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<div> <div>✓/✗</div> </div>	<div> <div>  <b>Today's Missions &amp; Strategic Steps To Success</b>  </div> <div> <b>(Tackle each mission, step by step, and track your progress.)</b> </div> </div>
<div>1. ✓</div>	<div> <div>  <b>MISSION:</b> Wake up 6:40 AM         </div> <div>  <b>Strategic Steps:</b> </div> </div>
<div>2. ✗</div>	<div> <div>  <b>MISSION:</b> Sleep 22:40 AM         </div> <div>  <b>Strategic Steps:</b> </div> </div>
<div>3. ✓</div>	<div> <div>  <b>MISSION:</b> Eat daily 3180 cals         </div> <div>  <b>Strategic Steps:</b> Do 2 big meals, one lunch and one dinner         </div> </div>
<div>4. ✓</div>	<div> <div>  <b>MISSION:</b> Drink 3L of water         </div> <div>  <b>Strategic Steps:</b> </div> </div>
<div>5. ✗</div>	<div> <div>  <b>MISSION:</b> Copy work         </div> <div>  <b>Strategic Steps:</b> <ol style="list-style-type: none"> <li>10 min helping student's</li> <li>15 min copy review</li> <li>Research for prospect</li> <li>Search prospects</li> <li>Write outreach</li> <li>Write FV ✗</li> <li>Watch daily power-up call</li> <li>Check announcements channel</li> </ol> </div> </div>
<div>6. ✓</div>	<div> <div>  <b>MISSION:</b> Watch lessons on social media fame         </div> </div>

<div> <div>✓</div> <div>✗</div> </div>	<div> <div>  <b>Today's Missions &amp; Strategic Steps To Success</b>  </div> <div> <b>(Tackle each mission, step by step, and track your progress.)</b> </div> </div>
	<div> <div>  <b>Strategic Steps:</b> </div> </div>
<div>7. ✓</div>	<div> <div>  <b>MISSION:</b> Do 150 push ups         </div> <div>  <b>Strategic Steps:</b> Do 2 sets of 40, 2 sets of 25 and 1 set of 20         </div> </div>
<div>8. ✗</div>	<div> <div>  <b>MISSION:</b> Play 3 blitz chess game         </div> <div>  <b>Strategic Steps:</b> </div> </div>
<div>9. ✓</div>	<div> <div>  <b>MISSION:</b> Practice German for 15 min         </div> <div>  <b>Strategic Steps:</b> </div> </div>
<div>10. ✓</div>	<div> <div>  <b>MISSION:</b> Review the work did in a day and come up with new ideas         </div> <div>  <b>Strategic Steps:</b> </div> </div>
<div>11. ✓</div>	<div> <div>  <b>MISSION:</b> Plan the next day         </div> <div>  <b>Strategic Steps:</b> </div> </div>
<div>12. ✗</div>	<div> <div>  <b>MISSION:</b> Read 10 pages         </div> <div>  <b>Strategic Steps:</b> </div> </div>
<div>13. ✓</div>	<div> <div>  <b>MISSION:</b> Watch daily power up call         </div> <div>  <b>Strategic Steps:</b> </div> </div>

<div>✓/✗</div>	<div>  <b>Today's Missions &amp; Strategic Steps To Success</b>  </div> <div> <b>(Tackle each mission, step by step, and track your progress.)</b> </div>
<div>14. ✗</div>	<div>  <b>MISSION:</b> 15 min stretching         </div> <div>  <b>Strategic Steps:</b> </div>
<div>15. ✓</div>	<div>  <b>MISSION:</b> Boxing         </div> <div>  <b>Strategic Steps:</b> </div>
<div>16. ✓</div>	<div>  <b>MISSION:</b> Send three outreaches         </div> <div>  <b>Strategic Steps:</b> </div>
<div>17. ✓</div>	<div>  <b>MISSION:</b> Review outreach and FV and find ways to improve it         </div> <div>  <b>Strategic Steps:</b> </div>
<div>18. ✓/✗</div>	<div>  <b>MISSION:</b> </div> <div>  <b>Strategic Steps:</b> </div>
<div>19. ✓/✗</div>	<div>  <b>MISSION:</b> </div> <div>  <b>Strategic Steps:</b> </div>
<div>20. ✓/✗</div>	<div>  <b>MISSION:</b> </div> <div>  <b>Strategic Steps:</b> </div>
<div>  </div>	<div> <div> <div>July</div> <div>17</div> </div> <div> <b>Date of Determination</b> </div> <div> <div>July</div> <div>17</div> </div> </div>

Date:	20/11
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## 🔥 Igniting Your Flame - Outshine Yesterday's Blaze 🔥

Yesterday's Overall Benchmark Score to Surpass Today = **13/16**

🙏	🌅 <b>3 Blessings I Cherish This Morning</b> 🙌
1.	I'm healthy
2.	I'm strong
3.	My loved ones are healthy

🎩	🎩 <b>Magic Trio: 3 Priority Missions</b> 🎩 (These are non-negotiable tasks and must be conquered today!)
1.	Outreach
2.	Research for prospect
3.	Training

## 🕒 Hourly Commitments & Reflections 🕒

(Design each hour with intention and reflect upon its journey)

<b>Mission</b> 🏆	<b>Mission: What will I do?</b>
<b>Strategy</b> 🔍	<b>Strategy: How will I do it, step-by-step action?</b>
<b>Reflection</b> ✍️	<b>Reflection: Was the mission accomplished? If not, what stopped me?</b>
<b>Score</b> 🏆	<b>Hourly Score: How did this hour measure up to my standards? Good</b>

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<b>6 AM: Mission</b> 🏆	Wake up and shower
<b>Strategy</b> 🔍	
<b>Reflection</b> ✍️	accomplished
<b>Score</b> 🏆	8/10

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<b>7 AM: Mission</b> 🏆	Get ready for school and go to school
<b>Strategy</b> 🔍	While going to school help students
<b>Reflection</b> ✍️	accomplished
<b>Score</b> 🏆	9/10

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<b>8 AM: Mission</b> 🏆	School
<b>Strategy</b> 🔍	
<b>Reflection</b> ✍️	accomplished
<b>Score</b> 🏆	9/10

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<b>9 AM: Mission</b> 🏆	School
<b>Strategy</b> 🔍	
<b>Reflection</b> ✍️	accomplished
<b>Score</b> 🏆	9/10

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<b>10 AM: Mission</b> 🏆	School
<b>Strategy</b> 🔍	
<b>Reflection</b> ✍️	accomplished
<b>Score</b> 🏆	9/10

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<b>11 AM: Mission</b> 🏆	School
<b>Strategy</b> 🔍	
<b>Reflection</b> ✍️	accomplished
<b>Score</b> 🏆	9/10

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<b>12 PM: Mission</b> 🏆	School
<b>Strategy</b> 🔍	
<b>Reflection</b> ✍️	accomplished
<b>Score</b> 🏆	9/10

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<b>1 PM: Mission</b> 🏆	Get home and eat
<b>Strategy</b> 🔍	While getting home review copy and while cooking practice German
<b>Reflection</b> ✍️	accomplished
<b>Score</b> 🏆	9/10

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<b>2 PM: Mission</b> 🏆	Finish eating and study
<b>Strategy</b> 🔍	
<b>Reflection</b> ✍️	accomplished
<b>Score</b> 🏆	6/10

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<b>3 PM: Mission</b> 🏆	Study
<b>Strategy</b> 🔍	
<b>Reflection</b> ✍️	accomplished
<b>Score</b> 🏆	9/10

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<b>4 PM: Mission</b> 🏆	Write outreach
<b>Strategy</b> 🔍	
<b>Reflection</b> ✍️	accomplished
<b>Score</b> 🏆	9/10

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<b>5 PM: Mission</b> 🏆	Write outreach
<b>Strategy</b> 🔍	
<b>Reflection</b> ✍️	accomplished
<b>Score</b> 🏆	9/10

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<b>6 PM: Mission</b> 🏆	Boxing
<b>Strategy</b> 🔍	
<b>Reflection</b> ✍️	accomplished
<b>Score</b> 🏆	9/10

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<b>7 PM: Mission</b> 🏆	Boxing
<b>Strategy</b> 🔍	
<b>Reflection</b> ✍️	accomplished
<b>Score</b> 🏆	9/10

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<b>8 PM: Mission</b> 🏆	Get home, shower and eat
<b>Strategy</b> 🔍	
<b>Reflection</b> ✍️	no, I didn't eat as I first responded to a prospect
<b>Score</b> 🏆	9/10



<b>9 PM: Mission</b> 🏆	Review the work of the day, plan the next day and get ready to go to sleep
<b>Strategy</b> 🔍	
<b>Reflection</b> ✍️	accomplished
<b>Score</b> 🏆	9/10



# Twilight's Review



## Today's Learnings: Wisdom or lessons learned from the day

Start putting in the work right now so you won't be a 50y old man who tries to get his life together with all the hassle of that age.

Use paradoxes to catch attention and increase curiosity, ex: if I could choose from a lambo and books, I would choose books



## Victories Celebrated: Accomplishments and successes of the day

Sent 3 outreaches



## Stumbles Along the Way: Points of difficulty or mistakes made.



**Tomorrow's Illuminations: Plan how to improve and progress the next day.**

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**Consistencies to Keep: Recognize what worked well and should be repeated.**

Copy work and training

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**Communications: Identifying individuals to connect with.**

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**Pending Missions: Tasks that remain uncompleted**

Going to sleep on time, reading, writing FV, stretching and playing chess games

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**Day's Overall Score: A final assessment of the day's productivity**

15/16

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# Freestyle Thoughts Chamber:

(Let your thoughts flow here. No judgment, no boundaries.)