

Course Planner 2026



Kaiako: Mrs Nathan - lnathan@wakatipu.school.nz
 Miss Smith - esmith@wakatipu.school.nz
 Mr Lowe - dlowe@wakatipu.school.nz
 Miss Lonsdale-Hope - slonsdale@wakatipu.school.nz

Internally Assessed Standards					
AS Number LINK TO	Name	Version	Number of Credits	UE Literacy? R or W or B	When assessed and method of assessment: <i>Assessment Dates are approximate and may change due to unforeseen circumstances and/or rate of student learning.</i>
92016	Apply movement strategies in an applied setting	4	5	N/A	Term 1 - Weeks 7 & 8 Term 3 - Weeks 3 & 4 Practical performance
92017	Demonstrate understanding of the application of strategies in group movement	4	5	N/A	Term 2 - Week 8 Written report
Externally Assessed Standards					
<i>These are standards which are assessed by external examination at the end of the school year. Results earned in end of topic tests and the school examination may be used if the NZQA examination is missed and a Derived Grade is applied for at the end of the year.</i>					
92018	Demonstrate understanding of the influence of personal movement experiences on hauora	5	5	N/A	Ongoing reflection journals Term 4 - Weeks 1 & 2 Written assessment

TOTAL: 15 credits

TERM 1

Week 1 (26-30 Jan)	Week 2 (2-5 Feb)	Week 3 (9-13)	Week 4 (16-20)	Week 5 (23-27)	Week 6 (2-6 March)	Week 7 (9-13)	Week 8 (16-20)	Week 9 (23-27)	Week 10 (30-2 April)
Whanaungatanga Class and course intro	Models of Wellbeing Intro to models	Ki O Rahi - Movement Strategies Attacking and defensive strategies in action Ki O Rahi Festival - Friday AM Week 9						Anatomy in Action Bones, muscles, joints and movements	
			Models of Wellbeing Three reflection journals for Ki O Rahi						

TERM 2

Week 1 (20-24)	Week 2 (28-1 May)	Week 3 (4-8)	Week 4 (11-15)	Week 5 (18-22)	Week 6 (25-29)	Week 7 (2-5 June)	Week 8 (8-12)	Week 9 (15-19)	Week 10 (22-26)	Week 11 (29-3 July)
Anatomy Cont....	Kotahitanga Strategies to positively impact kotahitanga in teams Sport Ed Model							Biomechanics in Badminton Balance and Stability, Force Summation, Projectile Motion		

TERM 3

Week 1 (20-24)	Week 2 (27-31)	Week 3 (3-7 August)	Week 4 (10-14)	Week 5 (17-21)	Week 6 (24-28)	Week 7 (31-4 Sept)	Week 8 (7-11)	Week 9 (14-18)	Week 10 (21-25)
Badminton - Movement Strategies Attacking and defensive strategies in action				Models of Wellbeing Own sport - Three reflection journals Mixed Martial Arts - Karate, BJJ, Muay Thai - Three reflection journals					

TERM 4

Week 1 (12-16 Oct)	Week 2 (19-23)	Week 3 (25-30)	Week 4 (2-6 Nov)	Week 5 (9-13)	Week 6 (16-20)	Week 7 (23-27)	Week 8 (30-4 Dec)	Week 9 (7-10)
Models of Wellbeing Cont.... External Assessment	Ex Phys Intro to concepts							

WHS Assessment Policy:

Reassessments and resubmissions:

A resubmission of an internally assessed standard may be allowed where a small error or omission has occurred that prevents the student from reaching an 'Achieved' grade. In the case of a resubmission, the student will be given the opportunity to review their work in the presence of the teacher, must be able to identify the error themselves, and identify the changes that would be needed to correct the error, all within approximately 15 minutes. The substance of any resubmission must be recorded in writing and signed off.

Please note the changes to resubmissions:

- The only change in grade boundary available for resubmissions is from 'Not Achieved' to 'Achieved.'
- On this basis, the highest grade that can be awarded as a result of a resubmission of an internal assessment is limited to 'Achieved'.

Handing in Work:

Each of the assignments must be handed in by **9:00am** of the date due. Ensure that you have read and comply with the WHS Assessment Policy. Note particularly the comments regarding authenticity and extensions.

WHS Assessment Policy: [The Wakatipu High School assessment policy is fully outlined HERE.](#) Please take particular note of the policy on Extensions and Authenticity, which include the following;

Extensions:

Extensions for assignments may be granted but only by prior arrangement (at least five days notice is required) with evidence of the work done so far. Extensions are granted only in extreme circumstances as there is ample lead-up time for all assignments involving work at home. Having assignments in other subjects is not an extreme circumstance, nor is computer failure. Requests for extensions must be made to the Principal's nominee, (Mr Richards) not the subject teacher.

Authenticity / Misconduct:

A student who puts his/her name to a piece of work or who reasonably expects to receive the mark awarded to a piece of work, is clearly stating that the work is genuinely all his/her own. If this proves not to be the case then the student will be deemed to have cheated and will receive a Not Achieved grade. A Not Achieved grade will also be awarded to the student providing the information.

Subject Endorsement:

14 or more credits at Achieved, Merit, or Excellence in a single year within the Physical Education course.

Prize winners:

Criterion 1:	Excellence grade in 1.1: Ki O Rahi
Criterion 2:	Excellence Grade in 1.2: Kotahitanga
Criterion 3:	Highest Anatomy and Biomechanics test results - i.e Excellence grade + highest %
Criterion 4:	Reflections completed for 1.3: Models of wellbeing in Ki O Rahi, own sport and MMA - at Performing Well