

Lesson 9 - Plastic Pollution in Water (4.4)

Purpose - Being confident using a chart to explain an idea/concept.

Adjust for a Sub Lesson

Warm up - Discuss everything you used yesterday that had some plastic. What amount of that plastic do you throw away (trash or “recycle”)?

Announce - Test in next class. Review in Google Classroom. Any questions?

Go to the “Software Center” and Install “Graphical Analysis” - for a future class

(NEED to Share Seal of Climate Literacy with other science teachers/classes)

Announcement - CAS idea or for any interested students - (we will go to a conference for this at CSU in February) <https://sustainablelivingassociation.org/youth-climate-action/>

- Sign up for the Climate Action Day - mid to late September - Full commitment - Can be used for your Seal of Climate Literacy. Plan to commit to multiple days -

<https://sustainablelivingassociation.org/youth-climate-action/> - Scroll down for the Action Resources Guide



Note - This lesson is a newer standard so it is not really in the textbook. Use this lesson to add SOME information to your 4.4 notes. (Notes are due on test day - 4.1, 4.2, and 4.4)

1. Overview today - Fill in details for each part.

Source/Cause - Where is plastic from?

Problem - Why is this an issue for living things (human and other).

Reason - waste MISmanagement, rivers, ocean gyres. Local (article). Global - ocean dumping intentional and unintentional.

Solutions - management to clean up supply chains AND remove existing pollution. Where do the solutions fall in the management chart?

Note - There will be a 9-point test question about this topic. **Evaluate** 1 management option that can remove plastic debris from the supply chain and 1 that can clean up existing pollution.

Process of pollution	Level of pollution management
HUMAN ACTIVITY PRODUCING POLLUTANT 	Altering human activity The most fundamental level of pollution management is to change the human activity that leads to the production of the pollutant in the first place, by promoting alternative technologies, lifestyles and values through: • campaigns • education • community groups • governmental legislation • economic incentives/disincentives.
RELEASE OF POLLUTANT INTO ENVIRONMENT 	Controlling release of pollutant Where the activity/production is not completely stopped, strategies can be applied at the level of regulating or preventing the release of pollutants by: • legislating and regulating standards of emission • developing/applying technologies for extracting pollutant from emissions.
IMPACT OF POLLUTANT ON ECOSYSTEMS	Clean-up and restoration of damaged systems Where both the above levels of management have failed, strategies may be introduced to recover damaged ecosystems by: • extracting and removing pollutant from ecosystem • replanting/restocking lost or depleted populations and communities.

Figure 3

Pollution management targeted at three different levels

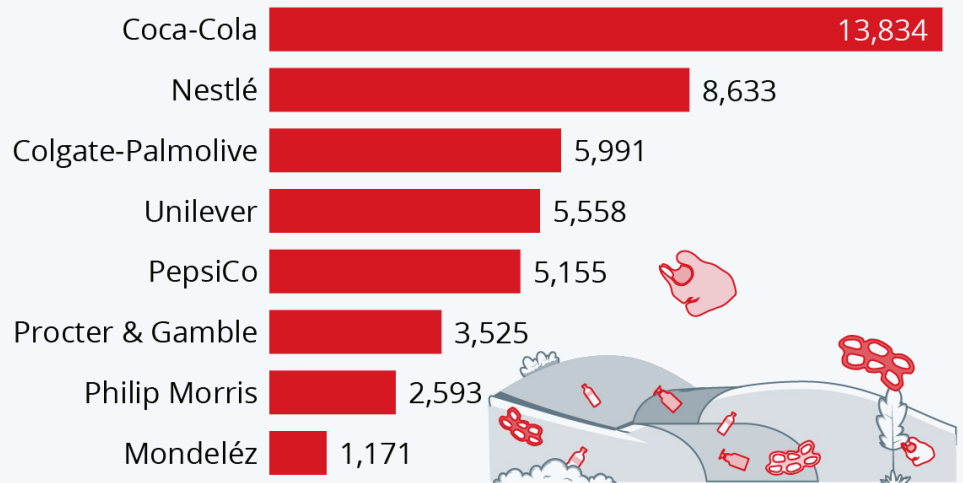
2. Watch - [You're Being Lied to About Plastic Pollution](#) (18 min - stop at parts to do notes)

Plastic by Brand

- What are some of these companies using plastic for?

The Companies With the Largest Plastic Footprint

Pieces of plastic waste from the following companies found in global cleanups in 2020*



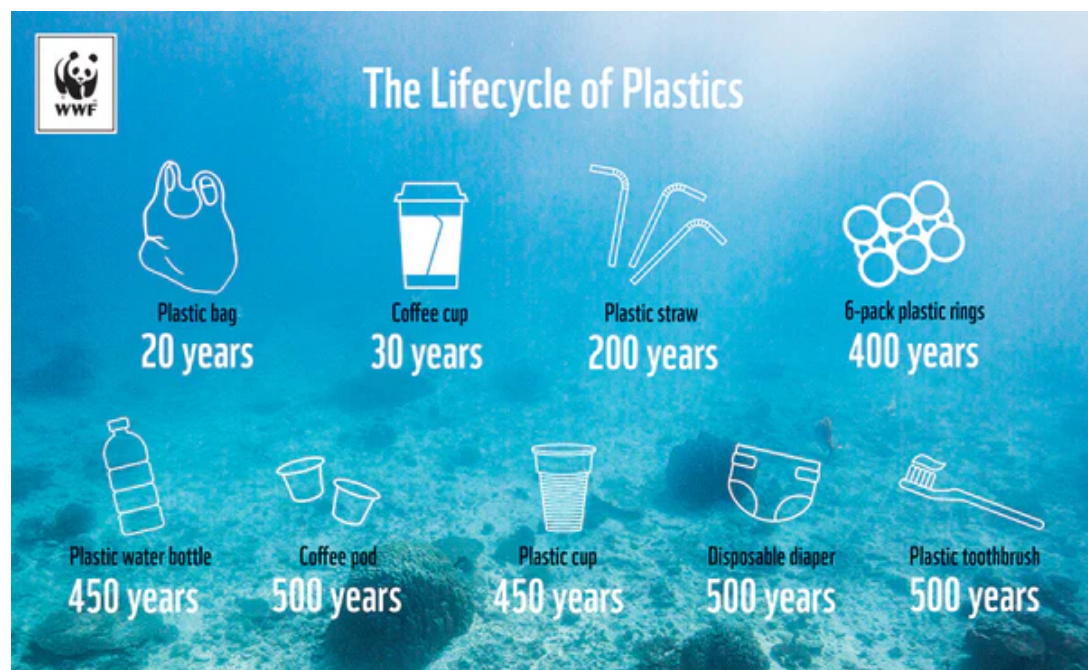
* Based on an analysis of 346,494 pieces of plastic waste collected in 55 countries in 2020, 63% of which were marked with a consumer brand.

Source: Break Free From Plastic



statista

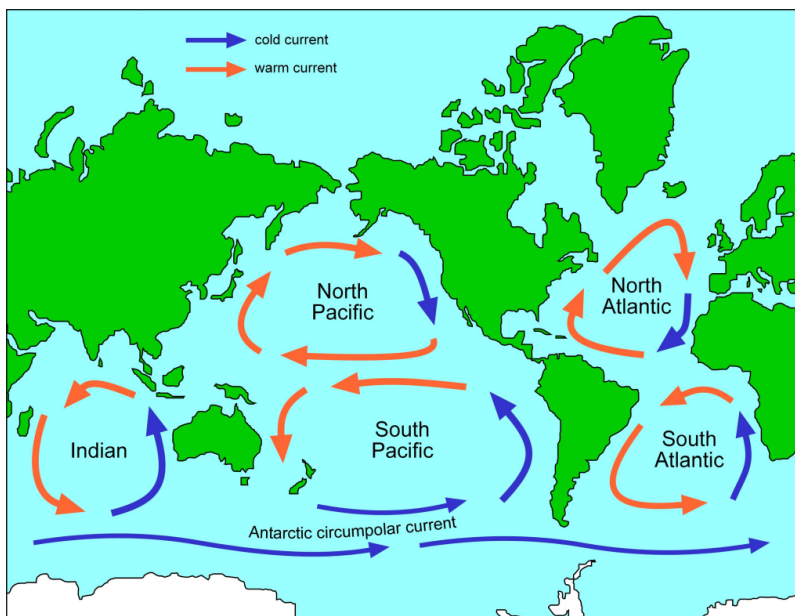
Single use plastics - are often a reduction target (as opposed to very useful plastics that a lobbyist will try to show to combat reduction - like long term or health applications)



Mismanaged waste dumping - most common in developing countries. Often leading to river and coastal buildup of plastics. The biggest cause of the problem.



Rivers carry waste to the ocean where it can collect due to ocean gyres (currents)



3. Read - Local Example - plastic pollution article (See 4.4) - There are a variety of freshwater and marine pollution sources. (Article Link - <https://environmentamerica.org/colorado/center/resources/colorados-waterways-and-microplastics/>) See copy below if needed.
4. Discussion Questions -
 - a. What is the article about?
 - b. How many bodies of water are impacted in this study?
 - c. How are microplastics connected to other pollutants?
 - d. What is the biological concern highlighted in the article?
 - e. What possible solutions are currently being done OR could help address this issue in the future?
5. Let's focus on what we can do locally in our Circle of Control.
 - a. Plan ahead
 - b. Refuse single use plastics and/or demand alternatives.
 - c. [Vote](#)

Final note (summarize) - I feel conflicted about this topic because new learning overall points to the problem mainly being plastic production that is only increasing and poor waste management from countries that have little to no ability to improve their systems of disposal. So, the biggest solutions come from multinational companies to change packaging at the start of the supply chain AND figure out clean up options to deal with pollution already in ecosystems. The IB wants you to focus on plastic waste in ocean gyres, but it sounds like coastal clean up is more immediate and feasible at this time. More [detailed supporting article](#) if you want more information.

Article - if link above does not work.

Colorado's Waterways and Microplastics

A Survey of Rivers and Streams along Front Range Watersheds in Colorado

Our survey of sixteen water bodies found microplastics in all sixteen.
Microplastics threatens wildlife, ecosystems and our health.

[**BEYOND PLASTIC**](#)

[**REPORT**](#)

MAY 25, 2023



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[Colorado Waterways and Microplastics](#)



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Executive Summary

Plastic is everywhere and in everything. It's used as packaging, it's in food service products, and it's in clothing. All told, Americans generate over 36 million tons of plastic waste every year, but less than 6% is recycled. Often when talking about plastic pollution, the images that come to mind are sea turtles and birds ensnared in bags or straws, massive trash gyres in the Pacific Ocean, or whales washed ashore with hundreds of pounds of plastic waste in their stomachs. So it may not be surprising that in one study, as of 2012, 59% of 135 seabird species had ingested plastic, with that number expected to rise to 99% by the year 2050.

Plastic use and pollution is pervasive, even here in scenic "Colorful Colorado." In 2020, we estimated that every day, Coloradans went through 4.6 million bags and 1.2 million polystyrene cups. Plastics are often a common form of litter recovered in Colorado waterway cleanups, and the Colorado Department of Transportation spends millions of taxpayer dollars each year cleaning litter from roadsides. But litter alone doesn't capture the full scope of plastic pollution. Research suggests that we could be missing 99% of the plastic that makes its way into the environment. That's because plastic doesn't degrade in the environment like an apple or a piece of paper; instead it breaks into smaller and smaller pieces of plastic called microplastic, which is plastic less than 5mm in length, or smaller than a sesame seed.

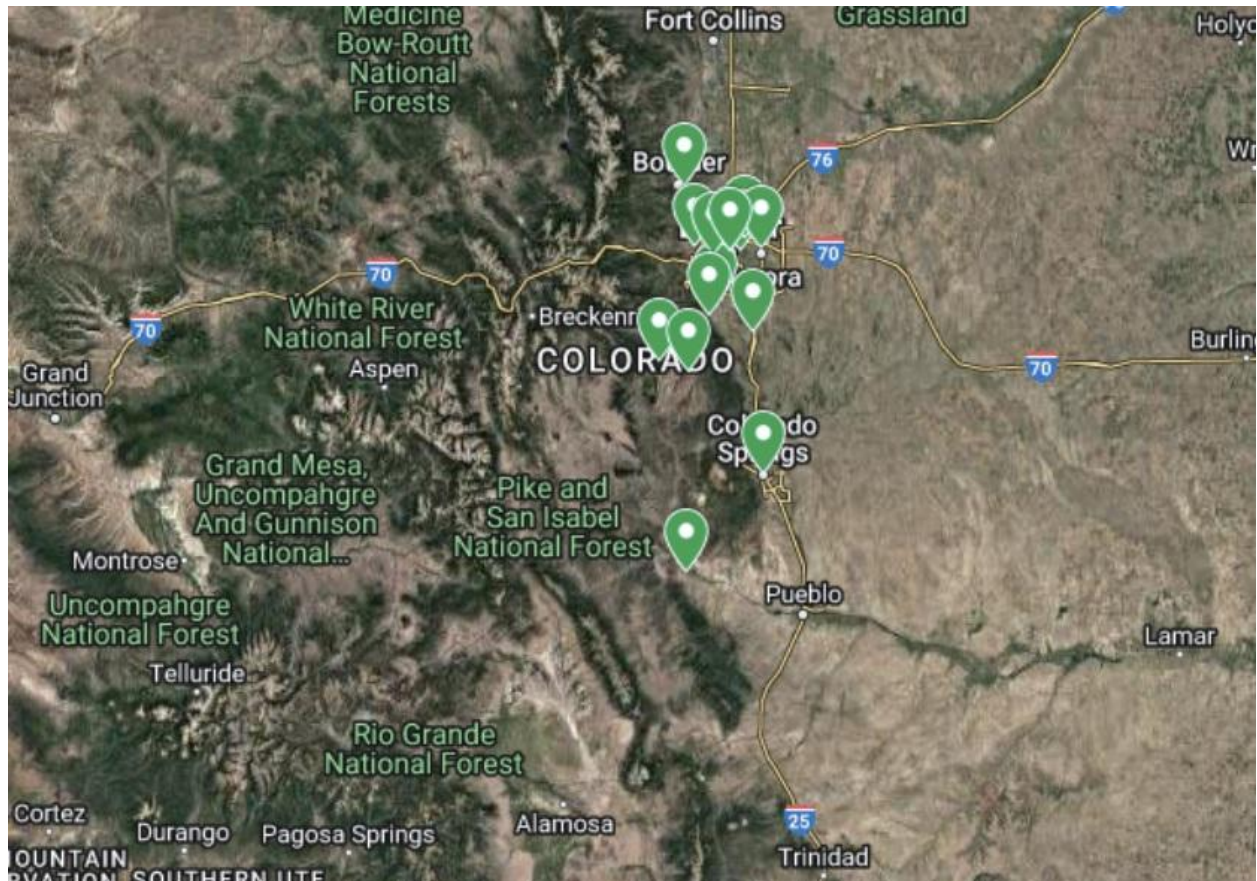
A growing area of concern regarding our plastic waste is the environmental and public health threat posed by these microplastics. They are severe laceration and starvation hazards to wildlife and have been found in our air, food, and bodies. Microplastics also attract

pollutants that may already exist in the environment at trace levels, accumulating toxins like DDT & PCBs and delivering them to the wildlife that eat them, often bioaccumulating through the food chain. Microplastics can enter our environment through a myriad of pathways. Litter, illegal dumping, and plastic waste are all obvious culprits. Microfibers are another prevalent type of microplastics and are introduced into the environment through clothes washing as well as usual wear and tear. With wastewater treatment plants unable to fully filter these plastic fibers out, they can end up washed into waterways and ultimately in drinking water. The creation of new plastic products uses small pellets called nurdles which are easily lost and frequently enter waterways. Packaging and the factory processes in the creation of products like bottled water can even cause microplastic contamination.

A prime location for testing microplastics is therefore in our waterways. Colorado's rivers begin in state and then flow outside making it a headwater state. The river systems originating high in the Rocky Mountains drain into one-third of the landmass of the lower 48 United States. According to Ceres, just one of the seven major river basins of the state, the Colorado Basin, supplies water to nearly 40 million people and sustains a \$5 billion agriculture industry. On the eastern side of the state, the South Platte River Basin supplies industrial and municipal water for about 5 million people, 3.5 million acres of farmland, and supports numerous recreational and wildlife areas.

To better understand the scope of the microplastic problem in Colorado, Environment Colorado Research and Policy Center

[volunteers sampled 16 different water bodies in the Front Range.](#) We found microplastics in 100% of our samples.



Green pins indicate sites where samples were taken

Photo by Staff | TPIN

For an interactive map with pictures of the sites, [click here](#).

Our project took samples from waterways between February and April of 2023 and tested them for four types of microplastic pollution:

- Fibers: primarily from clothing and textiles;

- Film: primarily from bags and flexible plastic packaging;

- Fragments: primarily from harder plastics or plastic feedstock;

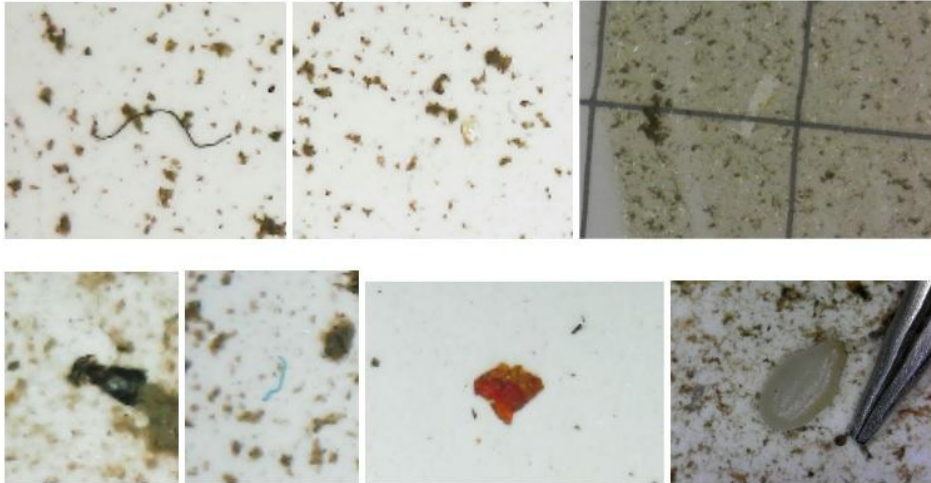
- Beads: primarily from facial scrubs and other cosmetic products.

The results we found were troubling:

- 100% of the sites we sampled had microfibers;

88% of the sites we sampled had microfilm;
75% of the sites we sampled had microfragments;

Examples of Observed Microplastics



Pictures taken under the microscope (Clockwise from top left): a microfiber; a microfragment; microfilm; microfilm to the left of an immature slug; a microfragment; a microfiber; a microfragment.



Buffalo Creek, Colorado and microplastics sample site
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Sand Creek, Colorado and microplastics sample site
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Waterton Canyon, Colorado and microplastics sample site
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Monument Creek, Colorado and microplastics sample site
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It's clear that the scope of plastic pollution along parts of the Front Range is extensive . In order to address the environmental and waste crisis being caused by our overreliance on plastics, our leaders at the federal, state, and local levels should implement policies that have been previously passed and consider new action.

We offer the following recommendations:

Phase out single-use plastics – In 2024, Colorado laws will go into effect that phase out polystyrene cups and containers and single-use plastic bags. In 2024, preemption will also be lifted, allowing local communities to go further to target other single-use plastic items like straws and utensils.

Implement Colorado's Producer Responsibility law – Producer responsibility is a mechanism to shift the costs and management of postconsumer waste from local governments and consumers and onto producers themselves. Done well, these programs can disincentivize unnecessary plastic packaging production and use. In 2024, the General Assembly will need to approve a producer responsibility draft plan to keep implementation moving forward.

Halt policies that promote increased manufacture & use of single-use plastic – Communities and legislators across Colorado should oppose subsidies and tax breaks for new petrochemical infrastructure that doubles down on the fossil fuel-to-plastics pipeline. For example, the City of Greeley is considering a “Waste to Energy,” pyrolysis plant that would depend on a stream of plastics to function.

Tackle fast fashion – Clothing production and use is responsible for up to 22 million metric tons of microplastics that could end up in our oceans between 2015 and 2050.²¹ Retailers must stop sending overstock, unsold and unused clothing, to landfills and incinerators and should also move away from making products containing synthetic plastic fibers, which inevitably become microplastic pollution. The state should consider legislation if companies do not take action.

Support reuse – Using items that are designed for reuse can reduce the quantity of plastic we produce and contaminate our waterways. Cities and the state could support reuse including grants to help restaurants invest in cleaning equipment or update

public health laws to allow customers to use their own reusable containers to take food to go.

Read this part below if you are interested in careers of people that study or work with these types of issues.

AUTHORS

[Danny Katz](#)

Executive Director, CoPIRG Foundation

Danny has been the director of CoPIRG for over a decade. Danny co-authored a groundbreaking report on the state's transit, walking and biking needs and is a co-author of the annual "State of Recycling" report. He also helped write a 2016 Denver initiative to create a public matching campaign finance program and led the early effort to eliminate predatory payday loans in Colorado. Danny serves on the Colorado Department of Transportation's (CDOT) Efficiency and Accountability Committee, CDOT's Transit and Rail Advisory Committee, RTD's Reimagine Advisory Committee, the Denver Moves Everyone Think Tank, and the I-70 Collaborative Effort. Danny lobbies federal, state and local elected officials on transportation electrification, multimodal transportation, zero waste, consumer protection and public health issues. He appears frequently in local media outlets and is active in a number of coalitions. He resides in Denver with his family, where he enjoys biking and skiing, the neighborhood food scene and raising chickens.

Lexi Kilbane

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Alexis Kilbane is a two-year Denver resident and graduate student at the University of Denver. In addition to a Master of Arts in International Human Rights, she is pursuing a certificate in Global Environmental Change and Adaptation. In the spring of 2023, she coordinated the development of our microplastics report.