Things to do before, after or during FjordTango 2025

We really love **tango**, but we also love the **fjord**, fresh **air**, **mountain** hikes, and good **local food**. Here are some of our favorites.

Please note that the area is referred to in different ways. The small town where FjordTango is arranged is called “Sandane”. Sandane is located in the municipality of “Gloppen” or “Gloppen Kommune”. Gloppen is one of several municipalities in the wider area referred to as “Nordfjord”. The fjord in Sandane is called the “Gloppen fjord” and is part of the bigger “Nordfjord”.

Go hiking or climb the spectacular mountains..

- Trivselsskogen , Family Activities, Family Fun, Gloppen (nordfjord.no)
- Haugsvarden , Hiking, The Great Outdoors, Gloppen (nordfjord.no)
- Ryssdalshornet, Hiking, Nature Attractions, Gloppen (nordfjord.no)
- Eggenipa - Mountain tour, Hiking, The Great Outdoors (nordfjord.no)

… and then go to the sauna…

- Sauna | Påldtun, Spa, Gloppen (nordfjord.no)
- Sandane Fjordsauna

… or instead of the sauna, have a swim in Trivselsbadet!

- Trivselsbadet, bubbles, fun, wam & cold pool, 500 meters from the venue

Experience the fjord up close..

- Nordfjord Aktiv | Efoil, EMTB, MTB & Hike between the Norway Fjords
- Boat rental, Sailing & Boat Activities, Gloppen (nordfjord.no)
- SEA KAYAKING GUIDED TOUR | Nordfjord Aktiv, Kayak and Canoe

Check out the local history

The Nordfjord Museum of Cultural History offers insight into the regions Hisory. The open Air Museum has 44 historical Buildings. Most of them from the 18th and 19th century. Many of the homes, barns and granaries are furnished, showing different time periods. All the buildings are from villages in the Nordfjord region, and will give you a sense of what life was like here in earlier times.

- Nordfjord Folk Museum, Museums & Galleries

Where the best food comes from..

Do you want to see how the delicious food is made and visit one of the pasture farms that produces goat cheese the old way, like at Kandal Ysteri og Gardsmat in Kandalen? Maybe you will see the small apple tree saplings in the greenhouse that end up producing the best apple cider in Norway at Gardsbrenneriet in Gloppen?

- Gardsbrenneriet , See and Do , Gloppen (nordfjord.no)
- Kandal Ysteri og Gardsmat, Cafés & Diner, Gloppen (nordfjord.no)
- kandalkjott.no – kandalkjott
- Facebook (Matamål – local food Festival. Market day September 21st)
- Facebook (Tystad apple Farm)

Touristmap and more information

- www.gloppen.no/kart/index.html
- https://www.norfjord.no/en/Gloppen

Other recomended attractions in the nearby region

- Visit Nordfjord | Official travel guide

The Via ferrata Loen is a spectacular experience you will never forget. You climb high above the fjord, surrounded by the mountains and the Jostedalsbreen National Park:

- Via Ferrata Loen, Climbing, The Great Outdoors, Loen, Stryn (nordfjord.no)
- Loen Skylift

Other attractions:

- Front page - Sagastad (Viking Ship Museum)
- Haugabreen Glacier Walk, Visit Norway, Hiking, Gloppen (nordfjord.no)
- Norsk Bremuseum & Ulltveit-Moe senter for klimaviten (Glacier Museum)