

Do or Die Workshop Script 2021

[LINK TO RECIPE DOC](#)

[LINK TO SLIDES](#)

[LINK TO HARVEST TEMPLATE](#)

[LINK TO SHORT 'DO OR DIE' DOC](#)

[LINK TO LONG 'DO OR DIE' DOC](#)

Section	Content notes	Workshop prompts
	Start the Session with some music! Something energetic and fun! [[Don't forget to share your sound on Zoom!]]	Don't Stop Me Now by Queen is a good one! But have fun with it!
Facilitator 1	<u>INTRODUCE yourself</u> Hello everyone, I am XXX and with me is XXX and we'll be facilitating this workshop together, and on tech today we have XXX. Please could you both give everyone a wave so they can see who's who? If you have any accessibility requirements or barriers to participation, please either message into chat and if you prefer you can message one of us privately, so one of us can help with avoiding those barriers? We are using closed captions and you can switch these off if you want to by clicking on the CC button at the bottom of the Zoom screen. Those of you on phones may not be able to switch closed captions off - apologies if this is the case but we're making these sessions radically inclusive hence using the closed captions option. The closed captions will be written up as a transcript and will be emailed to everyone as part of the resource pack so you can read through what's been said afterwards. The closed captions transcript will only pick up what's being said in the main room and not the breakout rooms. It can be hit and miss with certain words and for those with speech disorders and stronger accents. It's important to note that we will be recording this session for anyone who can't be here so they can catch up later, but we won't be recording the break out rooms. If you don't want to be recorded then please switch off your camera. Your Zoom name won't be recorded so don't worry about changing it. However please could you add your name, and location so we know what name to use and also give us an idea of where you're from. To do this hover your cursor or mouse over your Zoom image and click on the 3 little dots. You'll get a dropdown menu with rename as one of the	If facilitators were involved with SA, mention roles If you have tech help, introduce them. If there is a Strategy Rep also introduce them. Pen & Paper Prompt Host: Start the Recording

SLIDE 1 Workshop Timeline Minute 5	choices. Don't worry if you can't rename yourself. If you want us to do that for you, please type your name and location into chat and we can rename you. So, today's Session is about 2 and a half hours, with two 10 minutes breaks. The structure of the session is an introduction, and three core sections with clarifications after each of those. Then after each section and clarifications there will be a breakout room to have a discussion in small groups. We will be using what's called a Harvest document - this is a Google document that everyone can type in so we gather all of your thoughts in one place. If you can't access the Harvest document or you can't use Zoom whilst having a document open then, psst, it'd be great to have a pen and paper handy!	Host: Open the Slides and share screen
Facilitator 2 SLIDE 2 Welcome PLAY KIDS MONTAGE	With the housekeeping done, let's get to it. What is XR UK's Strategy for 2021? How can we all work together to achieve the strategic goals for our movement this year? What does this strategy mean to you as an individual and also to your Local, Affinity or Community Group? And what will you do once you leave this workshop? Big questions! It's a big year. Because this strategy is Do or Die... But first, let's warm up with a friendly breakout check-in, let's remember that we're a movement of all kinds of people, and we share a common and amazing bond - to keep our planet habitable for all life, for generations to come. Let's hold that thought for a moment... So, before break out rooms, we're going to listen to XR UK's children - one of the goals of our 2021 strategy is to amplify children's voices. Let us be reminded every decision we make is not just ours to carry - the effects will be felt far into the future. No pressure then! <u>PLAY THE CHILDREN'S MONTAGE</u> So in your breakout check-ins, you'll be in groups of 3-4 for 8 mins to say hello and introduce yourselves - please each take a turn (say 2 mins each), answering these two questions: What do you hope to get from XR UK 2021 Strategy? What's your vision for the year ahead?	Techie: start to allocate rebels into BO Rooms, but don't open. 3-4 Rebels per room If people are calling in or don't have either video or sound try to scatter them between BO Rooms Ensure BSL Interpreters in room with Rebel in need Facilitator 1: Shares screen with Childrens, montage. [[Don't forget to share your sound!]] Link to the Childrens' montage here

Minute 10	If you can identify your vision, please write down your hope, and put it aside, we'll revisit them later. ----- 8 mins for BREAK OUT ROOMS	Techie: Open BO Rooms for 8 Minutes
Facilitator 2 Minute 18	Welcome back. We hope you connected with your fellow rebels, remember we're all crew. If you haven't jotted down your vision for the coming year please take a moment now. Don't worry if you haven't got one, hopefully this session will help inspire you!	
Facilitator 1 SLIDE 3 SA Members SLIDE 4 Advisors SLIDE 5 THANK YOU	To understand this Do or Die strategy, it helps to understand who created it, and the process they went through. The Strategy Assembly was a diverse range of rebels from all around the UK - the youngest rebel was 16, the eldest 70. Over 4 months they dissected the idea of strategy, our movement and our visions for XR UK. And they invited 36 advisors from XR and beyond to share their wisdoms. Do you think the Strategy Assembly always agreed? No! Of course not. But like any family, they learnt how to resolve conflicts, discovered the art of compromise, and truly embraced the meaning of Radical Love. 2020 was hard - we've all been battered by Covid-19 and lockdown has been so hard for Local Groups, so we want to say THANK YOU to all of you for being rebels. Take a look around. You're amazing. The Strategy Assembly was a radical way to create strategy. This was truly Power to the People, democracy in action. This strategy is about Power. Challenging the powers that are destroying the planet for profit. It's about your personal power, and the collective power of your Local Group to create change.	

SLIDE 9 Strategic Goals	This year we have 3 strategic goals 1. Explode from lockdown with inspirational and coordinated Nonviolent Direct Action from local actions to mass actions. We demand the UK reaches net zero emissions by 2025 and that COP26 puts a ban on all banks and financial institutions from funding future fossil fuel projects. 2. All rebels mobilise for actions escalating to COP26, but these actions must be designed to be accessible, inclusive and have options for those unable to risk arrest. 3. We act as part of the ecology of movements, we are a global family fighting this toxic system and protecting our planet's biodiversity. We must work within the Movement of Movements and prioritise those who are oppressed and whose voices are silenced.	
Facilitator 2 SLIDE 10 Look in the Mirror SLIDE 11 Strategies for Change SLIDE 12 Women! Minute 30	How will we meet these goals? This work is linked directly to getting as many people involved as possible in an intentional and regenerative way. Here is how we hope to do it: 1. Deliver UK-wide training and resources on <u>Co-liberation</u>, the idea that none of us are free until all of us are free. These will include anti-oppression and access & inclusion training to all Local Groups, and encourage the 75% of dormant rebels on the database to come along. 2. Prioritise the recruitment of Bipoc, working class, Lgbtq+, disabled and neurodiverse people to positions of power-fullness, providing wo-mentoring and prioritise financial support wherever possible. 3. Big-up Community Engagement, we will better resource and support grassroots activism like <u>Trust the People</u>, <u>Climate Emergency Centres</u>, <u>HS2</u>, <u>Silvertown Tunnel protest</u> and <u>Deep Water</u> 4. Female leadership. 'Nuff said.	
Facilitator 1 SLIDE 13 Quote SLIDE 14 Government	“If we don’t solve the climate crisis, we can forget about the rest.” Not everyone agrees with this climate scientist, thinking it undermines social and global justice. But we’re hurtling to catastrophic tipping points. We must tell the truth and we have to act right now.	

	We know that Local Groups have struggled during lockdown. As have the Regional, National and UK-wide Working Groups. But we are still here, even if we are fewer in number we remain strong. For support in coming out of lockdown, please check out the resource pack that will be shared after this session, as well as reaching out to LG Support rebels, whose contacts will be in the pack! This strategy of powering-up is supported by XR UK revisiting and reworking multiple workshops. There's a new Heading for Extinction, new DNA training, updated Nonviolent Direct Action Training, new social media and spokespeople training, a Self-Organising System workshop, Mattermost training, and so much more... all to help you be powerful. There are online versions on the Rebellion Academy (our online learning platform), and Rebel Toolkit (our library of resources) has all you need in one rebel-friendly place!	
Facilitator 2 SLIDE 15 Reality Check SLIDE 16 Science Check SLIDE 17 F*CKED	Look, the world sucks - look at the facts! The Tory Government is well ahead in the polls!? The Toxic Pillars of society want to stop us - government, media, banking & financial systems, fossil fuel industries, the list goes on. And as we speak the Tories are attacking our right to protest with the Police and Crime Bill. But the Crime Bill is bringing more people to the streets. The whirlwind is here. And we are part of that movement. Together, is how we rebel against the government and climate collapse - as one united family. We must also take a reality check on our planet. It's dying in front of our eyes. <i>Pause to read slide</i> The last grains of sand are passing through the hourglass. So that means... ---Pause for effect---	
Facilitator 1 Minute 35	Before we move on, we'll take a few minutes to answer any questions about what you have heard so far, and any clarifications needed. Then we'll go to our first breakout room. Are there any Questions or clarifications? --Pause--	

Facilitator 2 Minute 38 SLIDE 18 Break Out!	Thank you for those great first responses. Now we're going to put you into breakout rooms, please can you take equal turns to speak, and it's really important that somebody facilitates, someone to take notes and someone to keep an eye on the time so everyone gets the chance to speak. The Notetaker needs to be able to access the Harvest Doc. Please allocate these roles when you first enter the break out room. The notetaker could be the one to feedback your key points back to the main room or you can choose someone else. And please save discussion about NVDA for the second breakout. In your first breakout we'd like you to share thoughts on: <i>"Insert your chosen prompt here"</i> --- Break out Session -- <i>Broadcast a message into the Breakout Rooms to give the rooms a 5 min warning on their time.</i>	Note Taker: Share Harvest Document in the Chat with first BO Session's question & Space for notes in it Prompts can be found in the Workshop Recipe Techie: Open Break Out Rooms for 15 mins (Check the Recipe for a guide to doing this!)
Minute 55 Facilitator 2 Minute 58 SLIDE 19 Break Minute 68	Welcome back! We hope you had some lively chat. Now can we hear the key ideas or responses from each breakout room. We have time to hear from 2-3 people, please type STACK into the chat or raise your real or zoom hand if you wish to share. You can also share in the chat itself It's break time, you've earned it - we'll be resting for 10 minutes, so please come back to your screens at XX.XX --- 10 MINUTE BREAK ---	Facilitator: Calls on rebels from chat or raised hands. [[Try to call on a woman first!]] Facilitator: Play some music - suggest 'Don't watch the news, be the news' [[Don't forget to share your sound]]

NVDA Facilitator 2 SLIDE 20 Impossible	Hopefully most of us are back. I hope you're ready to crack on! Because, it's now time to talk about what makes us powerful as a movement. Nonviolent Direct Action. NVDA is who we are. It is our strongest tool for change. There's a movement of movements happening right now - mass protests happening around the UK against the Crime Bill. NVDA works. Let's be inspired by the giants of protest, past and present. Let's believe in the impossible. 3 MINUTE MONTAGE Pretty inspiring, eh?	Facilitator 1: Shares screen with Childrens montage. [[Don't forget to share your sound!]] Tech or Facilitator: Link to the montage video here
Facilitator 1 SLIDE 21 Targets SLIDE 22 Tactics	Let's remind ourselves of our targets for this year. Who are we up against? And what are our tactics? Disruption - whether it be sitting in the road, upsetting big businesses or disrupting routines to make people see the reality. We pop up in places those in power don't want us to be in, we tell the truth when those with large platforms do not. We love and care for each other, build communities and build the future our children deserve.	
SLIDE 23 Actions	Now, let's take a moment to check out the amazing calendar of actions already being planned for this year. PAUSE, give time for people to read the slide, or read it out yourself. I'm sure you know of other actions going on as well! And maybe you have that idea for an action in the back of your mind that would fit nicely. If you ever needed a prompt to get the ball rolling this is it! Check out the resource pack we will be sharing for support in getting your action idea up and running! But to give you something to get your teeth into immediately after this workshop, we're now going to share a link in chat to the latest Actions Strategy. This has lots of useful information in the document, for example all the links and contacts for different action teams, and if you're planning an action or taking part in one, you can find out how to make your action inclusive and accessible.	Tech: Double check the BO Rooms, people drop out and rejoin you may need to relocate them. Aim for equal numbers across BO Rooms. Managing BO rooms Don't forget that BSL interpreters must be matched with the rebel they are supporting. Tech or Facilitator: share link below in chat Action Strategy link

Facilitator 2 SLIDE 24 Direction	So is nonviolent direct action and systemic disruption still working? Well, in short, yes. We are seeing it right now. Bristol Airport, Durham Opencast Coal Mine, Trinity College Divestment, Leeds/Bradford Airport. We are still in open rebellion against the government. And now, more than ever, we need to use our strongest tool. We refuse to be complicit in the murder of our children. Before we think about break outs are there any Questions or clarifications on our NVDA?	
SLIDE 25 NVDA	Let's think about Our Power and People Power • What ideas do you have, what inspires you to step out of line? • How might we work with our neighbouring Local Groups and non-XR Communities to increase our impact? • How do we include everyone in our actions and in the planning and support roles which allow them to happen?	Note Taker: Share Harvest Document in the Chat and paste in the second BO Session's question & Space for notes at the bottom
SLIDE 26 Break Out	That's a lot of questions, and you won't have time to answer them all in the breakout rooms now! So here is a prompt to get you started and we hope these conversations continue long after today! If your notetaker or facilitator has had to drop out please make sure that you reallocate the role before you start chatting! <i>Make sure to show slide with prompt on it.</i>	
SLIDE 27 BELARUS Minute 80 Minute 95	While you're planning how to emerge from lockdown, please remember all our brothers and sisters around the world. Those activists who stare violent oppression in the face as they defend the land, biodiversity and families. It is because of them that we have the privilege to be here today and it is our responsibility to rise to that. Thank you. --- BREAK OUT SESSION --- <i>Broadcast message into Breakout Rooms and give the rooms a 5 min warning on time.</i>	Prompts can be found in the Workshop Recipe Tech: Open BO Rooms for 15 Minutes

Facilitator 2	Hope that got your creative and rebellious juices flowing! Let's hear some of those ideas! Please take a moment, if you can, to type your favourite thing that came up in your discussion into the chat. We also have time to hear from 2-3 people if you want to say yours aloud. Who'd like to get the ball going? Please type STACK or * into the chat.	[[If you have time]]
MOBILISING Facilitator 1 Minute 100 SLIDE 28 Humans	Onto the next main theme of our strategy. Let us think about what is necessary. We often throw around the figure of 3.5% or talk about "Mass Mobilisation" but at the end of the day, whatever we call it we need to get out there and get our hands dirty! We need to mobilise like NEVER BEFORE. All of us - from the UK teams to your affinity group, from the grandparents to the children. We need to get out there and there is a role for everyone! We need to always be providing access solutions for deaf, disabled and neurodivergent rebels. Ensuring we have things in place for people with mental ill-health or those caring for dependents. In order to get everyone moving we need to be inclusive of everybody! It's going to be hard work, and it's going to be scary at times, but that's why we've got each other. We want to stop raising the alarm and start building our future. We want the next Rebellion to be the last one! We want to crack on with the real work!	

Facilitator 2
SLIDE 29
Mobilisation

So let's look at some ways to get people moving!

1. **Post-lockdown fun:** Paint the Streets, Summer of Raging Love, revamped talks and new workshops! Talks used to be our number one mobilising tool - how might you reboot your Talks and Training space?
2. **Community organising:** Empower communities to come together, and take back the power!
 - a. Have you heard of **Trust the People** - a fun 6-week course on community projects,
 - b. and **Climate Emergency Centres** - how to build a self-funding hub for your community to come together!
3. **Local issues:** Get people moving around an issue that matters in your area! Check out Deep Water that started in the Midlands and is going UK wide, Stop the Silvertown Tunnel in London, or XR Cymru Wales' "6 Principles Campaign."
4. **Movement of Movements:** How can you collaborate and support other movements? Kill the Bill is a powerful example, and what XR Cymru Wales is doing, bringing together 6 organisations in their Campaign to get climate issues in the Welsh parties' manifestos.
5. **People's Assemblies** - we have nearly 300 Local Groups, let's show our communities what deliberative democracy feels like! Can you hold an assembly in your local area?
6. And we are back with a new and improved mass mobilisation campaign. So, who's up to join? You'll be trained, supported and become an expert mobiliser!

SLIDE 30
QUOTE

"The only thing necessary for the triumph of evil is for good people to do nothing".

SLIDE 31 Breakouts Minute 110 Minute 125	That's another dollop of ideas and challenges! Who said over-throwing toxic systems would be a walk in the park?! Luckily the Regenerative Cultures Circle has been reformulated, and 2021 will see a mass rollout of regenerative practises, resources, and support. After all, the most radical thing we can do in this toxic system is to care for ourselves. Before you go to breakout rooms to discuss what inspires you to mobilise, are there any questions or clarifications? I'm sure you're already itching to get talking but here are a few prompts in case you need them. We will see you back here in 15 minutes. PROMPTS ON SLIDE --- <i>BREAK OUT ROOM</i> --- <i>Broadcast message into Breakout Rooms and give the rooms a 5 min warning on time.</i>	Note Taker: Share Harvest Document in the Chat and paste in the third BO Session's question & Space for notes at the bottom Prompts can be found in the Workshop Recipe Tech: Open BO Rooms for 15 Minutes
Facilitator 1 Minute 130 SLIDE 32 BREAK	Welcome back. You're probably getting tired, we appreciate it's been a full-on workshop, it's going to be a full-on year! Before the next break, would anyone like to share their ideas and thoughts - please type STACK. We can probably hear from 2-3 people. Or you are welcome to share in the chat! Thanks, that's inspiring to hear. We now have a 10 minute break - please take a break from the screen, stretch, eat, drink, whatever tickles your fancy and we'll see you back here at XX.XX --- 10 MIN BREAK TIME ---	If people don't want to speak, facilitators can read out what they post in the chat - highlighting sexy ideas! Facilitator: Play some music - suggest 'Don't watch the news, be the news' [[Share sound]]

Facilitator 2
Minute 140

SLIDE 33
WOMEN

SLIDE 34
LEADERFUL

Hello again, now, do you remember that piece of paper from the start of the workshop - you wrote your own vision for the year. Grab your bit of paper. Before we finish today we will take some time to create ourselves an intention for the year.

But first. We're thinking about Power again. Your own power. Your internal strength and self-belief. How you feel and behave as an individual, also affects how you work as part of a crew. So, how do we become kick-ass versions of ourselves?

A lot of it comes down to motivation. Finding that thing that inspires you, choosing it for yourself, knowing that you can achieve it, and seeing how you fit into the greater whole.

It's why we have our self-organising system. We write mandates for ourselves, take on responsibilities AND give them back if we are unable to follow through! We see how our piece of work connects to our neighbours, and how we have far more power as a collective than as individuals.

What do you need to step into your power?

- More Training - maybe in SOS, NVDA, or in using Mattermost?
- More Resources - maybe using the Rebel Toolkit to be inspired by other people and see what is happening across the Movement?
- More Support - maybe you have felt burnt out or disillusioned, how can your group come together to support each other?

Maybe you could make Reflection & Learning a regular practice, holding debriefs or discussions after events? It would be great if we all put our learnings onto the Rebel Toolkit for others to see and be inspired by!

We are all autonomous individuals, and we can do whatever it takes to help us achieve our Three Demands, as long as we abide by our Principles and Values.

Facilitator 1 SLIDE 35 WHY REBEL Minute 145	Now we ask you all to take a minute and consider what your next step will be. You might have full clarity on your personal 2021 strategy or you may only be able to see a week ahead. But we encourage you all to make note of what you plan to do next. We will now split into our final Break out of the session. Share your intention or as close as you have gotten. Maybe you can help each other solidify an idea. We will see you back here in 10 minutes. --- BREAK OUT SESSION --- <i>Broadcast message into Breakout Rooms and give the rooms a 5 min warning on time.</i>	Tech: Open BO Rooms for 10 Minutes
Facilitator 1 Minute 155	Welcome back. I hope that was helpful. Thinking something and not saying it out loud makes it much harder to physically do it. To say it aloud solidifies it as a potential action. Now we invite everyone to share your next step. Stating it aloud as an intention to make it real. Please type STACK or * into the chat and we will call on as many people as we can!	
Facilitator 2 At the End!	Thank you everyone, that was inspiring! We hope you have all taken note of your intention and have found some clarity and direction. After this session we will send you a follow-up pack by email which will include the Harvest Document, links to the Strategy itself, useful contacts and other links. And if you'd like to hold this workshop yourself in any space you wish, the follow-up email will also include the Workshop Pack with everything you'll need to do this. If you have any instant feedback please type it into the chat, or you can email us! Thank you all for your time and energy, feel free to unmute and say goodbye while we dance our way through check outs!	Tech: Pastes email into chat: xrstrategyvoices@p rotomail.com Facilitator: Play some music - suggest 'Don't watch the news, be the news' [[Share sound]]