

EXETER HIGH SCHOOL ATHLETICS

Sports Offered:

Fall Season –	Boys and Girls Cross Country, Field Hockey, Football, Golf, Boys and Girls Soccer, Spirit, Girls Volleyball, Unified Soccer
Winter Season -	Boys and Girls Basketball, Boys and Girls Ice Hockey, Spirit, Swimming and Diving, Boys and Girls Track, Wrestling, Alpine Ski, Gymnastics, Unified Basketball
Spring Season -	Baseball, Boys and Girls Lacrosse, Boys and Girls Tennis, Boys and Girls Track, and Softball

High School Games/Practices are Monday – Saturday. The schedules include commitments during holidays and ALL vacations (Holiday Recess, Winter Vacation, and Spring Vacation)

In order for your son/daughter to be eligible to play a sport as a freshman, please keep in mind the following:

- ♦ A current physical (***see below**) must be on file in the Athletic Office. *Physicals do not get sent from CMS. A new physical must be sent to the EHS Athletic Office that is less than a year old!*
- ♦ Students should be registered with Final Forms for the Fall Sport. Registration for Fall Sports will open mid June. **REGISTRATION PROCESS: A parent/guardian should register on Final Forms:** <https://sausixteen-nh.finalform.com/>. Once registered, the student-athlete will be sent an email to sign forms. Physical can be uploaded on the Final Forms site.
- ♦ *This is the same registration process as CMS.*

Fall Sports Start Dates: **Friday, August 15th – Football**
 Monday, August 18th – All Other Sports

Winter Sports begin in November, Spring Sports begin in March

*Medical Statement

Students shall be ineligible to participate in interscholastic athletics (practices or games) unless there is on file in the school a medical statement provided by a physician (within the meaning of N.H. RSA 329) certifying the student athlete has passed a pre-participation physical examination prior to the beginning of the student athlete's high school athletic career. In every subsequent year, athletes shall have an updated medical history and a physical examination pertinent to their needs, if deemed necessary. Any student athlete significantly ill or injured since the last review shall be re-examined by a physician in order to be eligible to participate in interscholastic athletics.

A medical statement must be completed by a physician or by a qualified non-physician health practitioner under the direct supervision of a physician (within the meaning of NH RSA 329).

****Students entering the 9th grade need a complete physical examination within the preceding 1-year (365 days) prior to the entry of their sport. For the fall sports the date needs to be after August 15th, 2024.***
After the initial physical, a new physical exam with a physician is due 2 years from the original date.

*****Physicals and Registration Must Be Completed by
August 11th*****

If you have any questions, contact the Athletic Department at 775-8406

Athletic Director: Cathy Clermont (cclermont@sau16.org)

Athletic Office: Kristen Morissette (kmorissette@sau16.org)

***Fall Sports Start Dates:** *Friday, August 15th – Football*
 Monday, August 18th – All Other Sports

****Please turn all paperwork in by August 11th****

****Paperwork should be sent to the High School Athletic Department – DO NOT turn in at CMS***

****Physicals need to be turned in to the High School Athletic Department or uploaded in the
Final Forms Portal****

****Physicals should still be sent to the Health Office***

****Students entering the 9th grade need a complete physical examination within the preceding 1-year (365 days)
prior to the entry of their sport. For the fall sports the date needs to be after August 15th, 2024.***

***** Access Sports Physical Clinics – \$5.00 Donation*****

This exam should not replace your annual physical

Check the Access website for dates in July and August - www.accesssportsmed.com

Fall Contact Information ~

Athletic Director: Cathy Clermont	cclermont@sau16.org
Athletic Office: Kristen Morissette	kmorissette@sau16.org
Boys Cross Country: Joe Scascitelli	jscascitelli@necc.mass.edu
Girls Cross Country: Lisa Sloan	lsloan@sau16.org
Field Hockey: Deb Grott	dgrott5@yahoo.com
Football: Bill Ball	bball@sau16.org
Golf: Ira Martin	exeterhsgolf@gmail.com
Boys Soccer: Dan Curran	dcurran@sau16.org
Girls Soccer: Megan Young	myoung@sau16.org
Girls Volleyball: Kate Simmons	ksimmons@sau16.org
Unified Soccer: Kathryn Nichols	knichols1@sau16.org

Summer Camp Dates

Basketball Camp - June 16 - June 20 and June 23 – June 27

Softball Camp – June 16 - June 20

Football Camp - July 27 - July 31 (5:30-7:30pm)

Speed Camp – July 21 – July 24 (6:00-7:30pm)

Baseball Camp – July 21 – July 25

Volleyball Camp – August 4 - August 7

<https://ehs.sau16.org/en-US/athletics-7a2f935a/summer-camps-d35429a8>

If you have any questions, contact the Athletic Department at 775-8406