

“Grenzenlos without Barriers”

What is Grenzenlos?

Grenzenlos is part of the international youth exchange network (the ICYE Federation). It was founded in 1949 as a pacifist programme standing for tolerance and re-conciliation between different cultures. Grenzenlos is a non-profit and non-governmental organisation, which main aim is to promote peace and tolerance through international non-formal education programmes that combine cultural integration with engagement in non-profit initiatives worldwide.

We are located in Vienna’s 9th district. In our (small) office, 9 paid staff members are employed. Many volunteers and voluntary co-workers, Austrians as well as internationals, visit our office on a regular basis, as well as young people interested in our exchange offers which makes the office a lively place to work for a volunteer, with many opportunities to meet people.

Proposed activities

The possibilities and capacities for youngsters with disability and disadvantaged youngsters to include and integrate into voluntary services are often limited. Grenzenlos therefore exclusively hosts ESC volunteers with disabilities, to provide a possibility to otherwise disadvantaged youngsters, and wants to offer an international experience to them.

As a volunteer at the Grenzenlos office, you will learn

- ✓ about working in an NGO,
- ✓ about international youth exchanges and voluntary services, and

- ✓ about a number of different international initiatives, projects, and programs
- ✓ about office work in a small non-profit organization
- ✓ about our inclusion strategies, and you can also contribute to improve and expand them: your expertise could be used to adapt and improve the projects/ programmes/ activities/ implementations to the needs and capacities of volunteers.

As every volunteer has different capabilities, different mobility, different interests, and different support needs, every volunteering project at Grenzenlos is different. The specific tasks and fields of action of the volunteer will be tailored to your skills, interests, and abilities. Let us know what activities you enjoy doing and what you would wish to do during your volunteering at Grenzenlos!

Generally, a main part of the project, especially in the beginning will be working in our office and supporting the team with their daily tasks. Through that you will have the opportunity to try out several different tasks and activities in relation to our daily work and to get to know our programs, events, and project better. You will gain an insight into our working methods and work structure.

Additionally, part of your activity could for example be to gather information, do research, visit organisations, speak to other volunteers and compose results of your research as resource material for future exchanges. Grenzenlos' projects focus on including and fostering the engagement of people with disability in all our programs means that there is a constant need of knowledge, and expertise which a volunteer with disabilities could contribute: for example, as a peer-volunteer for volunteers with and without disabilities.



Your tasks could for example also be to support us in making our work more visible, supporting our marketing and communications strategies, working with social media, supporting our fairs and info-events, creating promotional material, reporting about your own volunteering experience, making accessibility checks of our offline and online materials, etc.

Depending on the time of the year you will be with us, there will also be the possibility that you join our special events and current activities of the seasons. During summer, this would for example mean that you could join the short-term international volunteering projects. These projects have a focus on the integration of national and international people with disabilities. As the volunteer at Grenzenlos you can help the team preparing and organising the activities for the short-term projects as well as participating in them.

Throughout your volunteering you will have the opportunity to take initiative, bring in your ideas and develop your own projects, if you'd like. Grenzenlos will guide and support you with the implementation of your ideas.

Profile of the volunteer

To be an ESC volunteer at Grenzenlos, you do not need any special previous experiences, no specific work nor specific working or language skills. The only thing which we expect from a volunteer is the motivation to work within our organisation. "Grenzenlos Without Barriers" is **only available for volunteers with a disability**. As our project will be very tailor-made to the individual volunteer, it is hard to say which profile a volunteer should have. We would welcome in any case volunteers that are

open to new experiences, willing to try new things and to challenge their personal limits.

Application and recruitment process

If you are interested, **please send your filled in “Melange application form”, your CV (curriculum vitae), and a motivation letter via e-mail to application@melange.wien** Please make sure to submit all requested documents before the application deadline and that you indicate the details of your supporting (sending) organization.

You can find more information about our ESC vacancies and the application procedure on our website: www.melange.wien/en

In general, all available placements of Grenzenlos ESC projects are open to everyone (fulfilling the general ESC criteria). However, in the selection procedure a preference is shown for candidates with fewer opportunities.

Impressions and reports

You can find more information about Grenzenlos and our work on our **websites**:

www.grenzenlos.or.at

www.melange.wien

www.volunteering.at

and on our **Social Media** pages:

www.facebook.com/melange.volunteering



www.facebook.com/grenzenlos.volunteering

www.instagram.com/grenzenlos.volunteering/

Feel free to also check out the [reports](#) of former ESC volunteers in Vienna, as well as the [blog of Susanna](#), who did her ESC volunteering project at Grenzenlos in 2020/2021, and the [TikTok account](#) created by our latest volunteer Tatia.