif'>”<span
style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>。<span
lang=EN-US style='font-family:"Arial",sans-serif'><o:p></o:p>

<li class=MsoNormal style='color:#333333;mso-margin-top-alt:auto;mso-margin-bottom-alt:
auto;line-height:18.0pt;mso-list:l0 level3 lfo1;tab-stops:list 108.0pt'><span
heading=3 style='min-height: 24px;display:inline-block'><span
class=content><span lang=EN-US
style='font-size:13.5pt;font-family:"Arial",sans-serif'>3<span
class=content><span style='font-size:13.5pt;font-family:宋体;mso-ascii-font-family:
Arial;mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>、猴庙
<span
lang=EN-US style='font-family:"Arial",sans-serif'><o:p></o:p>
<ul type=disc>
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        mso-margin-bottom-alt:auto;line-height:16.5pt;mso-list:l0 level4 lfo1;
        tab-stops:list 144.0pt'><span style='min-height: 22px;display:inline-block'><span
        class=content><span style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:
        Arial;mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>（</span></span><span
        class=content><span lang=EN-US style='font-size:10.5pt;font-family:
        "Arial",sans-serif'>1</span></span><span class=content><span
        style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
        mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>）、位置
</span></span></span><span
        lang=EN-US style='font-family:"Arial",sans-serif'><o:p></o:p></span></li>
    <ul type=disc>
     <li class=MsoNormal style='color:#333333;mso-margin-top-alt:auto;
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        tab-stops:list 180.0pt'><span style='min-height: 22px;display:inline-block'><span
        class=content><span style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:
        Arial;mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>位于加德满都市郊西北的山岗
上</span></span></span><span
        lang=EN-US style='font-family:"Arial",sans-serif'><o:p></o:p></span></li>
    </ul>
    <li class=MsoNormal style='color:#333333;mso-margin-top-alt:auto;
        mso-margin-bottom-alt:auto;line-height:16.5pt;mso-list:l0 level4 lfo1;
        tab-stops:list 144.0pt'><span style='min-height: 22px;display:inline-block'><span
        class=content><span style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:
        Arial;mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>（</span></span><span
        class=content><span lang=EN-US style='font-size:10.5pt;font-family:
        "Arial",sans-serif'>2</span></span><span class=content><span
        style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
        mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>）、殊胜之处
</span></span></span><span
        lang=EN-US style='font-family:"Arial",sans-serif'><o:p></o:p></span></li>
    <ul type=disc>
     <li class=MsoNormal style='color:#333333;mso-margin-top-alt:auto;
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        tab-stops:list 180.0pt'><span style='min-height: 22px;display:inline-block'><span
        class=content><span lang=EN-US style='font-size:10.5pt;font-family:
        "Arial",sans-serif'>A</span></span><span class=content><span
        style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
        mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>、香根塔（自生塔
</span></span><span
        class=content><span lang=EN-US style='font-size:10.5pt;font-family:
        "Arial",sans-serif'>Swayambhu Stupa</span></span><span class=content><span
        style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
        mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>）</span></span></span><span
```

lang=EN-US style='font-family:"Arial",sans-serif'><o:p></o:p>
<ul type=disc>
<li class=MsoNormal style='color:#333333;mso-margin-top-alt:auto;
mso-margin-bottom-alt:auto;line-height:16.5pt;mso-list:l0 level6 lfo1;
tab-stops:list 216.0pt'><span
class=content><span style='font-size:10.5pt;font-family:宋体;
mso-ascii-font-family:Arial;mso-hansi-font-family:Arial;mso-bidi-font-family:
Arial'>可算是世界上最古老的一座佛塔了，追溯起它的历史可谓十分悠久。据史料记载：曾经人寿一万岁时，诸佛智慧自然形成一尺高的水晶塔；<span
class=GramE>拘留孙佛时，整个尼泊尔是一片汪洋，此塔在海中竖立；迦那迦佛时，这座塔被称为法界语自在塔；于<span
class=GramE>迦叶佛时，寂德上师为保护此塔，扩建外形，直到今天，依旧巍然屹立，宏伟壮观。<span
lang=EN-US style='font-family:"Arial",sans-serif'><o:p></o:p>

<li class=MsoNormal style='color:#333333;mso-margin-top-alt:auto;
mso-margin-bottom-alt:auto;line-height:16.5pt;mso-list:l0 level5 lfo1;
tab-stops:list 180.0pt'><span
class=content><span lang=EN-US style='font-size:10.5pt;font-family:
"Arial",sans-serif'>B<span
style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>、世亲塔
<span
lang=EN-US style='font-family:"Arial",sans-serif'><o:p></o:p>
<ul type=disc>
<li class=MsoNormal style='color:#333333;mso-margin-top-alt:auto;
mso-margin-bottom-alt:auto;line-height:16.5pt;mso-list:l0 level6 lfo1;
tab-stops:list 216.0pt'><span
class=GramE><span style='font-size:10.5pt;
font-family:宋体;mso-ascii-font-family:Arial;mso-hansi-font-family:
Arial;mso-bidi-font-family:Arial'>离香根塔<span
class=content><span style='font-size:10.5pt;font-family:宋体;
mso-ascii-font-family:Arial;mso-hansi-font-family:Arial;mso-bidi-font-family:
Arial'>不远的地方，就是世亲塔的所在处，这座佛塔是世亲论师
的遗塔，关于他的圆寂还有一段广为人知的因缘。当年，<span
class=GramE>世亲论师来到此地时，正巧看见一位出家人在耕地，心想：如今真正到了末法时期，出家人居然耕起地来。十分感伤，<span
class=GramE>随即示现圆寂。后人便在此地建造了其灵塔。
<span
lang=EN-US style='font-family:"Arial",sans-serif'><o:p></o:p>

<li class=MsoNormal style='color:#333333;mso-margin-top-alt:auto;mso-margin-bottom-alt:
auto;line-height:18.0pt;mso-list:l0 level3 lfo1;tab-stops:list 108.0pt'><span
heading=3 style='min-height: 24px;display:inline-block'><span
class=content><span lang=EN-US
style='font-size:13.5pt;font-family:"Arial",sans-serif'>4<span
class=content><span style='font-size:13.5pt;font-family:宋体;mso-ascii-font-family:
Arial;mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>、南莫布达（舍身崖、
<span
class=content><span lang=EN-US
style='font-size:13.5pt;font-family:"Arial",sans-serif'>Namo
Buddha<span style='font-size:13.5pt;
font-family:宋体;mso-ascii-font-family:Arial;mso-hansi-font-family:Arial;
mso-bidi-font-family:Arial'>）<span lang=EN-US
style='font-family:"Arial",sans-serif'><o:p></o:p>
<ul type=disc>
<li class=MsoNormal style='color:#333333;mso-margin-top-alt:auto;
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tab-stops:list 144.0pt'><span
class=content><span style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:
Arial;mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>（<span
class=content><span lang=EN-US style='font-size:10.5pt;font-family:
"Arial",sans-serif'>1<span
style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>）、位置
<span
lang=EN-US style='font-family:"Arial",sans-serif'><o:p></o:p>
<ul type=disc>
<li class=MsoNormal style='color:#333333;mso-margin-top-alt:auto;
mso-margin-bottom-alt:auto;line-height:16.5pt;mso-list:l0 level5 lfo1;
tab-stops:list 180.0pt'><span
class=content><span style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:
Arial;mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>位于加德满都三十七公里的风
景区。<span
lang=EN-US style='font-family:"Arial",sans-serif'><o:p></o:p>

<li class=MsoNormal style='color:#333333;mso-margin-top-alt:auto;
mso-margin-bottom-alt:auto;line-height:16.5pt;mso-list:l0 level4 lfo1;
tab-stops:list 144.0pt'><span
class=content><span style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:
Arial;mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>（<span
class=content><span lang=EN-US style='font-size:10.5pt;font-family:
"Arial",sans-serif'>2<span
style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;

mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>）、殊胜之处
<span
lang=EN-US style='font-family:"Arial",sans-serif'><o:p></o:p>
<ul type=disc>
<li class=MsoNormal style='color:#333333;mso-margin-top-alt:auto;
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tab-stops:list 180.0pt'><span
class=content><span style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:
Arial;mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>释迦摩尼佛因地舍身饲虎之
地。<span
lang=EN-US style='font-family:"Arial",sans-serif'><o:p></o:p>

<li class=MsoNormal style='color:#333333;mso-margin-top-alt:auto;
mso-margin-bottom-alt:auto;line-height:16.5pt;mso-list:l0 level4 lfo1;
tab-stops:list 144.0pt'><span
class=content><span style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:
Arial;mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>（<span
class=content><span lang=EN-US style='font-size:10.5pt;font-family:
"Arial",sans-serif'>3<span
style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>）、有哪些圣迹
<span
lang=EN-US style='font-family:"Arial",sans-serif'><o:p></o:p>
<ul type=disc>
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tab-stops:list 180.0pt'><span
class=content><span lang=EN-US style='font-size:10.5pt;font-family:
"Arial",sans-serif'>A<span
style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>、南莫布达：佛塔，纪念佛陀大悲之
行。大勇王子舍身的地方，就在佛塔的附近，洞里有一些壁画。<span
lang=EN-US style='font-family:"Arial",sans-serif'><o:p></o:p>
<li class=MsoNormal style='color:#333333;mso-margin-top-alt:auto;
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tab-stops:list 180.0pt'><span
class=content><span lang=EN-US style='font-size:10.5pt;font-family:
"Arial",sans-serif'>B<span
style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>、<span
class=GramE>创古<span
lang=EN-US
style='font-size:10.5pt;font-family:"Arial",sans-serif'>(Trungu)<span

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        class=content><span style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:
        Arial;mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>仁波<span
        class=GramE>切建</span>立是佛学与闭关中心。</span></span></span><span
lang=EN-US
        style='font-family:"Arial",sans-serif'><o:p></o:p></span></li>
   </ul>
  </ul>
  <li class=MsoNormal style='color:#333333;mso-margin-top-alt:auto;mso-margin-bottom-alt:
      auto;line-height:18.0pt;mso-list:l0 level3 lfo1;tab-stops:list 108.0pt'><span
      heading=3 style='min-height: 24px;display:inline-block'><span
      class=content><span lang=EN-US
style='font-size:13.5pt;font-family:"Arial",sans-serif'>5</span></span><span
      class=content><span style='font-size:13.5pt;font-family:宋体;mso-ascii-font-family:
      Arial;mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>、帕并（</span></span><span
      class=content><span lang=EN-US
style='font-size:13.5pt;font-family:"Arial",sans-serif'>Pharpin</span></span><span
      class=content><span style='font-size:13.5pt;font-family:宋体;mso-ascii-font-family:
      Arial;mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>）</span></span></span><span
      lang=EN-US style='font-family:"Arial",sans-serif'><o:p></o:p></span></li>
  <ul type=disc>
   <li class=MsoNormal style='color:#333333;mso-margin-top-alt:auto;
       mso-margin-bottom-alt:auto;line-height:16.5pt;mso-list:l0 level4 lfo1;
       tab-stops:list 144.0pt'><span style='min-height: 22px;display:inline-block'><span
       class=content><span style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:
       Arial;mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>（</span></span><span
       class=content><span lang=EN-US style='font-size:10.5pt;font-family:
       "Arial",sans-serif'>1</span></span><span class=content><span
       style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
       mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>）、位置
</span></span></span><span
       lang=EN-US style='font-family:"Arial",sans-serif'><o:p></o:p></span></li>
   <ul type=disc>
    <li class=MsoNormal style='color:#333333;mso-margin-top-alt:auto;
       mso-margin-bottom-alt:auto;line-height:16.5pt;mso-list:l0 level5 lfo1;
       tab-stops:list 180.0pt'><span style='min-height: 22px;display:inline-block'><span
       class=content><span style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:
       Arial;mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>位于加德满都西南边数十公里
山上。</span></span></span><span
       lang=EN-US style='font-family:"Arial",sans-serif'><o:p></o:p></span></li>
   </ul>
   <li class=MsoNormal style='color:#333333;mso-margin-top-alt:auto;
       mso-margin-bottom-alt:auto;line-height:16.5pt;mso-list:l0 level4 lfo1;
       tab-stops:list 144.0pt'><span style='min-height: 22px;display:inline-block'><span
```

```
        class=content><span style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:
        Arial;mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>（</span></span><span
        class=content><span lang=EN-US style='font-size:10.5pt;font-family:
        "Arial",sans-serif'>2</span></span><span class=content><span
        style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
        mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>）、殊胜之处
</span></span></span><span
        lang=EN-US style='font-family:"Arial",sans-serif'><o:p></o:p></span></li>
    <ul type=disc>
     <li class=MsoNormal style='color:#333333;mso-margin-top-alt:auto;
        mso-margin-bottom-alt:auto;line-height:16.5pt;mso-list:l0 level5 lfo1;
        tab-stops:list 180.0pt'><span style='min-height: 22px;display:inline-block'><span
        class=GramE><span class=content><span style='font-size:10.5pt;
        font-family:宋体;mso-ascii-font-family:Arial;mso-hansi-font-family:Arial;
        mso-bidi-font-family:Arial'>莲师修行</span></span></span><span
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        class=content><span lang=EN-US style='font-size:10.5pt;font-family:
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        style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
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        style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
        mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>、著名的<span
        class=GramE>自生度母像</span>小殿</span></span><span class=content><span
        lang=EN-US style='font-size:10.5pt;font-family:"Arial",sans-serif'>(Dolma
        Lhakhan)</span></span><span class=content><span style='font-size:10.5pt;
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mso-bidi-font-family:Arial'>。<span lang=EN-US
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style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>、<span
class=GramE>莲师修行成就大手印的闭关处阿输惹
<span
class=content><span lang=EN-US style='font-size:10.5pt;font-family:
"Arial",sans-serif'>(Asura)<span
style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>山洞，洞外山壁上有一手印，据说是
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Arial;mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>、其他殊胜的朝拜处
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Arial;mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>（<span

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mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>）、龙树山顶（<span
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"Arial",sans-serif'>2<span
style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
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Arial;mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>（<span
class=content><span lang=EN-US style='font-size:10.5pt;font-family:
"Arial",sans-serif'>3<span
style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>）、帕坦的阿育王古塔
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Arial;mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>（<span
class=content><span lang=EN-US style='font-size:10.5pt;font-family:
"Arial",sans-serif'>4<span
style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>）、<span
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      style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
      mso-hansi-font-family:Arial;mso-bidi-font-family:Arial'>）、还有很多殊胜圣地，请发挥网络的
强大力量寻找攻略吧！</span></span></span><span
      lang=EN-US style='font-family:"Arial",sans-serif'><o:p></o:p></span></li>
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    color:inherit'>https://mubu.com/doc/32huWX3ge0</a></span></span></span><span
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    style='font-size:10.5pt;font-family:宋体;mso-ascii-font-family:Arial;
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</ul>

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