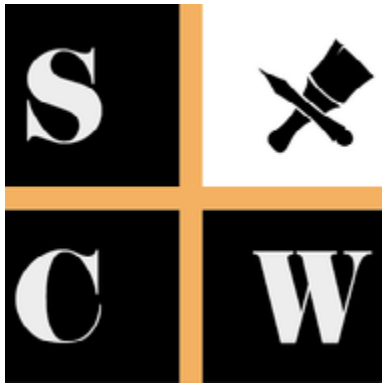




DOMINICAN
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Presenter Salmaa Hussain

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Group

Discipline Psychology

Faculty Mentor Veronica Fruht

Presentation Type Poster

Abstract

Warm parenting and having higher quality parent-adolescent relationships have shown to be significant factors in adolescent development (Chen et al., 2019; Manders et al., 2006). Studying this parent-adolescent dynamic is necessary in predicting adolescent outcomes as well as in developing early intervention strategies on problematic development. It was found that those who report higher levels of parental warmth during adolescence exhibit more continuous and positive well-being and better functioning as adults (Chen et al., 2019). Further evidence has also suggested that lower quality parent-adolescent relationships result in more problematic adolescent development, lower competence, and lower overall well-being into adulthood (Schofield et al., 2012). The goal of the present study is to determine the effect of parental warmth in adolescence and the parent-adolescent relationship on adult levels of well-being. This study included a sample of approximately 90 participants, recruited from a private institution in Northern California and via social media. Participants were asked to complete a survey consisting of the Relational Support Inventory (RSI; Scholte et al., 2001), the Parent-Adolescent Communication Scale (PAC; Olson et al., 1983), the Positive and Negative Affect Schedule (PANAS; Watson et al., 1988), Ryff's Psychological Well-being Scale (Ryff, 1989), and Keyes' Social Well-being Scale (Keyes, 1998). This study is expected to show the effects that parental warmth in adolescence has on well-being in adulthood, with a mediated effect of the quality of the parent-adolescent relationship. Warmer parents are expected to have higher quality relationships with their children, promoting overall higher levels of well-being in adulthood. This research will give further insight into the deeper effects that parenting has on adolescent development. Better understanding the relationship between these variables can help parents raise adolescents who flourish later in life.