

Hamilton County, TN STARS

Swiftwater Rescue Tech

(notes from 06/2022)

Lead Instructor

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Assistant Instructor

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Location(s)

- Classroom - Day 1 (17:00-22:00)
 - [9100 Snow Hill Rd. Ooltewah, TN 37363](#)
- River - Days 2-3 (08:00-17:00)
 - [899 Powerhouse Rd. Reliance, TN 37369](#)
 - (note, you must access this location from the NORTH side of the river no matter what your GPS or map shows you.) The Powerhouse Boat Ramp is another good landmark for navigation.
 - Overflow parking and bathrooms are at the boat ramp.
 - Class and room for very few vehicles is at the end of Powerhouse road.

Items Needed (Classroom)

- Pen and paper.
- Short rope (may be provided)
- 70% to pass

Items Needed (River)

- Water helmet
- Type III or IV PFD
- Gloves (suitable for rope and water submersion)
- Footwear (close toed, suitable for water submersion and slippery conditions)
- Wetsuit or drysuit
- Recommended
 - Towel
 - Change of clothes
 - Camp Chair
 - Sunscreen

Knots

- Clove hitch
- Bowline

- Figure 8
- Figure 8 on a bend
- Butterfly
- Double fisherman's (for prusik)
- (wrap three, pull two)
- Water knot