

5th Grade Unit 16 Resource Page

SPEEDWAY

<https://www.youtube.com/watch?v=8jEdlUcns8I>

MIGHTY MILERS

<https://marathonkids.org/pe-running-games/>

TOBACCO AWARENESS

<https://www.youtube.com/watch?v=fF7SNcw7kxQ>

RESOURCES TO USE THROUGHOUT THE YEAR:

[American Heart Association - Jump Rope for Heart](#)

[Brain Breakers](#)

[CATCH](#)

[Choose My Plate](#)

[Elementary PE Games](#)

[Flag House YouTube Channel](#)

[Fuel Up to Play 60](#)

[Go Noodle](#)

[It's Time Texas](#)

[Online Physical Education Network](#)

[PE Central](#)

[PE Central Adapted Page](#)

[PE Universe](#)

[PhysEdGames](#)

[Physical Education Update](#)

[Texas Association for Health, Physical Education, Recreation and Dance \(TAHPERD\)](#)

