

Needham Public Schools Guide to Tier 1 SEL (Second Step, Responsive Classroom & Portrait of a Needham Graduate) Grade 5

September~ Creating a Community (9/2-9/30)

Responsive Classroom: [First Six Weeks of School Routines and Expectations](#)
9/2-9/30

Second Step First 20 Days

Setting the Stage--no explicit *Second Step* classroom lessons; school wide announcements on Welcoming, Being Safe, Respectful & Responsible

Portrait of a Needham Graduate (PONG) Competencies

Using picture books, students discuss the attributes of a Needham Graduate and connect the five competencies to their school experience. Click [here](#) for an overview of the Portrait of a Needham Graduate.

October~ PONG Competency: Empowered Learners

Read and Discuss PONG Picture Book: [Empowered Learners](#)

10/1-10/6

SS Unit 1: Empathy and Skills for Learning

1. [Empathy and Respect](#)
 - [Lesson Script](#)
 - [Home Link](#)
 - [Following Through](#)
 - [Weekly Skill Check](#)
 - [Music Video](#)
2. [Listening with Attention](#)
 - [Lesson Script](#)
 - [Weekly Skill Check](#)

10/1-10/31 (21 days)

• Home Link • Following Through • Video 3. Being Assertive • Lesson Script • Weekly Skill Check • Home Link • Following Through • Video 4. Predicting Feelings • Lesson Script • Weekly Skill Check • Home Link • Following Through • Video	
Second Step Bullying Prevention: Recognizing Bullying • Lesson Script • Video Story • Following Through Card • Home Link	<u>Taught no later than 10/31</u>
November & December~ PONG Competency: Socially & Culturally Responsive Contributors	
Read and Discuss PONG Picture Book: Socially & Culturally Responsive Contributors	11/3-11/7
5. Taking Others' Perspectives • Lesson Script • Weekly Skill Check • Home Link • Following Through • Video 6. Accepting Differences • Lesson Script • Weekly Skill Check • Following Through	11/1-12/23 (32 days)

• Video • Home Link 7. Disagreeing Respectfully • Lesson Script • Weekly Skill Check • Following Through • Home Link • Video 8. Responding with Compassion • Lesson Script • Weekly Skill Check • Following Through • Home Link • Video	
January & February~ PONG Competency: Responsible and Resilient Individuals	
Read and Discuss PONG Picture Book: Responsible & Resilient Individuals	1/5-1/9
Responsive Classroom Routine and Expectation Review (post school break) Revisiting Classroom Rules 1/5-1/9	
SS Child Protection Unit: Grade 5 Scope and Sequence • Lesson 1: Keeping Yourself Safe • Lesson 2: Always Ask First • Lesson 3: Unsafe and Unwanted Touches • Lesson 4: The Private Body Parts Rule • Lesson 5: Practicing the Ways to Stay Safe • Lesson 6A: Reviewing Safety Skills (Interactive) • Lesson 6B: Reviewing Safety Skills (Video)	1/12-2/13 (29 days) *PLEASE NOTE: A family letter will be sent home from administrators <u>prior</u> to this unit being taught (families may choose to opt out). School counselors will support this unit (specifically Lessons 3 and 4).
Responsive Classroom Routine and Expectation Review (post school break) Revisiting Routines with Students 2/23-2/27	

March		
SS Unit 2: Emotion Management 9. Introducing Emotion Management • Lesson Script • Following Through • Home Link 10. Calming Down • Lesson Script • Following Through • Home Link 11. Managing Anxiety • Lesson Script • Following through • Home Link 12. Managing Frustration • Lesson Script • Following Through • Home Link 13. Resisting Revenge • Lesson Script • Following Through • Home Link 14. Handling Put-Downs • Lesson Script • Following Through • Home Link 15. Avoiding Assumptions ○ Lesson Script ○ Following Through ○ Home Link		3/2-4/10 (25 days)
April~ PONG Competency: Creative Thinkers & Problem Solvers		
Read and Discuss PONG Picture Book: Creative Thinkers & Problem Solvers		4/27-5/1

Responsive Classroom Routine and Expectation Review (post school break)

Breathing New Life Into Classroom Rules

4/27-5/1

SS Unit 3: Problem Solving

5/4-6/9 (25 days)

16. Solving Problems Part One
 - Lesson Script
 - Following Through
 - Problem Solving Steps Mini Poster
 - Home Link
17. Solving Problems Part Two
 - Lesson Script
 - Following Through
 - Problem Solving Steps Mini Poster
 - Home Link
18. Making a Plan
 - Lesson Script
 - Following Through
 - Home Link
19. Seeking Help
 - Lesson Script
 - Following Through
 - Home Link
20. Dealing with Gossip
 - Lesson Script
 - Following Through
 - Problem Solving Mini Poster
 - Home Link
21. Dealing with Peer Pressure
 - Lesson Script
 - Following Through
 - Home Link
22. Reviewing Second Step Skills
 - Lesson Script
 - Following Through
 - Home Link

June~ PONG Competency: Communicators & Collaborators

Read and Discuss PONG Picture Book: [Communicators & Collaborators](#)

6/4-6/9

Reflection and Celebration

Additional Resources

Second Step

www.secondstep.org

Social Thinking

[Whole Body Listening](#)
[5 Point Voice Volume Scale](#)
[Group Plan](#)
[Zones of Regulation](#)
[Problem Size](#)
[Expected/Unexpected](#)
[Bubble Thoughts](#)

Digital Wellness

Other

[Creating a Positive Classroom](#)
[Climate Introductory Course](#)