

Soul of a Crisis
Resource List of Books, Podcasts, Films, and Websites

Podcasts:

1619

On Being

Behind the Bastards: <https://www.iheart.com/podcast/105-behind-the-bastards-29236323/>

Irresistible

Behind the Bastards: <https://www.iheart.com/podcast/105-behind-the-bastards-29236323/>

GirlTrek - Black women's history podcast and walking meditation for 21 days

The Quilting Podcast

Certain episodes of both The Bitter Southerner and Dolly Parton's America

Books:

Sometimes brilliant

What the eyes don't see

Emergent strategy

Between the world and me - Coates

The Hidden Life of Trees. by Peter Wohlleben. relates beautifully the forest life to our humanity

White Fragility by Robin DiAngelo

David Brooks, Second Mountain

Hood Feminism by Mikki Kendall

My Grandmother's Hands, Resmaa Menakem

The Overstory by Richard Powers;

Autobiography of Assata Shakur

Sand Talk by Tyson Yunkaporta is a gentle easy read for a very racist White Australia to journey into understanding.

Dark Emu by Bruce Pascoe flips the lie of Terra Nullius with an incredible history of competence & intelligence

Native Son- Richard Wright.

Black Like Me- John Howard Griffin

Radical Dharma

Jubilee by Margaret Walker,

Rise of the Warrior Cop by Radley Balko,

The New Jim Crow by Michelle Alexander,

Thanks for the Feedback by Douglas Stone and Sheila Hean,

They Thought They Were Free by Milton Mayer

Everything's Trash But It's Okay by Phoebe Robinson from 2 Dope Queens

"I Am Not Your Negro" James Baldwin documentary. Free on Tubi TV

The Fire Next Time by James Baldwin

Utopia for Realists by Rutger Bregman

Bury My Heart at Wounded Knee: An Indian History of the American West

A People's History of the United States by Howard Zinn

Brotherman: Dictator of Discipline (Comics/Graphic Novel) Guy Simms & Dawud Anyabwile

Die Nigger Die! H. Rap Brown n.k.a. Imam Jamil Al-Amin

March: The Story of Congressman John Lewis (3 Part Graphic Novel Series) Congressman John Lewis, Andrew Aydin & Nate Powell

Documentaries & Movies

Just Mercy (book and movie from and about Bryan Stevenson & Equal Justice Initiative)

True Justice: Bryan Stevenson's Fight for Equality (Peabody Award winning documentary currently on HBO but can also rent/buy on streaming platforms like Amazon Prime Video)

A Force More Powerful (amazing documentary about spiritual activism and activists)

Thirteenth film available on netflixThirteenth film available on netflix

I Am Not Your Negro doc is also free to Amazon Prime Video members.

Slavery By Another Name (book & documentary)

The Murder of Fred Hampton (Documentary)

Websites:

Check out Ripple of Hope website - <http://rippleApp.org>.

My nonprofit DC Tutoring & Mentoring Initiative just started Bodhisattva Saturday Mornings -- 8-9:30 a.m by steps at Lincoln Memorial. <http://dcTutorMentor.org/> for meditation, walking, dialogue and community

Also follow Rev. angel Kyodo williams and <https://radicaldharma.org/> (they are currently launching Great Radical Race read virtual events)

Ripple of Hope website - <http://rippleApp.org>

www.healthaim.org weekly meditation online Fridays at 2 pm

link to Miss Intention (part of #IntentionNotDetention Campaign at One Common Unity) <https://youtu.be/UxV0mmgy0oY>

IG: @aaron.hopes and FB: @aaronshneymusic www.soundcloud.com/aaronhopes

April Rameé - Flute playing IG: @antleralchemy www.antleralchemy.com

Community Movement Builders www.communitymovementbuilders.org

Campaign to Free H. Rap Brown [IMAM JAMIL ACTION NETWORK \(IJAN\)- THE OFFICIAL WEBSITE](#)

National Reparations Org [N'COBRA.org | Welcome to NCOBRA Online!](#)

[www.change.org](#)

SURJ: <https://www.showingupforracialjustice.org/>

MuslimARC: <http://www.muslimarc.org/>

bit.ly/ANTIRACISMRESOURCES

Support Equal Justice and Community Resources in Minnesota <http://LaunchGood.com/MN>

[Uhuru Movement Dot Org :: Welcome to the Uhuru Movement!](#)

[Malcolm X Grassroots Movement](#)

[Uhuru Solidarity Movement – Solidarity with African Liberation!](#)

[Know Your Rights Camp](#)

Video:

Princess Video: <https://youtu.be/OgVnDwc375M>