



## AYSO in Davis COVID-19 Return-to-Play Guidance (as of August 25, 2022)



### **Introduction**

AYSO in Davis will abide by the following return-to-play guidance for players who:

- (a) have symptoms of COVID-19;
- (b) have been in “close contact” with someone who tested positive for COVID-19;
- (c) live with a household member who has tested positive for COVID-19; and/or
- (d) test positive for COVID-19.

**Parents should immediately notify the player’s coach if:**

- (a) the player is experiencing COVID-19 symptoms;
- (b) the player has been notified they were in “close contact” with a person who tested positive for COVID-19;
- (c) a household member has tested positive for COVID-19; and/or
- (d) the player has tested positive for COVID-19.

**Coaches will fill out [this form](#) for all players who:**

- (a) test positive for COVID-19; and/or
- (b) live with a household member testing positive for COVID-19.

Coaches should ask permission from the affected family and, if granted permission, notify the team of the positive test through TeamSnap or another communications channel. If the family is not comfortable with your sharing their player’s name, please communicate that “a member of the team” has tested positive.

**Coaches will instruct the participant to follow the guidelines below but not fill out the form:**

- (a) for all participants who report non-household “close contacts”; and/or
- (b) for all participants who have COVID-like symptoms but do not test positive or have a household member who tests positive.

*If coaches or parents have any questions or need any support in articulating or enforcing these policies, they should contact the Club Administrator or the AYSO Safety Director.*

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### KEY DEFINITIONS USED IN THIS DOCUMENT

Situation	Definition
Fully Vaccinated (definition)	<p>A person is considered fully vaccinated:</p> <ul style="list-style-type: none"><li>• 2 weeks after receiving the second dose in a 2-dose series, such as the Pfizer or Moderna vaccines, OR</li><li>• 2 weeks after receiving a single-dose vaccine, such as Johnson &amp; Johnson's Janssen vaccine</li><li>• If moderately or severely immunocompromised, a third vaccine dose is also needed</li></ul> <p><b>Participants who do not meet these requirements, regardless of age, are NOT fully vaccinated.</b></p>
Close contact (definition)	<p>Participants are defined as being in "close contact" if they were less than 6 feet from someone who tested positive for COVID-19 for 15 minutes or more over a 24-hour period. This contact happened within 48 hours of when that person became symptomatic or (if asymptomatic) tested positive.</p>
Diagnostic Testing	<p>Either a PCR or antigen test is acceptable; however, it is <b>recommended that persons use an antigen test for ending isolation</b>. Exposed persons who were infected with COVID-19 within 90 days prior to their current exposure should also use an antigen test.</p>

### USEFUL RESOURCES

- [California Department of Public Health COVID-19 Public Health Guidance for K–12 Schools \(Updated June 30, 2022\)](https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/K-12-Guidance-2022-23-School-Year.aspx)  
(<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/K-12-Guidance-2022-23-School-Year.aspx>)
- [Yolo County Department of Health COVID-19 Guidance](https://www.yolocounty.org/government/general-government-departments/health-human-services/adults/communicable-disease-investigation-and-control/covid-19)  
(<https://www.yolocounty.org/government/general-government-departments/health-human-services/adults/communicable-disease-investigation-and-control/covid-19>)
- [Yolo County COVID-19 Decision Tree](https://experience.arcgis.com/experience/304c39761adf4d16ba1e82c5493368b5) (<https://experience.arcgis.com/experience/304c39761adf4d16ba1e82c5493368b5>)
- [Davis Joint Unified School District COVID-19 Guidance](https://www.djUSD.net/covid-19) (<https://www.djUSD.net/covid-19>)

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### RETURN-TO-PLAY AFTER “CLOSE CONTACT” WITH A PERSON WHO HAS TESTED POSITIVE FOR COVID-19

Situation	Participant is FULLY vaccinated...	Participant is NOT fully vaccinated...
Participant had been in “close contact” with someone who tested positive for COVID-19 as defined above.  <b><i>Day 0 is the last day the participant had “close contact” with COVID-19 positive person.</i></b>	<b><i>If testing is done:</i></b> The participant can continue to play if they have no symptoms and take a COVID-19 test immediately and again on <u>Day 5</u> . Negative test results are required to attend soccer activities. Participant should wear a mask at all soccer sessions <u>through Day 10</u> . <b><i>If no testing is done:</i></b> Follow guidelines as if participant is NOT fully vaccinated (see column to the right).	<b><i>If testing is done:</i></b> The participant should quarantine and not attend any soccer activities. On <u>Day 5</u> , the participant should take a COVID-19 test. If COVID-19 test from Day 5 is negative and the participant remains asymptomatic, they may go back to soccer on <u>Day 6</u> . Participant should wear a mask at all soccer sessions <u>through Day 10</u> . <b><i>If no testing is done:</i></b> The participant will quarantine and not attend any soccer activities. On <u>Day 11</u> , the participant may resume soccer, as long as the participant remains asymptomatic.
A household member of the participant (someone with whom the participant is living) tests positive for COVID-19.  <b><i>Day 0 for the participant is the last day of the household member’s isolation period.</i></b>	<b><i>If testing is done:</i></b> The participant can continue to play if they have no symptoms and take COVID-19 tests immediately and repeat <u>at least twice weekly</u> (testing at least 3 days apart) through the household member’s isolation period and <u>through participant’s Day 5</u> . Negative test results are required to attend soccer activities. Participant should wear a mask at all soccer sessions <u>through Day 10</u> . <b><i>If no testing is done:</i></b> Follow guidelines as if participant is NOT fully vaccinated (see column to the right).	The participant should quarantine for the duration of the household member’s isolation period, plus an additional quarantine period, per below. <b>Note: Last day of household member’s isolation is participant’s Day 0.</b> <b><i>If testing is done:</i></b> On participant’s <u>Day 5</u> , the participant should take a COVID-19 test. If COVID-19 test from Day 5 is negative, and the participant remains asymptomatic, they may go back to soccer on <u>Day 6</u> . Participant should wear a mask at all soccer sessions <u>through Day 10</u> . <b><i>If no testing is done:</i></b> The participant will quarantine and not attend any soccer activities. On <u>Day 11</u> , the participant may resume soccer, as long as the participant remains asymptomatic.
A household member of the participant has been in “close contact” with someone who tested positive for COVID-19. The participant themselves has not been directly in “close contact” with anyone who tested positive for COVID-19.	If the participant has no symptoms, the participant can continue to play.	

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## AYSO in Davis COVID-19 Return-to-Play Guidance (as of August 25, 2022)



### RETURN-TO-PLAY AFTER A POSITIVE COVID-19 TEST AND/OR EXPERIENCING COVID-19 SYMPTOMS

Situation	Participant is FULLY vaccinated...	Participant is NOT fully vaccinated...
Participant has COVID-19 symptoms	Participant should <b>not</b> attend soccer activities while they have COVID-19 symptoms. In the case of symptoms from allergies, the participant or guardian should present to the coach a clearance letter from their doctor that states, "This patient has ongoing symptoms that have been evaluated and determined not to be due to COVID-19. They are cleared to participate in activities that follow state and county health guidance related to COVID-19."	
Participant tested positive for COVID-19 (with or without COVID-19 symptoms)  <b><i>Day 0 is the day of the participant's positive test or onset of symptoms, whichever came first.</i></b>	The participant should quarantine and not attend any soccer activities. On <u>Day 5</u> , the participant should take a COVID-19 test. If COVID-19 test from Day 5 is negative, and the participant remains asymptomatic, they may go back to soccer on <u>Day 6</u> if: (1) the participant has had no fever for 24 hours (without the use of fever-reducing medications) and (2) the participant's other symptoms are improving. Participant should wear a mask at all soccer sessions <u>through Day 10</u> .  <b><i>If no testing is done:</i></b> The participant will quarantine and not attend any soccer activities for 10 days. On <u>Day 11</u> , the participant may resume soccer, as long as the participant has been fever-free for 24 hours without the use of fever-reducing medications and remains asymptomatic.	
Participant had symptoms of COVID-19 but does not currently have symptoms  <b><i>Day 0 is the day of the onset of symptoms.</i></b>	<b><i>If testing is done:</i></b> On <u>Day 0</u> , the participant should take a COVID-19 test. If COVID-19 test from Day 0 is negative, the participant has had no fever for 24 hours (without the use of fever-reducing medications) and the participant has no other COVID-19 symptoms, they may go back to soccer on <u>Day 1</u> . They should take a COVID-19 test again on <u>Day 5</u> . Participant should wear a mask at all soccer sessions <u>through Day 10</u> .  <b><i>If no testing is done:</i></b> The participant will quarantine and not attend any soccer activities. On <u>Day 11</u> , the participant may resume soccer, as long as the participant remains asymptomatic.	<b><i>If testing is done:</i></b> The participant should quarantine and not attend any soccer activities. On <u>Day 5</u> , the participant should take a COVID-19 test. If COVID-19 test from Day 5 is negative, the participant has had no fever for 24 hours (without the use of fever-reducing medications) and the participant has no other COVID-19 symptoms, they may go back to soccer on <u>Day 6</u> . Participant should wear a mask at all soccer sessions <u>through Day 10</u> .  <b><i>If no testing is done:</i></b> The participant will quarantine and not attend any soccer activities. On <u>Day 11</u> , the participant may resume soccer, as long as the participant remains asymptomatic.

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#### GENERAL QUESTIONS ON RETURN-TO-PLAY SITUATIONS

Situation	Guidance on Return-to-Play
Participant had a positive COVID-19 test but a follow-up COVID-19 test was negative.	Once a participant has had a positive COVID-19 test, AYSO cannot change guidance based on subsequent negative COVID-19 tests. The participant should follow the guidance above related to return-to-play for participants who test positive for COVID-19.
Participant was masked during the period of “close contact” (defined above) with someone who tested positive for COVID-19.	Except for Healthcare Providers (see below), being masked during the period of “close contact” does not change the guidance. The participant should follow the guidance above related to return-to-play for participants who have had “close contact” with someone who tested positive for COVID-19.
Participant who experienced “close contact” (defined above) with someone who tested positive for COVID-19 is a Healthcare Provider.	Healthcare Providers can participate, even if working with COVID-19 positive patients, provided they fully comply with proper Personal Protective Equipment (PPE) protocols. If there is a concern for an actual exposure at work or elsewhere (e.g., not fully protected with proper PPE, they become symptomatic, an employer requires diagnostic testing, time-off due to possible exposure), then the Healthcare Provider should follow the standard return-to-play protocols above.

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