



CHS Regiment of Gold Call Sheet

Home Game v. Valley Christian HS

Friday, Sep 12, 2025

EAT DINNER BEFORE YOU ARRIVE TO THE STADIUM

5:20 pm - Call Time @Rant's Stadium

(meet in the grassy area with your sections)

5:25 - Unload trucks

5:30 - Stretch/Vis basics

6:00 - Music warm-up

6:40 - Break, bathrooms

6:48 - Ready in stands

6:55 - Perform the Star Spangled Banner

7:00 - Kickoff

2nd Quarter - 10 mins left on game clock, warm-up off to the side

Half-time - Perform (re)Framed

3rd Quarter Off- be back in your seats with 5 mins on 3rd Quarter game clock

9:30 - Approximate game end. Parents pick up your students @Rant's Stadium

DRESS CODE

Blue denim, no holes, full-length.

(re)Framed Shirt

Shoes (no sandals, crocs, etc...).

CHS colored beanie or hat (optional).

DON'T FORGET!

We are there to support the team and our school.

No phones/homework in the stands!

No eating or drinking (except water) in the stands.

You are representing our program- make sure it is a good representation all the time!