

Who is your avatar?

Dan, 24, works as an accountant, gets little respect from his family and friends. Co-workers make comments about him being overweight. He is lazy and finds himself sapped of energy everytime he comes home.

What is their dream outcome?

His dream outcome is to lose his body fat and have visible abs with a slim waist. He wants to also put on muscle to have a more muscular build. He would be respected by his family and friends and would find himself more energised each day. He would feel proud and confident.

What pains do they experience in their current state? And how do they feel about it?

He gets mocked consistently at work and hates the way he looks. He struggles to walk up the steps and feels uncomfortable all the time for his current size (5'10 95kg).

What roadblocks do they face?

He wants to lose weight but doesn't know the right plan for him and what would work for him. He's tried out the occasional workout and diet, but it never lasted. He lacks guidance and motivation.

What is the solution? - Should be 1 thing

A way for him to lose weight which works and supports his lifestyle. Something he can perform being at home, at breaks at work, or even at the gym.

Subject Line: Fat Loss on Easy Mode...

Fat loss really isn't as hard as you think...

Because when you know the chiselling tactic,

Losing weight becomes a walk in the park.

And can be just as easy as exhaling after a long day at work.

A scientifically proven method that has helped hundreds slim down and tone their abs.

And no, it's not steroids, fasting, or a quick-fix magic pill.

And just another note...

Implementing this tactic allows you to lose weight while still enjoying your favourite foods.

All while formulated to craft chiselled physiques and steel minds.

A tactic **you** could apply in any safe place to start shedding weight.

[Click Here To Discover What This Secret Tactic is](#)