Crisis & Emergency Services

ON-CAMPUS (including City Vista): If you or someone you know needs help immediately, call TUPD at 210-999-7000.

OFF-CAMPUS: If you or someone you know needs help immediately, call 911.

24/7 Counseling Careline

Exclusively for Trinity students. Call 1-855-850-4301.

Crisis Text Line

Anyone can text with a crisis counselor by texting **HOME to 741741**. Chat is also available via this **webpage** and via **WhatsApp**.

988 Suicide and Crisis Lifeline

Anyone can speak with a crisis counselor in English (988) or Spanish (988 and press 2). Chat and text is available in English and Spanish as described here.

National Domestic Violence Hotline

Anyone can call, text, or chat with a crisis counselor by calling **1-800-799-7233**, **texting START to 8878**, or visiting their **homepage** to chat.

The Trevor Project LGBTQ+ Crisis Hotline

Anyone can call, text, or chat with a crisis counselor by calling **1-866-488-7386**, **texting START to 678-678**, or visiting **TrevorChat**.

Trans Lifeline

Run by trans people, for trans people. Call 1-877-565-8860.

Mobile Crisis Outreach Team

Call **210-223-7233** to dispatch the MCOT team for a face-to-face assessment and intervention.

National Sexual Assault Hotline

Anyone can speak or chat with a counselor by calling **1-800-656-4673** or selecting "Go Chat" through their **homepage**.

San Antonio Rape Crisis Center

Anyone can speak or chat online with a crisis counselor via the **Rape Crisis Center** by calling **210-349-7273**, or selecting "Chat Online" through **this webpage**.

International Crisis Lines

For international crisis support, click one of the links and search by country:

- International Suicide Hotline Numbers (includes additional hotlines)
- International Helpline Numbers