

Personal Development Recommendations

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Books	Description
The Compound Effect	Small, consistent changes that add up to major things, fast read, my FAV book to date
The Artist's Way	A+B+C have used this book to guide them in clearing blocks, becoming more creative, and living life at a higher frequency.
You Are A Badass	Jen Sincero talks about how to stop doubting yourself so you can live your best life
You Are A Badass At Making Money	Similar to the original, <i>You Are a Badass</i> , but focuses on money and our thoughts/perceptions about it
The Subtle Art of Not Giving a F*ck	This is a blunt book about how to stop caring about the unimportant things in life
On Fire	John O'Leary uses his boyhood experience of surviving 3rd-degree burns on 100% of his body to explain how powerful our choices are in life (inspirational story!)
Unf*ck Yourself	This one is all about our mental talk, the voice in our head that doubts us and how to overcome it
The Happiness Project	Gretchen Rubin's book is an easy read that sheds light on how we are in control of our happiness and how small shifts make a huge difference.
Miracle Morning	Hal Elrod gives you step by step instructions to totally transform your morning
The 5 Second Rule	We absolutely love anything by Mel Robbins, but this particular book is what can help you quit procrastinating or sitting in your doubts and take action.

Eat that Frog	How to stop procrastinating
Everything is Figureoutable	An incredible account of just how powerful you actually are and that you absolutely have the ability to “figure it out”.
Stories that Stick	A great read to discover the art of storytelling within your message and marketing.
The Energy Bus	All books by Jon Gordon are worth the read! Great stories about the power of positivity!
Own Your Everyday	An easy read to keep your mindset in the best, most powerful place.
The Universe has Your Back	A little bit of woo, but an excellent reminder of how supported you are by the universe.
We Should All Be Millionaires	Start crushing your money blocks + beliefs with this book!