

GRADE 10 – OPENING BLOCK DAILY LESSON LOG (DLL)

Duration: 5 Days

Key Stage: Grade 10 (Junior High School)

DAY 1 – Self-Reflection, Well-Being, and Readiness for Grade 10

I. Objectives

- Reflect on previous academic performance and personal growth
- Identify strengths, challenges, and readiness for Grade 10
- Demonstrate a positive mindset toward learning and transition

II. Content

Self-reflection; growth mindset; socio-emotional learning

III. Learning Resources

Reflection journals, chart paper, markers, slides

IV. Procedures

A. Opening Routine

- Prayer/energizer
- Attendance and check-in

B. Developmental Activities

1. **Reflection Activity: “My Grade 9 Journey”**
 - o Analyze achievements, challenges, and lessons learned
2. **Growth Mindset Discussion**
 - o Emphasize perseverance, responsibility, and improvement
3. **Well-Being Check**
 - o Guided reflection on emotional readiness
4. **Peer Sharing**
 - o Exchange experiences and expectations

C. Reflection and Closing

- Complete: “As a Grade 10 learner, I will ____.”

V. Remarks

Observe maturity, mindset, and readiness

DAY 2 – Academic Expectations and Performance Readiness

I. Objectives

- Analyze academic expectations and performance standards
- Demonstrate understanding of responsibilities as Grade 10 learners
- Apply strategies for effective academic performance

II. Content

Academic expectations; performance standards; study strategies

III. Learning Resources

Curriculum guides, class schedule, planners

IV. Procedures

A. Opening Routine

- Greeting
- Review of Day 1 insights

B. Developmental Activities

1. **Curriculum and Expectations Overview**
 - o Key competencies, outputs, grading system
2. **Study Skills Enhancement**
 - o Advanced note-taking, review strategies, test preparation
3. **Time Management Planning**
 - o Develop a realistic weekly schedule
4. **Scenario Analysis**
 - o Evaluate effective academic behaviors

C. Reflection and Closing

- Ask: “What habits will help you achieve academic success?”

V. Remarks

Observe planning and responsibility

DAY 3 – School Policies, Ethics, and Digital Citizenship

I. Objectives

- Demonstrate understanding of school policies and discipline procedures
- Apply ethical decision-making in academic and social situations
- Practice responsible digital citizenship

II. Content

School policies; ethics; digital citizenship

III. Learning Resources

School handbook excerpts, case studies, multimedia resources

IV. Procedures

A. Opening Routine

- Routine review

B. Developmental Activities

1. **Policy Review Discussion**
 - o Discipline policies, anti-bullying, safety protocols
2. **Ethics in School and Learning**
 - o Academic honesty, integrity, respect
3. **Digital Citizenship Lesson**
 - o Responsible online behavior, cyber safety
4. **Case Study Analysis**
 - o Group discussion on real-life situations

C. Reflection and Closing

- Complete: “I will demonstrate integrity by ____.”

V. Remarks

Observe ethical reasoning and awareness

DAY 4 – Goal Setting, Career Pathways, and SHS Preparation

I. Objectives

- Set clear academic and personal goals
- Identify possible Senior High School (SHS) tracks and career pathways
- Develop an action plan aligned with future goals

II. Content

Goal setting; career pathways; SHS preparation

III. Learning Resources

Goal-setting templates, SHS track information materials

IV. Procedures

A. Opening Routine

- Greeting and review

B. Developmental Activities

1. **Discussion: SMART Goals and Career Planning**
 - o Align goals with SHS tracks (Academic, TVL, Arts & Design, Sports)
2. **Career Exploration Activity**
 - o Identify interests, skills, and possible career paths
3. **Goal-Setting Task**
 - o Academic, personal, and career-related goals
4. **Action Planning**
 - o Steps, challenges, and support systems

C. Reflection and Closing

- Ask: “How will your choices today affect your future?”

V. Remarks

Observe clarity of direction and decision-making

DAY 5 – Consolidation, Portfolio Development, and Leadership

I. Objectives

- Consolidate understanding of expectations and responsibilities
- Organize academic portfolio and learning materials
- Demonstrate leadership and collaboration

II. Content

Lesson overview; portfolio development; leadership and collaboration

III. Learning Resources

Folders, notebooks, sample outputs, chart paper

IV. Procedures

A. Opening Routine

- Energizer and review

B. Developmental Activities

1. **Curriculum Overview**
 - o Preview key competencies and expectations
2. **Portfolio Development**
 - o Organize subject outputs and requirements
3. **Leadership Activity**
 - o Group task with assigned roles and responsibilities
4. **Class Vision and Agreement**
 - o Create “Grade 10 Vision, Mission, and Commitments”

C. Reflection and Closing

- Appreciation activity
- Complete: “I am ready for Grade 10 because ____.”

V. Remarks

Observe leadership, collaboration, and preparedness