

400 MCCANNA PKWY, BURLINGTON, WI 53105

(262) 763-0200 EXT 1260

BASD.K12.WI.US/SCHOOLS/HIGH/ACTIVITIES/

RACINE COUNTY VARSITY TRACK & FIELD INVITATIONAL Thursday, May 1st, 2025

To: Athletic Directors and Head Track & Field Coaches

From: Burlington High School Athletic Department

Eric Sulik, Burlington High School Athletic Director

Craig Huelsman, Burlington High School Head Track Coach

Date/Time: Thursday, May 1, 2025

• 3:30 PM - Coaches/Scratch Meeting in the lower-level press box

• 4:00 PM - Field Events • 4:30 PM - Running Events

Admission: \$5.00 for Adults / Students / Children Over 6

Eric Sulik Athletic Director - esulik@basd.k12.wi.us or 262.763.0200 ext. 1258 Meet Manager:

Officials: Jean Goedel, Scott Lindgren, & Eric Lehmann

Tyler Cheney, LAT, Aurora Sports Health Athletic Training:

Entries: Entries will only be accepted online through MileSplit.

Coaches can access online entries directly at wi.milesplit.com or

www.tracksidetiming.com.

The meeting will be the "Racine Co. Invite" on wi.milesplit.com.

All entries must be submitted by Tuesday, April 29th at 8:00 PM

No changes are allowed after this deadline.

Meet information, start lists, and results will be posted at www.tracksidetiming.com

All running events will be timed finals. Entry Limits:

There will be a maximum of two entries per event, with a single relay.

Medals: Awarded to the top 3 finishers in each event.

Meet Scoring: 10-8-6-5-4-3-2-1

Rubberized 8 lane track. Blocks will be provided. Track/Equipment:

Spikes: ¼" exposed Pyramid Spikes allowed. Spikes will be checked at the clerking area! Please do

not abuse this rule. Spikes can be worn in the entire track facility.

Field Events: Each competitor will be given (4) throws or jumps, with any foul counting as an attempt. The

> furthest or highest attempt will count as the winning attempt. Starting heights will be determined by entries by WIAA regulations. All pole vault poles must be checked in at the

pole vault area before warm-ups.



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All field event implements must be weighed before the start of the competition. The Implements:

The weigh-ins will be in the team room under the press box from 2:50 PM-3:25 PM.

Team Camps: Your tent areas can be located in any grassy area, along the perimeter of the complex.

Athletes are not to be in the infield area of the track.

Concessions: A concession stand, sponsored by the Burlington Track & Field program, will be available.

Clerk of Course: The Clerk of Course will be located near the starting line for the 100-meter dash for each

> event, except the 200-meter dash and 300-meter hurdles, which will be held near the starting lines of those events. Please have all of your runners report to the Clerk for their

races. The events will be verbally called.

Other Information: No tape will be allowed on the track or field event areas; only chalk is permitted.

No athletes or coaches will be allowed in the infield. This is a restricted area.

Only exceptions:

• One (1) coach for the high jump per school.

• Burlington coaches/athletes for the hurdle crew and exchange zone judge.

Team packets will contain (5) vouchers that your coaches may redeem at the concession stand

for a 6" Subway sandwich, chips, and a drink.

Restricted Areas: The track infield.

The clerk, of course, checks the start and the finish areas.

Flagged/roped off-field event competition areas

Jury of Appeals - Games Committee:

2 Starters

Eric Sulik - Burlington Head Coach - Waterford Head Coach - Union Grove

Field Event & Relay Zone Responsibilities:

Discus - Case

Shot Put - Burlington

Pole Vault - Union Grove

High Jump - Park

Long Jump - Horlick

Triple Jump - Prairie School

Exchange Zones: Catholic Central - St. Cat's - Waterford 4x100: CC - Waterford - Catholic Central - St. Cat's

4x200: Waterford - Catholic Central

4x400: St. Cat's -



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ORDER OF EVENTS Field Events 4:00 PM

Shot Put (boys, followed by girls)
Discus (girls, followed by boys)

Pole Vault 4:00 start (girls, followed by boys)

High Jump (boys, followed by girls)

Long Jump (Girls open pit from 4:00 pm to 5:00 pm, Boys 5:30 pm to 6:30 pm) Triple Jump (Boys open pit from 4:00 pm to 5:00 pm, Girls 5:30 pm to 6:30 pm)

LONG JUMP/TRIPLE JUMP: Located in the Northside pit. There will be four (4) jumps allowed. It will be conducted in an open-pit format with a one-hour time limit to complete.

HIGH JUMP: Located in the Northside pit. Unlimited approach. Starting height will be determined after entries are submitted.

SHOT PUT: Southwest Corner. Athletes will be arranged in flights. First flight warm-ups start at 3:45. There will be four (4) attempts allowed. Will be conducted in a 1-1-1-1 format.

DISCUS: Southwest Corner. Athletes will be arranged in flights. First flight warm-ups start at 3:45. There will be four (4) attempts allowed. Will be conducted in a 1-1-1-1 format.

POLE VAULT: Located in the South end zone inside the running track. Starting height will be determined after entries are submitted.

Running Events 4:30 PM (All races will be timed finals)

3200 Meter Relay
100/110 Meter Hurdles
100 Meter Dash
1600 Meter Run
800 Meter Relay
400 Meter Dash
400 Meter Relay
300 Meter Low Hurdles
800 Meter Run
200 Meter Dash
3200 Meter Run
1600 Meter Relay

(Girls will run first, followed by the boys).