## October 19, 2025 9:00 a.m.

# Holy Eucharist, Rite II Nineteenth Sunday after Pentecost



## HARRIET CHAPEL, CATOCTIN EPISCOPAL PARISH

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On Facebook: search "Harriet Chapel"

## **WELCOME!**

## Please make Harriet Chapel your home!

Bishop: The Rt. Rev. Carrie Schofield-Broadbent Priest-in-Charge: The Rev. Marti Steiner Unger

Musician: Stephen Hess
Senior Warden: David Sweeney
Junior Warden: Joann Miller
Treasurer: Heather Clabaugh
Secretary: Karen Patterson

# Vestry Members: Mary Allison, Marcia Bell, Edna and Joe Ferraro, Joshua Gervais, Kathryn Hauser, Mimi McReal, Joann Miller, Susie Robinson, THE MINISTRY OF THE WORD

Celebrant: Welcome and Be Blessed! Jesus said: "Blessed are the poor in spirit,

Response: for theirs is the kingdom of heaven.

Celebrant: "Blessed are those who mourn,

Response: for they will be comforted.

Celebrant: "Blessed are the meek,

Response: for they will inherit the earth.

Celebrant: "Blessed are those who hunger and thirst for righteousness,

Response: for they will be filled.

Celebrant: "Blessed are the merciful,

Response: for they will receive mercy.

Celebrant: "Blessed are the pure in heart,

Response: for they will see God.

Celebrant: "Blessed are the peacemakers,

Response: for they will be called children of God.

Celebrant: Blessed are those who are persecuted for the sake of righteousness,

Response: for theirs is the kingdom of heaven.

Celebrant: "Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on Jesus' account.

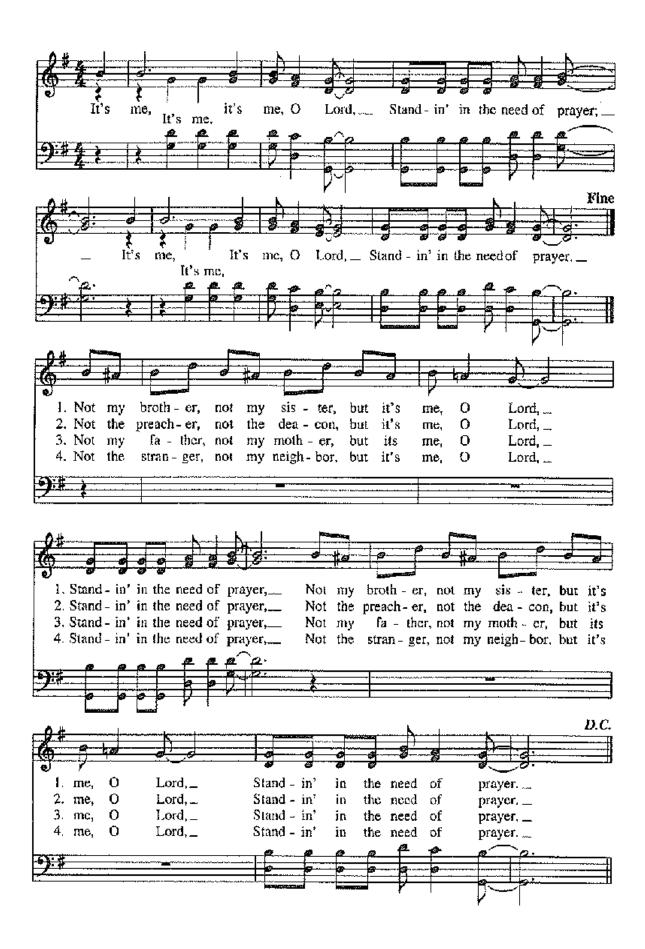
Response: Rejoice and be glad, for your reward is great in heaven.

+ Please stand, if able.



**Processional Hymn: Standing In the Need of Prayer** 

**LEVAS #177** 

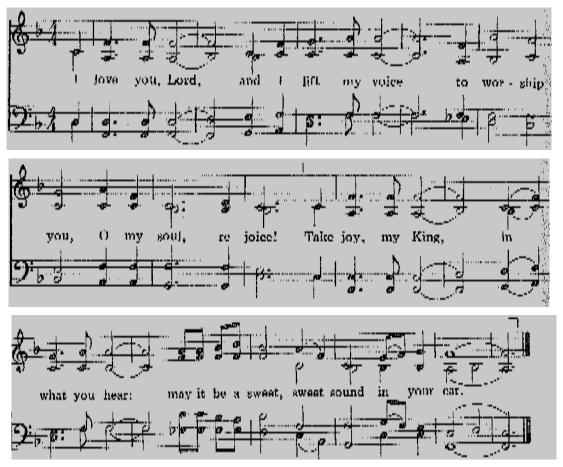


People: The Lord is risen indeed. Alleluia.

## **COLLECT FOR PURITY (Said in Unison)**

Almighty God unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee and worthily magnify thy holy name; through Christ our Lord. Amen

Hymn of Praise: I Love You Lord Renew #36



C: The Lord be with you.

P: And also, with you.

C: Let us pray.

## THE COLLECT

Almighty and everlasting God, in Christ you have revealed your glory among the nations: Preserve the works of your mercy, that your Church throughout the world may persevere with steadfast faith in the confession of your Name; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.* 

+Please be seated for the Lessons.

## The First Lesson comes from the Prophet Jeremiah (31:27-34)

The days are surely coming, says the Lord, when I will sow the house of Israel and the house of Judah with the seed of humans and the seed of animals. And just as I have watched over them to pluck up and break down, to overthrow, destroy, and bring evil, so I will watch over them to build and to plant, says the Lord. In those days they shall no longer say:

"The parents have eaten sour grapes, and the children's teeth are set on edge."

But all shall die for their own sins; the teeth of everyone who eats sour grapes shall be set on edge.

The days are surely coming, says the Lord, when I will make a new covenant with the house of Israel and the house of Judah. It will not be like the covenant that I made with their ancestors when I took them by the hand to bring them out of the land of Egypt-- a covenant that they broke, though I was their husband, says the Lord. But this is the covenant that I will make with the house of Israel after those days, says the Lord: I will put my law within them, and I will write it on their hearts; and I will be their God, and they shall be my people. No longer shall they teach one another, or say to each other, "Know the Lord," for they shall all know me, from the least of them to the greatest, says the Lord; for I will forgive their iniquity, and remember their sin no more.

The Word of the Lord. **Response: Thanks be to God.** 



### The Psalm: Psalm 119:97-104

- 97 Oh, how I love your law! \*

  all the day long it is in my mind.
- 98 Your commandment has made me wiser than my enemies, \* and it is always with me.
- 99 I have more understanding than all my teachers, \* for your decrees are my study.
- 100 I am wiser than the elders, \*

  because I observe your commandments.
- 101 I restrain my feet from every evil way, \* that I may keep your word.
- 102 I do not shrink from your judgments, \* because you yourself have taught me.
- 103 How sweet are your words to my taste! \* they are sweeter than honey to my mouth.
- 104 Through your commandments I gain understanding; \* therefore I hate every lying way.

Glory to the Father, and to the Son and to the Holy Spirit \* as it was in the beginning, is now, and will be forever. Amen.



## The Second Lesson comes from Paul's Second Letter to Timothy (3:14-4:5)

As for you, continue in what you have learned and firmly believed, knowing from whom you learned it, and how from childhood you have known the sacred writings that are able to instruct you for salvation through faith in Christ Jesus. All scripture is inspired by God and is useful for teaching, for reproof, for correction, and for training in righteousness, so that everyone who belongs to God may be proficient, equipped for every good work.

In the presence of God and of Christ Jesus, who is to judge the living and the dead, and in view of his appearing and his kingdom, I solemnly urge you: proclaim the message; be persistent whether the time is favorable or unfavorable; convince, rebuke, and encourage, with the utmost patience in teaching. For the time is coming when people will not put up with sound doctrine, but having itching ears, they will accumulate for themselves teachers to suit their own desires, and will turn away from listening to the truth and wander away to myths. As for you, always be sober, endure suffering, do the work of an evangelist, carry out your ministry fully.

The Word of the Lord.

God.

+Please stand, if able.

Gospel Hymn: He Is Lord (vs. 1-3 before, vs. 4 after)

Renew #29

Response: Thanks be to



THE GOSPEL: Luke 18:1-8

The Holy Gospel of Our Lord Jesus Christ according to Luke.

Response: Glory to you, Lord Christ.

Jesus told his disciples a parable about their need to pray always and not to lose heart. He said, "In a certain city there was a judge who neither feared God nor had respect for people. In that city there was a widow who kept coming to him and saying, `Grant me justice against my opponent.' For a while he refused; but later he said to himself, `Though I have no fear of God and no respect for anyone, yet because this widow keeps bothering me, I will grant her justice, so that she may not wear me out by continually coming." And the Lord said, "Listen to what the unjust judge says. And will not God grant justice to his chosen ones who cry to him day and night? Will he delay long in helping them? I tell you, he will quickly grant justice to them. And yet, when the Son of Man comes, will he find faith on earth?

The Gospel of the Lord.

The Sermon

Response: Praise to you, Lord Christ.

The Rev. Marti Steiner Unger

## The Nicene Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the

Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Celebrant: Let us pray.

+ Please stand, if able.

## The Prayers of the People

In peace, we pray to you, Lord God.

For all people in their daily life and work,

A: For our families, friends, and neighbors and for those who are alone.

For this community, the nation, and the world,

A For all who work for justice, freedom, and peace.

For the just and proper use of your creation,

A: For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble,

A: For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God.

A: For all who proclaim the Gospel, and all who seek the Truth.

For Sean Rowe, our Presiding Bishop; Carrie Schofield-Broadbent our Bishop, and for all bishops and other ministers.

## A: For all who serve God in his church.

For the Special Needs and Concerns of This Congregation we ask for comfort, and healing of all those who suffer in body, mind, or spirit; give them courage and hope in their troubles and bring them the joy of your salvation. We pray especially for:

Betty Kent, Buddy Bostian, Sandy Burrier, for the Smith and Hoke families, Mike Channell, Doug McPherson, Debbie Welch Stambaugh, Laurie Jansen, Steve Hess, Jim Morris, Edna and Joe Ferraro, Nancy and Jerry Anderson, Anna Grossnickle, Patricia Nicholson, Pat and Gil Steiner, The Mason family, Tiffany Whitmore, Nancy Witmer, Greta Gray, Betty Gray, Ida Salisbury, Missy Moser, Katharyn Rentzell, Genevieve Murray, Heather Johnson, Shirley and Michael Silvers, Carolyn Harbaugh, Samantha Lennox, Donna Jean Brodrick, Tony Saavedra, Joan L., Johnny and Susie Portner, Janet Nave, Vanessa Pryor, For all those affected by natural disasters, war and violence.

We also offer prayers for those with long-term needs: Justin Beck, Deborah Boisvert, Shirley Martin, Nathaniel Rentzell, Virginia Rauth, Sue Shatto, Susan Hess, Carla Beck, Mae Bolin, Bonnie Miller, Susan and Jim Rauth, Joan Wisner, Daniel Hess, Adunni, Enid Shannon, Kari Saavedra and family, Ben Ayers, Donald Fuss, Bonnie Imes, Judy and Wayne Smith, Joe Loetell, Bob Stakes, Marcia Bell, Sandy Martin Long, John Shatto, The Trout family, Cotton and family, Barbara Cramer, The Lichtinger family, The McClellan and Hennessy families,

#### Silence

Hear us, Lord.

## A: For your mercy is great.

We thank you, Lord, for all the blessings of this life;

#### **Silence**

We will exalt you, O God our King.

## A: and praise your Name for ever and ever.

We pray for all who have died, especially for Doris Bare and Bobby Working, that they may have a place in your eternal kingdom.

The flowers are given for the glory of God in loving memory of his sister, April Knot and for the celebration of the gift of His Son, our Lord Jesus Christ by Danny Harman.

#### **Silence**

Lord, let your loving kindness be upon them.

A: Who put their trust in you.

C: Let, us pray.

FOR THOSE SERVING OUR COUNTRY: Almighty God, we commend to your gracious care and keeping all the men and women of our armed forces, first responders and their loved ones. Defend them day by day with your heavenly grace; strengthen them in their trials and temptations; give them courage to face the perils which beset them; and grant them a sense of your abiding presence wherever they may be; through Jesus Christ our Lord. Amen. We pray for: Tyler Pescatore, Jake Nichols, Nick Elias, Josh Long, Adam Long, Brandon Clabaugh, Josh Joyner, Eric Donnelly, Ryan Rhooms, Lindsay Sarno, Garrett Rentzell, Grason Smith, Thomas McReal

Celebrant continues.

C: Grant these our prayers, O Father, for Jesus Christ's sake, our only Mediator and Advocate. *Amen.* 

#### **CONFESSION OF SIN**

C: Let us confess our sins against God and our neighbor.

Please stand or kneel, if able to do so

Officiant and People together:

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent.

For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Celebrant stands and says:

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.* 

+Please stand, if you are able,

Celebrant: The peace of the Lord be always with you.

People: And also with you.

Greet one another in the name of the Lord

C: Walk in love as Christ loved us and gave himself for us an offering and sacrifice for God.

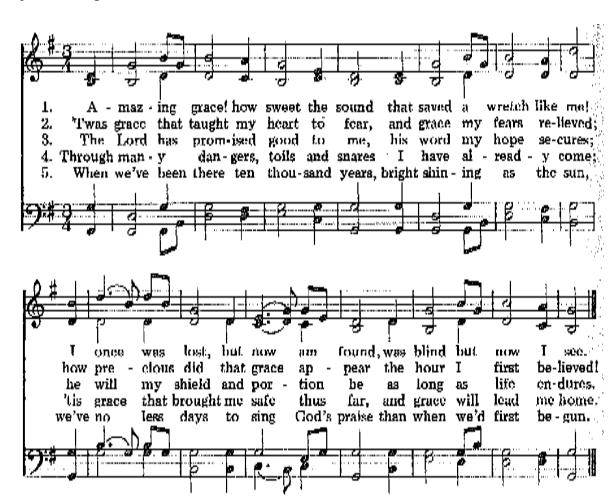
+Please be seated.



THE GREAT THANKSGIVING

Offertory: Amazing Grace

**Renew #189** 



## The Doxology

Praise God, from whom all blessings flow; Praise him, all creatures here below; Praise him above, ye heavenly host: Praise Father, Son, and Holy Ghost. Amen.

C: The Lord be with you.

A: And also with you.

C: Lift up your hearts.

A: We lift them to the Lord.

C: Let us give thanks to the Lord our God.

A: It is right to give God thanks and praise.

C: God of all power, Ruler of the Universe, you are worthy of glory and praise.

A: Glory to you for ever and ever.

C: At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

A: By your will they were created and have their being.

C: From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

A: Have mercy, Lord, for we are sinners in your sight.

C: Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

A: By his blood, he reconciled us. By his wounds, we are healed.

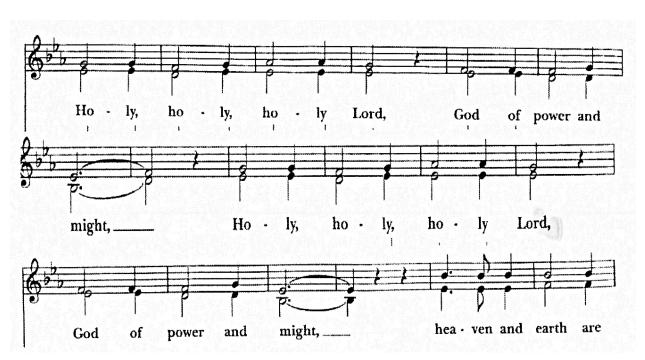
C: And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

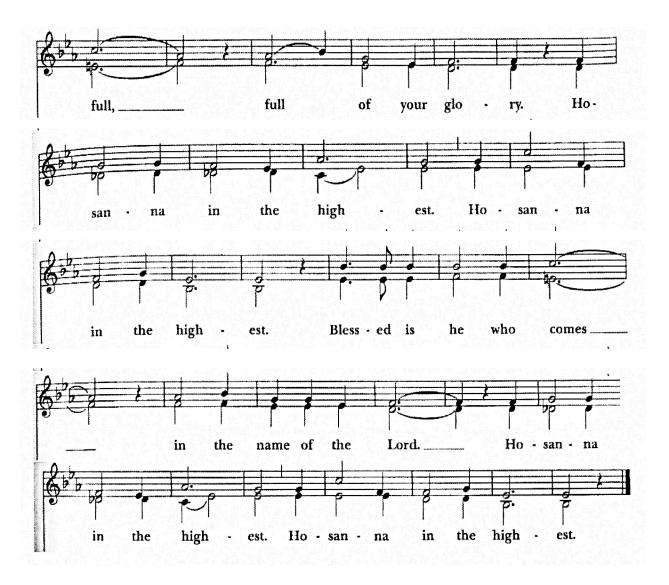


Celebrant and People

## Sanctus (Holy, Holy, Holy) Hymnal

S -130 in front of





\*Please stand or kneel if you are able.

The Celebrant continues.

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

## A: We celebrate his death and resurrection, as we await the day of his coming.

C: Lord God of our Fathers and Mothers; God of Abraham, Isaac, and Jacob; God of Sarah, Leah and Hagar; God and Father of our Lord Jesus Christ: open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

## A: Risen Lord, be known to us in the breaking of the Bread.

C: Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. *Amen.* 

C: And now, as our Savior Christ has taught us, we are bold to say,

ALL: Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread



C: Alleluia! Christ our Passover is sacrificed for us.

A: Therefore, let us keep the feast. Alleluia!

C: O Lamb of God, that takes away the sins of the world,

A: have mercy upon us.

C: O Lamb of God, that takes away the sins of the world,

A: have mercy upon us.

C: O Lamb of God, that takes away the sins of the world,

A: grant us thy peace.

C: The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving. *Amen.* 

+++All baptized persons are welcome to receive Holy Communion or you may request a blessing by crossing your arms over your chest. If you are unable to come to the altar rail, or if you need a gluten free wafer, please indicate this to the ushers and if you feel called to be baptized at a later date, talk with Rev. Marti.



Communion Hymn: Seek Ye First





**Post Communion Prayer** 

C: Let us pray.

#### + Please stand, if able.

A: Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

## The Blessing

### **Announcements**

+please stand, if you are able for the recessional.

## Recessional: I'll Fly Away

 Some bright morning when this life is over I'll fly away
 To that home on God's celestial shore I'll fly away

## Refrain:

I'll fly away oh glory
I'll fly away (in the morning)
When I die hallelujah by and by
I'll fly away

2. When the shadows of this life have gone I'll fly away
Like a bird from these prison walls I'll fly
I'll fly away

## Refrain

 Oh how glad and happy when we meet I'll fly away
 No more cold iron shackles on my feet I'll fly away

## Refrain

 Just a few more weary days and then I'll fly away
 To a land where joys will never end I'll fly away

### Refrain

#### Go Now in Peace

Go now in peace, never be afraid
God will go with you each hour of every day
Go now in faith, steadfast strong and true
Know He will guide you I all you do.
Go now in love and show you believe
Reach out to others so all the world can see
God will be there watching from above
Go now in peace, in faith, and in love.

#### DISMISSAL

+Please turn to face the entrance.

C: Alleluia! Alleluia! Go in peace to love and serve the Lord.

All: Thanks be to God. Alleluia! Alleluia! Alleluia!

**POSTLUDE** 



WELCOME! We are happy you are worshipping with us. Everyone would be happy to help you if you have any questions! Please come back to worship, serve, and share fellowship with us.



If you would like to live stream our service on Sunday, please scan this QR code. OR

You can pull up your bulletin online and simply click on the QR code or the link below. OR

Just type in the following link on your computer, tablet, or phone, whatever device you use for online viewing.

http://youtube.com/channel/UCmqSgFTp0nJoeKipMSMwuGw/ live

## **OCTOBER EVENTS:**

<u>+ EVERY WEDNESDAY EVENING</u>, you are invited to join Rev. Marti and her husband, the Rev. Dr. John for Compline, which is also known as Night Prayer or the Prayers at the End of the Day. This short service serves as the final prayer liturgy of the day in Christian tradition of canonical hours, which are prayed at fixed prayer times. If you happen to have a copy of The Book of Common Prayer, please refer to page 127, this will provide an example of what the Compline is. Please follow the directions below. Thank you.



You are invited to join Rev. Marti (and Rev. Dr. John) for compline each Wednesday (beginning January 1st) on Zoom by using this QR code or the following link: <a href="https://us02web.zoom.us/j/2898166114">https://us02web.zoom.us/j/2898166114</a>!

The Zoom room will open at 7pm for fellowship, and compline will begin at 7:30. We hope you will join us for this mid-week service!

- **+ NOVEMBER RETREAT:** Rev. Marti and Rev. Dr. John will be hosting a retreat. The dates are Friday, Nov. 14<sup>th</sup>, 6 8 p.m. in person and online, Saturday, Nov. 15<sup>th</sup>, 9 a.m. 6 p.m. in person and Sunday, Nov. 16<sup>th</sup>, we will conclude with our Sunday service. The retreat will be held here at Harriet Chapel and is open to all. More information will be made available as the date gets closer.
- + FLOWERS We are using 'The Little Flower Shop' located in Emmitsburg.

  The cost will remain at \$65.00; this includes the \$10.00 delivery charge.

  +Remember, no artificial flowers, bows, ribbons, adornments of any kind

  are allowed on the altar. We would also like to caution against using live flowers

  which have been dyed, if these should accidentally get spilled, the dye may

  damage the carpet. When the season permits, you may use flowers from your own gardens, or you

  may even use a nice potted plant.
- <u>+ FOOD BANK UPDATE</u>: Thanksgiving and Christmas are right around the corner. Turkeys have been ordered, and they come with a box of side dishes, but the ingredients in the boxes will usually feed up to 3 people, so the Food Bank is collecting extra side items to supplement the boxes being provided.

**FOOD ITEMS REQUESTED ARE: turkey** gravy, cranberry sauce, stuffing mix, sauerkraut, instant potatoes, canned sweet potatoes, pumpkin pie filling, and pie crust mix. Thank you.

If you are not sure what items to buy, you can place your check (made out to the Thurmont Food Bank) or your cash and in the offering when it comes around – you will find envelopes for your gifts in the pew rack in front of you. You may also mail your monetary gift to 'Thurmont Food Bank', P.O. Box 74, Thurmont, MD 21788. You can also bring your donations to the church and place them in the baskets located in the narthex. Thank you.

<u>DESIGNATED OFFERINGS:</u> On the first Sunday of each month all loose offerings will go into the Rector's Discretionary Fund, to be used in emergencies. On every 5<sup>th</sup> Sunday all loose offerings will be used for our Outreach Ministry.

**PRAYER INTERCESSOR:** Choose one or two people to pray for each week. Praying will help lift their burdens and will bring you closer to God and your neighbors.

TO SUPPORT YOUR CHURCH: To ensure that our ministries remain active, and those with needs can still depend on us to help then, we are asking you to continue to give your weekly donations and special gifts to the church. The program, **Tithe.ly**, is easy to use and upon making a successful transaction you will get an immediate receipt. Here is the link to our donation page – <a href="https://tithe.ly/give?c=2426883">https://tithe.ly/give?c=2426883</a>. You may also continue to support your church by mailing your gifts. Thank you for every gift you can give to support our church and ministries.

<u>THE CHIMES NEWSLETTER:</u> The deadline for submitting an article for placement in the newsletter will be the **20**<sup>th</sup> of each month. We want to keep everyone aware of what is going on in our community and church. Thank you for your support and encouragement.

## **REGULARLY SCHEDULED MEETINGS:**

+COMPLINE, weeknight prayer service, held every Wednesday evening with the service beginning at 7:30 p.m., meeting room opens at 7 p.m. Please read more about it in first half of the announcements.

\*Vestry meets on the second Sunday following worship, September through July in the office.

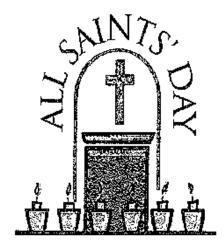
\*The Men's Bible Study Group holds their meetings via telephone ministry conferencing on Mondays at 6:30 p.m. If interested in joining them, please contact John Giffin at: 302-712-5355.

\*A.A. meets in the parish hall at 7:00 p.m. on Tuesdays and at noon on Fridays.

**LIVING WATER INCLUSIVE CATHOLIC COMMUNITY** will be worshipping here at Harriet Chapel on the 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>, and 4<sup>th</sup> Sundays of each month. Their worship service begins at 12:30 p.m. All are welcome.

<u>MUSIC PROVIDED BY STEPHEN HESS.</u> As always, Stephen, we thank you for your music and the many blessings which your ministry has brought to us.

CCLI License #11395626, updated to include streaming license.



## PRAYERS FOR THE DEPARTED IN OBSERVANCE OF ALL SAINTS' DAY SUNDAY, NOV. 2, 2025

Please fill this out and place it in the offering plate or on the desk in the office. The deadline for submission of names is Oct. 30, 2025

Your name:	Phone number:
I would like to include the names of the same saints I listed last year  I'd like to include these saints in the Litany for All Saints Day:	

If you would like to make a donation to the church in memory of those listed above, simply place your gift in an envelope marked 'All Saints Day' and place it in the offering plate.

Thank you.

## Meeting God in the Silence: An Introduction to Centering Prayer

A Half-Day Retreat, November 15th - 9:00 AM- 1:00 PM

Presented by Contemplative Outreach of Maryland and Washington (COMW) hosted by All Saints Centering Prayer Group, in the Great Hall at All Saints Episcopal Church, 106 W. Church Street, Frederick, MD 21701

Wondering whether Centering Prayer is right for you? Maybe you have practiced meditation and want to explore a Christian approach to contemplative practice. Or perhaps you've heard about it and want to experience silent, non-conceptual prayer without needing years of experience.

**Ready to begin but unsure how?** This workshop provides practical guidance and a supportive community to help you start a personal practice.

*Already practicing?* Come for refreshment, deeper insight, and connection with fellow practitioners.

## What To Expect

Our introductory workshops follow the nationally recognized approach of <u>Contemplative Outreach Ltd.</u> You'll experience:

- Short, accessible presentations to build understanding
- Two guided Centering Prayer practice sessions
- Plenty of time for questions and conversation

COMW Registration and questions link: https://www.comw-cp.org/programs

General Admission: \$25

Student Admission: \$15

Walk-in registrations are welcome.

Your registration fee includes snacks and coffee, tea, and water. We'll have vegan and gluten-free options.

ASEC Great Hall coordinates, elevator access, and parking information:

https://allsaintsmd.org/contact/map-and-parking/