



بسم الله الرحمن الرحيم

Medical Students' International Network – Sudan (MedSIN-Sudan)
Khartoum Medical Students' Association (KMSA)



Activity Proposal

[From Harm to Hope: Fighting FGM] Proposal

- **Name of the official:** Rawan Abdelazim
- **Position:** LORA 2024/25
- **Date of submission:** 17/04/2025

1/Activity Title:

From Harm to Hope: Fighting FGM

2/Proposed Timeline:

Expected Timeline	Stage of the activity [Action]
Saturday 26th of April	opening the call for participants
Monday 28th of April at 11:59 PM	Participants selection
Tuesday 29th of April	Session: From Harm to Hope

3/ Problem Statement:

Female Genital Mutilation (FGM) remains a deeply rooted cultural practice in Sudan, affecting a significant portion of the female population. Despite legislative measures and growing international and local advocacy, recent data indicates that 86.6% of women in Sudan have undergone FGM and women aged 15–49 in Sudan have undergone some form of FGM (UNICEF). This harmful practice continues to persist due to social pressure and especially during the current situation and the displacement in our country. Within the student population and broader youth community in Sudan, there exists a concerning lack of awareness regarding the severe health consequences and human rights violations associated with FGM. These consequences range from immediate complications like severe pain, bleeding, and infection, to long-term effects such as chronic reproductive health issues, psychological trauma, and increased maternal and infant



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mortality rates. The need for this SCORA session is urgent, as medical students and young people are not only future healthcare providers but also key agents of change in shifting harmful societal norms. By equipping them with evidence-based knowledge, empathy-driven approaches, and advocacy tools, we aim to foster a generation that actively works towards the eradication of FGM in Sudan. Through this activity, we hope to fill the gap in knowledge and empower youth to challenge harmful practices within their communities, support survivors, and promote reproductive health and rights in alignment with national and international human rights frameworks.

3/ Activity Description:

It is a local activity consisting of one session (two hours) and will be conducted online via Google Meet. It is scheduled for Tuesday 29 April at 09:00 PM Sudan Time .

4/ Goals and Objectives:

- **Goal 1: To raise awareness about Female Genital mutilation**
 - **Objective 1.1:** By the end of the activity, 70% of participants will be able to define FGM and identify its different types.
 - **Objective 1.2:** By the end of the activity, 70% of participants will be able to list one/two of the long term and short term health consequences of FGM, ranging from physical, psychological, and reproductive impacts.
- **Goal 2: To equip future healthcare professionals with the skills needed to approach FGM with empathy, professionalism and cultural sensitivity.**
 - **Objective 2.1:** By the end of the activity, 70% of participants will be able to approach FGM with empathy, professionalism and cultural sensitivity.
 - **Objective 2.2:** By the end of the activity, 70% of participants will be able to discuss the role of healthcare professionals in managing FGM-related complications and offering non-judgmental care to affected women and girls.



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5/ Methodology:

The call for participants will open on Saturday 26th, April and close on Monday 28th, April. The participants will be selected and the pre evaluation form will be sent on Tuesday 29th, April. The session will take place on google meet on Tuesday 29th April at 09:00 PM.

6/ Expected Outcomes:

- To empower medical students to advocate for the health and rights of women and girls through community engagement and education.
- Collaborate in small groups to brainstorm actionable ideas for awareness campaigns or outreach projects tailored for local communities.

7/ Facilitators/Speakers:

Name	Position/ Previous experience
Aya Mohammed Hassan Mohammed	KMSA LORA First GA 2024/25 MedSIN_Sudan National SRHR Facilitator
Rawan Abdelazim	KMSA LORA (Backup Facilitator)

8/ Expected Number of Participants:

-15 to 20 participants



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9/ Monitoring and Evaluation:

-Pre and post evaluation forms and the interactions with participants during the session

10/ External Collaborations:

- N/A

11/ Budget:

- N/A

12/ Additional Needed Resources:

- N/A

13/Organizing Committee:

SCORA LT:

- Rawan Abdelazim (LORA)
- Aya Mohammed Hassan (LORA First GA)

14/Expected Obstacles:

- Low Number of Participants: Proper promotion for the activity , send the call directly for the target members and deadline extension if necessary
- Low attendance: Send the blacklist regulation for members after their selection.
- Low response to the pre and post evaluation forms: Writing pre and post evaluation forms in a beneficial and interesting way.

15/ Notes, comments, recommendations:

- N/A