

How Long Does it Take?

Lesson 1: How Long Does it Take?

Language Skills and Strategies in focus: Listening & Speaking

Age & Level: High school juniors and seniors, Level B1

Length of Lesson: about 90 Minutes

Materials Needed:

- Vocabulary List ([Appendix A](#)) (Enough copies for every student to have one)
- Life Plans Comic ([Appendix B](#)) (Projected, or enough copies for each small group to have one)
- Pre-Activity discussion questions ([Appendix C](#)) (Projected, or enough copies for each small group to have one)
- Link to Youtube video: “How Long Does It Take To Get Pregnant After Sex” by Planned Parenthood (1 min 48 seconds) ([Appendix F](#))
- Pregnancy Calendar ([Appendix D](#)) (Enough copies for every student to have one)
- Pregnancy Calendar ANSWER KEY ([Appendix E](#)) (Projected, or for teacher reference during class discussion)
- Colored pencils or crayons in the colors: red, orange, yellow, green, and blue
- Transcript of video with one paragraph circled ([Appendix G](#)) (enough copies for every small group to have one)
- Post-Activity discussion questions ([Appendix H](#)) (Projected, or enough copies for each small group to have one)

Learning Objectives (3-5)

1. SWBAT form sentences using pregnancy vocabulary.
2. SWBAT sequence the events leading to pregnancy.
3. SWBAT defend the importance of knowing how long it takes to get pregnant.
4. SWBAT formulate questions using reproductive health vocabulary and pose them to the classroom, and also to answer questions posed by other students.
5. SWBAT participate in small group and class discussions asserting their opinions about people’s reproductive health.

PROCEDURES:

Phase & Time	Procedures	LO's Targeted
Setup and Introduction Time: 5 - 10 minutes	Topic: People's reproductive health. 1. Have students form their small groups, it is recommended they keep their small groups the same throughout the entire unit. 2. You may want to make it clear that the students will be required to do a final oral presentation assessment with their small group at the end of the unit as a whole. a. You may choose to assign lessons to groups now, or wait until after all lessons have been taught. 3. You may also want to take time to preface the class with some terminology used throughout this lesson such as "people's reproductive health", as well as explain that some of the videos and topics discussed may be graphic (however with illustrations and not footage or photos) and will require a good level of maturity from the class.	
Presentation & Listening Activity Time: 45 minutes	Topic: How Long Does it Take to Get Pregnant? 1. Pre-Listening a. Distribute Vocabulary sheets (Appendix A) b. Read each word slowly, have students repeat it, and then read the definition as they look at their vocabulary sheet. c. Project the comic (Appendix B) onto the screen d. Have the students turn to a partner and discuss what they think is happening in the comic for 3-5 minutes e. Have students share with the class what they talked about f. Project the pre-discussion questions (Appendix C) on the screen and have students turn back to their partner and talk about them g. Have students share with the class what they talked about 2. While-Listening a. Hand a calendar (Appendix D) to each student b. Play the video (Appendix F) once to let students get familiar with the order of events c. Play the video again to let students fill out the calendar i. They will mark what happens on the day it happens, following the assumption that sex happened on Tuesday the 3rd (pre-marked on the calendar). They will use colored pencils or crayons for that, drawing lines	1-4

	that span the amount of days mentioned in the video. d. After the video part is over (c), have students compare their calendars with a partner or in a small group e. Fill out a calendar together as a class, either on the computer (projected) or printed out to hang in the classroom 3. Post-Listening a. Assign each small group (same groups as before) a section of the printed text (Appendix G)—by circling a passage on the printed text and handing it to each group. b. Each group will discuss the section and come up with one question about that section for the classroom; a member of the group will write the question down. c. When all groups are finished, a representative for each group will read their question out loud. d. Students in the classroom will raise their hand to reply, and you will facilitate the process & help with answers as needed.	
Practice Time: 30 minutes	Practice: 1. Project the post-activity discussion questions (Appendix H) on the screen 2. Have the students turn to their partner or small group and discuss the questions 3. Let the students talk for 10 minutes a. During this time, you should assess whether the students are being able to answer the questions and whether they understand the importance of knowing how long it takes to get pregnant after sex. 4. Have the groups share what they talked about with the whole class, for 5-10 minutes 5. Facilitate a class discussion around the bolded questions in (Appendix H) for 10 minutes, or as long as time permits.	1,3,5
Assessment Time: (within the practice time above)	Assessment: 1. Assessment takes place during the class and small group discussions that occur during the practice time (above). 2. You should listen to the small group and class discussion to make sure objectives are achieved.	

Wrap Up and Application (Connections) Time: (within the practice time above)	Application: 1. Application also takes place during the post-listening discussion (practice), in the form of the bolded questions (Appendix H). Students are expected to understand the importance of knowing how long it takes to get pregnant, the consequences of having sex without a contraceptive plan, and the window of time within which those consequences can be rectified.	
References: Scott Thornbury's <i>How to Teach Speaking</i> (Pearson); JJ Wilson's <i>How to Teach Listening</i> (Pearson); plannedparenthood.org Options: The video may be graphic for some students and cultures (though with illustrations and not footage or photographs), so feel free to offer the option of not watching the video—students can listen to it instead. Depending on the level of the students, you can pause after each event described in the video to let students know they should be writing and to give them time to finish writing.		

Appendix A- VOCABULARY:

Technical terms:

Pregnancy: period during which a child is forming in the mother's belly.

Sperm: the male reproductive cell

Egg: the female reproductive cell

Vagina: female sex organ

Penis: male sex organ

Ejaculate: to eject semen

Semen: male reproductive fluid

Vulva: female external sex organ part

Uterus: womb, location where the baby forms

Cervix: narrow passage forming the lower end of the uterus.

Fallopian tubes: tubes for the eggs to go from ovaries to the uterus.

Release: set free

Ovulation: release of an egg

Fertilization: when egg combines with sperm

Lining of the uterus: inside wall of the uterus

Implantation: when the egg attaches to the lining of the uterus

Prevent / prevention: stop from happening

Contraception: prevention of pregnancy

Morning after pill: popular name of a medication or pill to stop pregnancy

Idiomatic expressions:

Not nearly as quickly as: not fast like

Lots of: a lot of, many, or much

Break it down: describe in detail

We're talking another few days: we mean it takes a few more days

Pretty cool: very nice

Kind of like: almost in the same way

Intermediate Grammar items:

Present perfect: Once you've had, or once you have had (if you have had).

Appendix B- Life Plans Comic

Life Plans

MOVIE IS OVER...



LET'S GO IN!



IN THE BEDROOM...



Appendix C- Pre-Activity Discussion Questions

1. What do you know about pregnancy?
2. How long do you think it takes to get pregnant?
3. What do you know about the process of becoming pregnant?

Appendix D- CALENDAR FOR PREGNANCY AFTER SEX.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 Unprotected SEX	4	5 Ovulation begins	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Calendar Activity Word Bank:

CAN GET PREGNANT

SPERM LIVES

EGG MOVES TOWARD UTERUS

EMERGENCY CONTRACEPTION

PREGNANCY OFFICIALLY BEGINS

Appendix E - ANSWER KEY- How long does it take to get pregnant after sex?

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 Unprotected SEX SPERM LIVES EMERGENCY CONTRACEPTION	4 SPERM LIVES EGG MOVES TOWARD UTERUS EMERGENCY CONTRACEPTION	5 Ovulation Begins CAN GET PREGNANT SPERM LIVES EGG MOVES TOWARD UTERUS EMERGENCY CONTRACEPTION	6 CAN GET PREGNANT SPERM LIVES EGG MOVES TOWARD UTERUS EMERGENCY CONTRACEPTION	7 CAN GET PREGNANT SPERM LIVES EGG MOVES TOWARD UTERUS EMERGENCY CONTRACEPTION
8 CAN GET PREGNANT SPERM LIVES EGG MOVES TOWARD UTERUS EMERGENCY CONTRACEPTION	9 CAN GET PREGNANT SPERM LIVES EGG MOVES TOWARD UTERUS	10 CAN GET PREGNANT EGG MOVES TOWARD UTERUS PREGNANCY OFFICIALLY BEGINS	11 CAN GET PREGNANT PREGNANCY OFFICIALLY BEGINS	12 CAN GET PREGNANT	13 CAN GET PREGNANT	14 CAN GET PREGNANT
15 CAN GET PREGNANT	16 CAN GET PREGNANT	17 CAN GET PREGNANT	18 CAN GET PREGNANT	19 CAN GET PREGNANT	20 CAN GET PREGNANT	21 CAN GET PREGNANT
22 CAN GET PREGNANT	23 CAN GET PREGNANT	24 CAN GET PREGNANT	25	26	27	28
29	30	31				
Calendar Activity Word Bank:						
CAN GET PREGNANT			SPERM LIVES			
EGG MOVES TOWARD UTERUS			EMERGENCY CONTRACEPTION			
PREGNANCY OFFICIALLY BEGINS						

Appendix F- YouTube video:

How long does it take to get pregnant after sex? | Planned Parenthood Video
May 19, 2021 - <https://youtu.be/B8j1lsW7IWQ>

Appendix G- Transcript of Video:

How long does it take to get pregnant after sex? | Planned Parenthood Video
May 19, 2021

Someone asked us: How long does it take for pregnancy to happen after sex?

Pregnancy doesn't happen nearly as quickly as lots of people think. Once you've had sex, it can take up to two (2) to three (3) weeks to get pregnant. So, let's break it down.

For pregnancy to happen, sperm has to meet up with an egg. So first, sperm has to get into your vagina. This usually happens when a penis ejaculates into your vagina during vaginal sex. It can also happen if semen gets on your vulva and makes its way into your vagina. Those sperm still have a long way to go.

But sex is just one part of the pregnancy journey.

For the next several days, sperm will swim through your vagina, then through your cervix and uterus and into your fallopian tubes looking for an egg.

After sex, sperm can live in your body for up to six (6) days waiting for an egg to be released. The release of an egg is called ovulation. If sperm joins with an egg, it's called fertilization.

The fertilized egg starts growing and moving toward the uterus, a trip that takes about a week. Once it gets there, if that egg attaches to the lining of your uterus, and we're talking another few days or so, it's called implantation. That, my friend, is when pregnancy officially begins.

If you have unprotected sex and want to prevent pregnancy, emergency contraception like the morning after pill is a great option. Morning after pills temporarily stop your ovary from releasing an egg. Pretty cool, right? It's kind of like pulling the emergency brake on the egg's journey.

You can use emergency contraception up to five (5) days after unprotected sex.

Want to learn more? Check out [plannedparenthood.org](https://www.plannedparenthood.org).

Appendix H- Post-Activity Discussion Questions

1. What do you know about pregnancy?
2. How long does it take to get pregnant?
3. **Why is it important to know this information?**
4. **Not knowing this information would lead to what consequences?**
5. **Why do you think we had to learn this before we move on to a larger discussion about people's reproductive health?**
6. What did you learn about the process of becoming pregnant?
7. What was the most interesting or surprising thing you learned from the video?