



# **Grafton Midview**



## **Coach's Corner**

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| <b>Important Information and Dates</b>                                                                                                                                                                                                                                                                                                                    | <b>Next Board Meeting : 4//2025 @7:00PM</b><br><b>Location: Our Lady Queen of Peace Church Hall</b><br><b>Coaches Meeting TBD</b><br><b>Location: Our Lady Queen of Peace Church Hall</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
| <b>Personnel Director Updates and Head Umpire Updates</b>                                                                                                                                                                                                                                                                                                 | <b><u><a href="#">Terry Powell Personnel Director UPDATE March 2025</a></u></b><br><b><u><a href="#">Update from Austin Teehan</a> 2024</u></b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| <b><u>Contact Information:</u></b><br><br><b><u>Personnel Director</u></b><br><b>Terry Powell</b><br><b>440-452-6535</b><br><b><u><a href="mailto:terryp16@yahoo.com">terryp16@yahoo.com</a></u></b><br><br><b><u>President</u></b><br><b>Steph Rivera</b><br><b>440-315-3514</b><br><b><u><a href="mailto:srivera@ofcs.net">srivera@ofcs.net</a></u></b> | <b><u>GMHS Coaches Important Contacts:</u></b><br><br>Brush Fields - Matt Luttmann 440-452-7090<br><b><u><a href="mailto:mluttmann67@gmail.com">mluttmann67@gmail.com</a></u></b><br>Reservoir Fields - Jim Clark 440-452-2780<br><b><u><a href="mailto:Jeclark4202@Yahoo.com">Jeclark4202@Yahoo.com</a></u></b><br>Belden Fields - Bob Beckham (216)645-6774<br><b><u><a href="mailto:bbeckham@windstream.net">bbeckham@windstream.net</a></u></b><br>Equipment Manager - Sam Mariner (440)387-1082<br><b><u><a href="mailto:graffonmidviewhotstove@gmail.com">graffonmidviewhotstove@gmail.com</a></u></b><br>Head Umpire - Austin Teehan 440-241-8806<br><b><u><a href="mailto:aust_tee@yahoo.com">aust_tee@yahoo.com</a></u></b><br>Treasurer - Cara Stevens 440-409-2036 ( <b><u><a href="mailto:cjcontris@gmail.com">cjcontris@gmail.com</a></u></b> )<br>Vice President Adam Murawski ( <b><u><a href="mailto:amurawski3.am@gmail.com">amurawski3.am@gmail.com</a></u></b> ) |
| <b>Insurance Form For Gym Rental we Is :</b>                                                                                                                                                                                                                                                                                                              | <b><u><a href="#">Insurance Certificate Located Here</a></u></b><br><b><u><a href="https://photos.app.goo.gl/Mf3Aae8UZDjaJzPU6">https://photos.app.goo.gl/Mf3Aae8UZDjaJzPU6</a></u></b><br><b><u><a href="#">Hot Stove Insurance Here :</a></u></b><br><b><u><a href="https://photos.app.goo.gl/gLDeSzBv6osPVTxA9">https://photos.app.goo.gl/gLDeSzBv6osPVTxA9</a></u></b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| <b>LCHS</b>                                                                                                                                                                                                                                                                                                                                               | <b><u><a href="#">Lorain County Hot Stove Link</a></u></b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
| <b>Umpire Presentations</b>                                                                                                                                                                                                                                                                                                                               | <b><u><a href="#">Baseball Clinic 2024 Presentation</a></u></b><br><b><u><a href="#">Softball Clinic 2023 Presentation</a></u></b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
| <b>Rule Books</b>                                                                                                                                                                                                                                                                                                                                         | <b>2025 Rules</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |

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|                                          | <p><b>Baseball</b> <a href="#">Baseball Rules</a></p> <p><b>Baseball Farm Minor:</b><br/> <a href="https://www.loraincountyhotstove.com/officials-resources/farm-minor-baseball-rules/36332">https://www.loraincountyhotstove.com/officials-resources/farm-minor-baseball-rules/36332</a></p> <p><b>Softball</b><br/> <a href="https://www.loraincountyhotstove.com/officials-resources/softball-rules/36346">https://www.loraincountyhotstove.com/officials-resources/softball-rules/36346</a></p> <p><b>Softball Farm Minor:</b><br/> <a href="https://www.loraincountyhotstove.com/officials-resources/farm-minor-softball-rules/36333">https://www.loraincountyhotstove.com/officials-resources/farm-minor-softball-rules/36333</a></p>                                                                                                                                                                                                             |
| Practice Templates / Plans / Suggestions | <p><b>Warm Up:</b><br/> <a href="https://www.youtube.com/watch?v=yaPtL61nSzU">https://www.youtube.com/watch?v=yaPtL61nSzU</a></p> <p><b>Throwing Progression :</b><br/> <a href="https://www.youtube.com/watch?v=RmFSIUWnAEI">https://www.youtube.com/watch?v=RmFSIUWnAEI</a></p> <p><b>Beginning Pitching Drills:</b><br/> <a href="https://mojo.sport/coachs-corner/9-best-baseball-pitching-drills-for-kids/">https://mojo.sport/coachs-corner/9-best-baseball-pitching-drills-for-kids/</a></p> <p><b>Hitting Drills (find videos that work for you):</b><br/> Tee work, Tee work, Tee work<br/> 1-hand (Top hand, bottom hand)<br/> Open Stance<br/> Start in Stride Position and Engage Lower Half to Finish<br/> High Tee<br/> Inside/Middle/Outside - Inside should be in front of plate, Middle should be beginning of plate, Outside should be where the diagonal starts<br/> Front Toss - use small wiffles or L-screen<br/> Heavy Balls</p> |
| I need:                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| I would like help with:                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |
| Questions:                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |

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| <b>We should invest<br/>in:</b> |  |
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