

PE and Sport Bulletin







Term 3 – Issue 1 3rd July 2020

Virtual Sports Week 2020

During National School Sports Week between the 22nd-26th June we held our first ever Virtual Sports Week in place of our postponed traditional sports day. The week itself saw 8 Challenges contested between 5 houses where only 1 Winner would emerge!

Altogether it was a truly remarkable week of which we saw many students, staff and parents get active and earn points for their houses! We had over 492 entries which is a fantastic achievement and another step in the right direction for our department.

Congratulations to everyone who took part and a special congratulations to our award winners from the week;

Liam F – Participation Prize Draw £50 JD Sports Award
Plamena P – Contribution to Virtual Sports Week
Megan V – Overall Achievement in Virtual Sports Week
Joshua G – Sportsman of Virtual Sports Week
Florence H – Sportswomen of Virtual Sports Week

A final congratulations must go to Onslow House for taking the victory! Well done everyone! Please find below a selection of images from across the week and more can be found on our twitter and Instagram social media pages!



Virtual Sports Week the Results!



13950 Points



13420 Points



10650 Points



8170 Points



3520 Points



PE Outstanding Effort and Engagement Half-Term 4

Year 7: Ethan S (7A), Daniel T (7E), Jensen C (7D), Jayden H (7D), Tamika M (7O), Annalisa R (7O), Florence H (7D)

Year 8: Alfie A (8E), Joshua G (8O), Hayden C (8D), Leon B (8H), Tyler P (8D), Plamena P (8O), Ashley W (8O)

Year 9: Nathan M (90), Chris O (9D), Calum K (9A), Leo A (9E), Beatrice A (9D), Jacqueline O (90), Reayarna T (9H)

Year 10: Ray T (10D), Tommy B (10D), Spencer H (10A), Millie C (10A), Maddison L (10A), Georgie E-R (10E)



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Term 2 - Issue 2 3rd April 2020

This half-term has been slightly different to say the least. We have witnessed and are witnessing the true resilience that we have each day here at OSA. The current situation has cut short what has been one of the most successful terms in recent times regarding school sport. As stated around this bulletin, students from all years have been successful across a range of sports from county tournaments to interhouse events. Congratulations to the Year 9 Boys claiming the County basketball plate, the Year 8 boys basketball team becoming runners-up in the Year 8 competition and the Year 8 boys football team reaching the district final. Our U15 and U13 girls basketball teams made their competitive debuts and our U15 and U13 girls cricket teams were competitive at the University of Hertfordshire in the Lady Taverners tournament. Year 12 have been running events for Key Stage 3 pupils with more to come when we return. Well done to Radu M for winning the OSA badminton bash! Well done to each and every student who has participated in school sport and physical activity this half-term.

Moving forward and over Easter I hope you and your families are all well and you have become adapted to remote learning. There are tasks for all pupils to complete in regards to physical activity and more closely tasks specific to Key stage 4 and 5. I personally am so glad to see those students staying active by completing their diaries and sharing their #HealthySelfie via Twitter using @OSA_PE. We also have some challenges for you to complete and well done to Jayden H, Casey Z and Mr Bullock himself with the Kick-Ups challenge.

Finally, although the outcome is uncertain at this point I would like to wish all of Year 11 and 13 the very best of luck for the future. We hope to see you come back to support us soon!

Mr Davey (Teacher of PE)

Year 8 Basketball County Plate Runners-Up

The Year 8 boys basketball team qualified for the County Plate Basketball final on the last day of last half-term with their victory vs Richard Hale. The team met Ridgeway in the final hosted at Beaumont school, a team who had already inflicted defeat on the boys this year. Ridgeway went on to take control of the game before a late resurgence by OSA to get back within touching distance. However, it wasn't to be and the Year 8 team finished as runners-up. Congratulations on the season boys!

Year 8 Football District Cup Finalists

The Year 8 boys football team qualified for the district cup final this half term with victory over Yavneh at OSA. Tricky conditions for the semi-final proved to be the reason behind the slow start from both teams in the contest but OSA placed one foot into the semi-final going 2-1 just before half-time. The second half was a spectacle that saw Ariel M grab four goals and OSA book their place in the final with a 5-3 victory. OSA face Monks Walk who they met earlier in the group stage upon our return with a date and venue to be confirmed.

Well done Year 8!





Year 9 Basketball County Plate Champions

Year 9 Basketball County Plate Champions!

This half term our Year 9 team travelled to Sandringham in the County plate final. With some key players missing the boys stood firm and delivered a fine performance to claim the title. After a dominant start OSA took a commanding half time lead however, were pegged back late on. The boys held out for a 58-49 victory claiming their second piece of silverware this year! Well done boys!

Team Right to Left: Mr Russell, Tyler M, Sidney M, Max R, Joseph W, Nathan M, Chris O, Calum K