



Mediation Basics

Monday, July 21, 2025	
11:00AM-11:30AM	Intros, Goal-setting, Plan for the day
11:30AM-12:00PM	Conflict Overview
12:00-1:00PM	Listening Skills & Reframing
1:00PM-2:00PM	Overview of Mediation <ul style="list-style-type: none"> ● Spectrum of Resolution ● Steps of the Process
2:00-3:00PM	1 hour break
3:00-3:30PM	Pre-Mediation <ul style="list-style-type: none"> ● Gathering Information ● Meeting with Parties
3:30-4:00PM	Opening Statements
4:00PM-5:00PM	Defining Issues & Interests
5:00PM-6:00PM	Mediation Wrap-Up <ul style="list-style-type: none"> ● Developing action plans, agreements & outcomes ● Post Mediation Work
6:00PM	Gehring Mini-Tracks End

**All times shown in the Eastern time zone.*

Mini-Track Facilitators:

Derrick Dixon

Jess Carron