

Emergency Action Plan:

Soccer/Football/Track/Cheer

Activation of Emergency Medical Services

1. Call 911. You must provide:
 - a. Your name
 - b. Location of injured athlete
 - i. The field is located at 9430 Lake Street @ Lower Lake HS
 - ii. Instruct EMS to use entrance near the pole vault pit
 - c. Number of individuals injured and full name of injured athlete
 - d. Condition of athlete
 - i. Conscious or unconscious?
 - ii. Is he/she breathing?
 - iii. Has severe bleeding?
 - iv. In shock?
 - v. Heat Illness?
 - e. First aid treatment provided
 - i. Splinting?
 - ii. Wound care?
 - iii. CPR/AED?
 - iv. Ice?
 - f. Any other information requested by the dispatcher

Sample EMS Call

My name is _____ and I am calling from the football field at 9430 Lake Street @ Lower Lake HS. We have _____ (# athletes) athlete/s who need immediate medical attention. The athlete is _____ (condition). Our coaches are on scene and have provided _____ (first aid). The athlete/s are located on _____ (football field). Please enter the field using the north west entrance near the elementary school.

Emergency Action Plan: Baseball/Softball

Activation of Emergency Medical Services

1. Call 911. You must provide:
 - a. Your name
 - b. Location of injured athlete
 - i. The field is located on south side of Lower Lake HS campus at the end of Adams St.
 - ii. Instruct EMS to use Adams St. entrance near maintenance yard.
 - iii. Number of individuals injured and full name of injured athlete
 - c. Condition of athlete
 - i. Conscious or unconscious?
 - ii. Is he/she breathing?
 - iii. Has severe bleeding?
 - iv. In shock?
 - v. Heat Illness?
 - d. First aid treatment provided
 - i. Splinting?
 - ii. Wound care?
 - iii. CPR/AED?
 - iv. Ice?
 - e. Any other information requested by the dispatcher

Sample EMS Call

My name is _____ and I am calling from the Softball field on Adams St. We have _____ (# athletes) athlete/s who need immediate medical attention. The athlete is _____ (condition). Our coaches are on scene and have provided _____ (first aid). The athlete/s are located on the softball field. Please enter the high school using the Adams St. entrance near the maintenance yard.

Emergency Action Plan: Basketball/Volleyball/Wrestling

Activation of Emergency Medical Services

1. Call 911. You must provide:
 - a. Your name
 - b. Location of injured athlete
 - i. The basketball/volleyball/wrestling court is located in the gym at Lower Lake High School, 9430 Lake Street, using the Winchester Entrance to campus.
 - ii. Instruct EMS to use main parking lot entrance in front of the gym
 - c. Number of individuals injured and full name of injured athlete
 - d. Condition of athlete
 - i. Conscious or unconscious?
 - ii. Is he/she breathing?
 - iii. Has severe bleeding?
 - iv. In shock?
 - v. Heat Illness?
 - e. First aid treatment provided
 - i. Splinting?
 - ii. Wound care?
 - iii. CPR/AED?
 - iv. Ice?
 - f. Any other information requested by the dispatcher

Sample EMS Call

My name is _____ and I am calling from Lower Lake High School gymnasium. We have _____ (# athletes) athlete/s who need immediate medical attention. The athlete is _____ (condition). Our coaches are on scene and have provided _____ (first aid). The athlete/s are located in _____ gym. Please enter the high school using the Winchester St. entrance by the football field..