Myopia Treatment Plan for: *First Name Last Name*
Treatment: Orthokeratology Overnight Contact Lens Therapy and Atropine

Date: _____ Prepared by:

Reason for visit to Treehouse Eyes:

Myopic progression

Relevant examination findings and family history:

1. Progressive Myopia
2. Family eye history
3. Use of digital devices
4. Amount of time spent outdoors
5. Ethnicity
6. Age

Recommendations:

Based on the examination findings, family history and experience with similar cases, First Name is a candidate for myopia treatment. The first goal of treatment will be to reduce future progression of myopia as much as possible thereby possibly reducing First Name's risk of other serious eye diseases later in life (for example glaucoma, retinal detachments and others) often associated with myopia. The second goal will be to reduce the need for stronger vision correction year after year.

Recommended treatment is Orthokeratology Overnight Contact Lens Therapy:

Orthokeratology (OK) treatment uses specially designed contact lenses that act as retainers, to reshape the front surface of the eye (the cornea) to reduce the progression of myopia (nearsightedness). The retainers are only worn at night while sleeping. OK lens therapy also allow for clear, lens-free, vision during the day. Each set of OK lenses are specifically designed with the goal of reducing First Name's rate of progression of myopia.

We anticipate a period of active care of about one month while we fit and optimize the overnight lenses. Missing appointments interferes with progress and will prolong treatment time.

Next steps for Orthokeratology Overnight Contact Lens treatment for myopia management:

After payment is received, we will design and order custom contact lenses. It takes approximately 7 – 10 days to have them made and delivered to our office. At that time, First Name and a parent/guardian will be instructed on how to use and care for them. The care of the lenses is easy and takes about two minutes each night. After demonstrating the ability to insert and remove the lenses, they will be taken home and worn that night. The next morning will be the first follow up visit, which should be scheduled as early in the morning as possible. If possible, First Name should wear the lenses to the office after that first night of wear. Of course, should First Name experience any problems while at home with the lenses, they should be gently removed as instructed during their training visit.

Most of the visual changes occur rapidly over the first few days. As the cornea changes shape and vision improves, we will supply any needed temporary or disposable contact lenses to be worn during those first few days.

The majority of patients achieve excellent uncorrected vision in only a few days. However, since the goal of treatment isn't to necessarily provide uncorrected day time vision, but to reduce the progression of myopia, even after First Name is seeing well, we will continue monitoring several factors of the eyes to ensure they are adapting to the lenses. Most patients are done with this initial follow up care in about three months, although some may take more or less time. When the initial follow up care is completed, the lenses will continue to be used on a nightly basis.

Families should allow 3-5 visits over about a three-month period. While the degree of success in slowing down the rate of myopia is usually good, it cannot be guaranteed. As with most medical treatments, rates of success, (amount of decrease of progression of myopia) vary from one patient to the next.

Fees for treatment:

The fees charged are a total comprehensive fee. The fee is not dependent on the exact number of visits or lenses used. Appointments will be made as often as necessary to accomplish our mutual goal of slowing down the progression of myopia.

If circumstances beyond your or our control prevent you from continuing or completing your treatment, there are certain fees that cannot be refunded. Each case will be determined individually based on the amount of office time and lenses used up to that point. If the fee due exceeds the total of payments made, it is understood that you are responsible to pay the difference even though treatment has been discontinued. If the payments made exceed the fee for services, you will receive the appropriate refund.

Fees for the first two-years of treatment:

Payment Plan - Monthly installments over 24 months
$193 per month for 24 months

This fee includes:

- Two annual comprehensive examinations, consultation, corneal bio-microscopy, corneal topography mapping, retinal imaging and axial length measurements
- As many visits as may be needed for two years to ensure proper eye health and optimal myopia management, including as many visits as necessary for lessons on how to apply, remove and care for the lenses.
- (Minimum of) Two pairs of custom Orthokeratology Lenses, one pair dispensed at each annual visit
- Starter kit of cleaning solution for lenses
- Two lens removers

Fees for successive years of treatment:

Currently $900 per year

- Comprehensive examination, corneal bio-microscopy, corneal topography mapping, retinal imaging and axial length measurements
- As many visits as may be needed to ensure proper eye health and ongoing optimal myopia management
- One pair of custom Orthokeratology Lenses
- Lens cleaning solution kit

This fee does not include:

- Lost, damaged or spare Orthokeratology lenses. Additional or spare retainers are available at a cost of $200 each. It takes about 7 – 10 days to replace a retainer.
- Additional cleaning solutions
- Additional lens removers

Our goal is the best outcome for your child, and our fees are structured with no surprises so there are no extra costs if more visits are needed.

We accept major credit cards, checks, and cash and also offer a convenient financing plan. Our myopia coordinator can provide more details on this financing option.

Treehouse Eyes
MYOPIA CARE FOR KIDS