



2nd Grade SEL/Health Curriculum

Trimester #1 (September - December)

Unit Description	Standards
<p>Topics: Self Awareness/Self-Management Description: : Students gain skills to help themselves start to recognize their feelings and thoughts and learn to understand how those influence their behaviors. They will also start to learn to regulate and cope with their emotions as well as motivate themselves throughout the day.</p>	<p>SEL 1A.1b, 1C.1b</p> <p>Physical Development & Health 23C.A, 24A.A</p>
<p>Topic: Bullying Students will learn specific skills to help stop bullying.</p>	<p>SEL 2D.1a, 2D.1b</p>
<p>Topic: Germs/Hygiene Students will learn ways to promote good hygiene and prevent the spread of germs/illness. They will practice the steps of proper handwashing, learn how to cover coughs/sneezes and the importance of brushing and flossing teeth.</p>	<p>Physical Development & Health 22A.C, 22B.B, 22D.C, 23B.B, 24B.B</p>

Trimester #2 (December - March)

<p>Topic: Social Awareness/ Relationship Skills Description: Students will learn the importance of how we promote kindness and equity and how we value and treat others, especially others who may be different from us. They will start to develop interpersonal skills needed to establish and maintain positive relationships.</p>	<p>SEL 1A.1a, 2A.1a, 2A.1b, 2C.1a, 2D.1a, 2D.1b</p>
<p>Topic: Body Parts/Body Systems Students identify and name the basic external parts of the body. They will also learn about some of their body systems and how they interact with each other.</p>	<p>Physical Development & Health 23A.B, 23A.C, 23D.B</p>

Trimester #3 (March - June)

Topic: Nutrition

Description: Students start to recognize that healthy behaviors impact personal health. They will learn about MyPlate, teaching them about the food groups and it's important to eat different types of food. They will also learn to make requests to promote personal health.

Topic: Responsible Decision Making

Description: Responsible Decision-Making helps students demonstrate decision-making skills and responsible behaviors in personal, school, and community contexts.

Topic: Safety/Child Protection

Description: Students will learn important safety rules, such as never touching guns, sharp tools, and fire, as well as safety when riding on wheels or in cars. They will also learn ways to help them decide if something is safe or not. Students will learn about safe, unsafe, and unwanted touches such as hitting, pinching, kicking, etc., and rules about touching body parts that are covered with a swimsuit. They'll also learn how to be assertive by practicing ways to ask an adult for help and tell an adult about any unsafe situation.

Physical Development & Health 22A.1b, 22B.1a, 23B.1a

SEL 2D.1a, 2D.1b, 3A.1a, 3A.1b, 3B.1a, 3B.1b, 3C.1a

Physical Development & Health 24C.B, 22A.B