



ELK LAKE WARRIORS *ATHLETICS*

CHARACTER. DISCIPLINE. EXCELLENCE

Getting Started with SportsYou

To help streamline communication between coaches, athletes, and parents, Elk Lake Athletics uses the **SportsYou app**. This free app allows parents to stay up to date on practice schedules, game changes, team announcements, and more.

What is SportsYou?

SportsYou is a communication platform designed for teams. It allows coaches to send messages, post schedules, share documents, photos and manage events—all in one place. Parents can view updates and receive real-time notifications.

How to Set Up Your Account

1. **Download the App**
 - Search for **SportsYou** on the App Store (iOS) or Google Play (Android), or visit sportsyou.com on a browser.
2. **Create an Account**
 - Tap “Sign Up.” You can register with an email address or phone number.
 - Fill in your name and create a password.
 - Choose the role of **Parent** when prompted.
3. **Join Your Child’s Team**
 - You’ll need a **Team Access Code** from your child’s coach.
 - Once logged in, tap “Join a Team” and enter the code.
 - The team will appear in your dashboard once joined.

Tips for Parents

- **Turn on notifications** so you never miss a schedule change or important message.
- **Add events to your calendar** directly from the app.
- Each team has its own group; if your child plays multiple sports, you may join more than one team.

For more detailed support, visit the official help site: <https://help.sportsyou.com/en/>

If you have not received your team's access code, please contact your coach or the athletic director.