

## Professional Development Topic Ideas

- **Within Sessions/Appts**
  - Building Community in Appointments/Sessions
  - How to Review Content prior to tutoring appointments effectively
  - Questioning Techniques & Checking for understanding
  - Motivating Students
  - Observe, Connect, Apply
  - Facilitation Strategies (redirecting, wait time, checking for understanding)
  - Online vs In-person tips for navigating appts & sessions
  - Cool Online Resources for Tutoring/SI
  - Time Management
  - Adaptability & Flexibility
  - Active vs Passive Leading
  - Handling multiple students in drop-ins
  - Adult Learning Theory & Learning Styles
  - SMART Goals & Goal-Setting
  - Ways to be creative within sessions/appts
  - Working with students with disabilities
- **Developing Leadership**
  - Leadership Development
  - Being a Mentor/Being Mentored
  - Delivering constructive feedback
  - Tuckman's Theory of Group Development
- **Marketing/Advertising**
  - Tutoring/SI Elevator Pitch: Increasing your attendance/appointment bookings
  - Effective Advertising (tabling, emails, in-class visits, etc.)
  - In-class mock sessions
  - Recruitment
  - Referral Skills (to other resources on campus/online)
  - Marketing & targeting certain student populations
- **Self-care**
  - Stress/Anxiety Relief/Meditation
  - Dealing with Burnout
  - Creating Work/Life Balance
  - Mindfulness Exercises
  - Emergency Preparedness
  - Team Bonding Ideas
  - Virtual vision board
  - General Health & Wellness
- **Conflict Resolution**
  - Handling Change
  - Handling difficult student situations
  - Conflict Resolution in the Workplace
  - Creativity in problem-solving
  - Setting & Maintaining boundaries

## Professional Development Topic Ideas

- **Cultural competency**
  - Equity within Academic Support (Cultural Competency)
    - Understanding one's own biases, prejudices, and experiences of both privilege and marginalization
  - Inclusion in the workplace
  - Cultural Awareness and working with diverse students (race, religion, culture, neurodiversity, gender identity, etc.)
- **Student Growth**
  - Helpful Study Skills/Tips
  - Public Speaking & Anxiety
  - Working with your Grows (Growth Mindset & Goal-Achievement)
  - Procrastination
  - Giving effective presentations
  - Teamwork
- **Entering the Workforce**
  - Building up your Soft Skills
  - Interview Skills/Tips
  - Building a LinkedIn Profile
  - Effective Networking
  - Professionalism in the Workplace
- **Technology**
  - AI in Academic Support
  - AI and Ethics
  - Zoom Tools
- **Communication**
  - Netiquette
  - Writing Effective Email Communication
  - Verbal & Nonverbal Communication
  - Customer Service