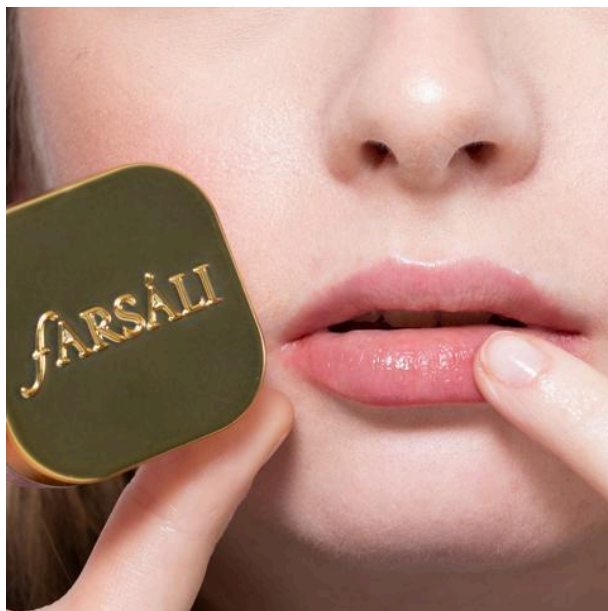


# How To Get Bigger Lips Naturally | Fuller Lip Hacks | Feelunique

For an Insta-worthy pout that'll leave Kylie Jenner taking notes, find out how to get bigger lips, without the filler.

## The no-filler lip tutorial: How to get bigger lips naturally

Demand for fuller lips is on the up, fuelled single-handedly by Instagram. But how can you achieve a fuller pout without going under the needle? If you're wondering how to get bigger lips naturally, you're in the right place for our expert tips.



### Step one: Exfoliate and moisturise

Prep is key when it comes to getting a fuller pout. Exfoliating on and around the area will not only get the blood rushing which will cause your lips to swell and deepen in colour, it will also get rid of dead skin so that your lip makeup goes on smoothly.

We recommend the [Barry M Lip Scrub in Peppermint](#) for some minty freshness and plumpness. It has added Vitamin E and

Olive Oil to help prevent and reverse skin damage and Avocado and Jojoba Oils to soften and hydrate.

### How To:

- Rub all over clean lips and gently massage to exfoliate then rinse off.
- Use morning and night for extra softness.

Once you've exfoliated and rid your lips of any dead skin you need to moisturise for the next stage in achieving a buttery soft pout. The [Farsali Unicorn Lip Antioxidant Lip Mask](#) is perfect as it fills in cracks and imperfections instantly which is great as a

base for any lip makeup. The Goji Berry and Acai in it replenish the Vitamin C in your skin for a plumping effect.

#### **How To:**

- As a mask: Massage a generous layer over your lips before bed for a restorative overnight treatment.
- As a lipstick prep: Apply generously to your lips and allow to absorb for 2-3 minutes. Wipe away any excess product before applying your lip colour.



#### **Step two: Use a plumping product**

Thankfully, you no longer need the needle now plumping products are on the up. There are so many different types available so you can easily achieve a fuller pout without a trip to Harley Street.

The first product is [Fillerina Lips and Mouth Grade 5](#). This may be giving us medical syringe vibes but when used regularly can give similar long lasting effects to that of cosmetics fillers. With a

gel formula, it contains eight hyaluronic acids and three collagens that plump the lips and fill in lines around the mouth.

#### **How To:**

- Apply on both lips and around the mouth
- Wait for 2 minutes to allow to soak in
- Apply your lipstick
- Repeat application of Fillerina 4-5 times during the day

Next is the [Filorga Nutri Filler Lips](#). This 3-in-1 balm oil plumps and brightens to boost the natural colour of your lips. It's great for gloss fans whilst also having the texture of a balm.

**How To:**

- Apply as you would any lip balm, being especially generous with layering the product

Finally we have the [IOMA Lip Lift](#). Another cosmetic filler dupe, this mimics the effects of Hyaluronic Acid injections and reduces the appearance of lines.

**How To:**

- Apply morning and night all over the lips and around the mouth with your fingertips

**Step three: Overline your lips**

A technique used by MUAs and influencers everywhere and made popular by Kylie Jenner, nail your lip liner and you'll have a pout so pillowy, it'll start rumours.

Overlining your lips takes a little time to master but if you use the right products you'll have a fuller-looking lip in no time. There's a reason why Who What Wear have said they're swapping Facetune for the [Charlotte Tillbury Lip Cheat Lip Liner in](#)

[Pillowtalk](#). This one's great for overlining as it's a universal nude which won't have you looking like you have smudged your lippie.

**How To:**

- Make sure the liner is sharp and trace just outside of your natural lip line, graduating the liner in once you get to the outer corners of your mouth
- Fill in with a lipstick or liquid lip one shade lighter than your liner to give the illusion of fullness

- Finish with gloss in the middle of the lips



#### **Step four: Fill in the gap with different shades**

##### [Huda Beauty Power Bullet Matte Lipstick](#)

has a long-lasting formula which works well if you love to wear lipstick everyday. This, combined with its matte finish gives the perfect mix for a nude that'll take you from the office to happy hour and beyond. The nourishing Sweet Almond Oil allows the colour to glide on easily without skipping or dragging. It's also great for your next step in getting a fuller pout as it

has a pointed tip for contouring - the only dilemma you'll have is choosing your favourite from the 20-shade range.

#### **How To:**

- Use the bullet's pointed tip to contour and line the edges of your lips with a darker shade
- Fill lips with a lighter shade using the bullet's flat base, beginning in the centre and smoothing outwards to the corners of your mouth to blend
- Layer up to your desired level of intensity



#### **Step five: My lipgloss be plumping**

For an extra plumping hit use the [Barry M That's Swell XXL Plumping Lip Gloss](#). It stimulates collagen production in your lips and the glossy finish will give you an even fuller look.

**How To:**

- Apply to the centre of your lips alone or over your lipstick for extra dimension