## 9th Grade - Unit 4: Week 5

**SR.1 Identifying strengths:** Students are able to identify their personal strengths and use "positive traits" vocabulary to describe themselves and their personalities.

### **Quick Summary**



Day 1: Students compete in a whole school, class vs. class "Challenge Day."

- In class, students divide themselves into different teams to participate in each different Challenge.
- Teams go to different areas on campus to compete.
- Groups come back together as a class to debrief the Challenge Day

## Time Frame



- One ~60-minute class
  - ~ 15 minutes to set up the Challenge and divide into groups
  - ~ 30 minutes participate in the Challenge events
  - ~ 10 minutes debrief the Challenge

## Materials/Resources



- Critical Thinking Challenge sheet
- Critical Thinking Challenge answer key
- Word-Play Challenge sheet
- Word-Play Challenge answer key
- Tower-Building Challenge sheet
- Physical Endurance Challenge sheet

# Do Before Lesson Print out copies of your specific station's materials for distribution during the Challenge Teacher Modeling No teacher pre-modeling necessary for the Challenge.



#### **Objectives**

• SWBAT determine classmates' strengths to create teams to compete in various Challenge activities.



## Personalized Personalized 9th Grade - Unit 4: Week 5



#### **Key Concepts and Connections**

- Students should help each other create teams based on strengths AND ability to work together to solve a problem.
- Team "leaders" should make sure to hear all teammates to increase the chance of solving various problems effectively.



#### **Student Relevance**

Classes will compete against the other PLT Lab groups.



## **Subject Extensions**

 Any of these Challenges (or those like them) can be used for team-building in other classes.

# Personalized Leadership Training 9th Grade - Unit 4: Week 5

DAY 1:				
Time	Subject	Grouping	Activity	Notes
~ 0:10	Do Now	Whole Class	Students divide themselves into equal-sized teams to compete in the following Challenges against other classes:  • Physical Endurance • Tower Building • Word Play • Critical Thinking	
~ 0:05	"Challenge Day"	Whole Class	Teams transition to their specific competition stations.  Physical Endurance (Pham classroom or outside with Coach Martinez) Tower Building (Yoho classroom with Biros) Word Play (Kosuga classroom) Critical Thinking (Tarca classroom)	
~ 0:05		Challenge Teams	Station runners (staff) go over expectations/directions for their Challenge, and hand out relevant materials	
~ 0:20		Challenge Teams	Challenge Teams have 20 minutes to complete the Challenges, per the directions given	
~0:05		Challenge Teams	Students transition back to their PLT Lab classrooms for debrief.	
~ 0:10	Debrief	Whole Class	Classes debrief the Challenge - each team sharing their results and what their Challenge was.	Competition winners will be announced at morning meeting.